



# *American Music Therapy Association Mid-Atlantic Regional Chapter*

*Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia*

MARAMTAS Fall Business Meeting 2022

November 19th, 2022 @5:30 pm via Zoom

## **1. Opening Procedures**

a. Call to Order, D. Shafranek 5:36 PM

b. Roll Call, A. Baptiste

### **i. Officers**

- Dana Shafranek, President, *Present*
- Nina DeMila, President-Elect, *Present*
- Christina Mihalik, Vice President, *Present*
- Elise Kohler, Parliamentarian, *Present*
- Anaya Baptiste, Secretary, *Present*
- Katelyn Yanovitch, Treasurer, *Present*
- Zacharia Aarsalane, Government Relations, *Present*
- Nazarene Campodonico, Public Relations, *Present*
- Nicole Pinnella, Historian, *Present*
- Meghan Smith, Student Affairs Advisor, *Present*

### **ii. Schools**

- Duquesne University 1/2
- Elizabethtown College 2/2
- Immaculata University 1/1
- Marywood University 2/2
- Molloy College 0/0
- Montclair State University 0/1
- Nazareth College 2/2
- New York University 1/1
- Radford University 0/1
- Roberts Wesleyan College 1/1





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- Rowan University 1/2
  - Seton Hill University 0/2
  - Shenandoah University 1/2
  - Slippery Rock University 1/2
  - SUNY Fredonia 1/2
  - SUNY New Paltz 0/1
  - Temple University 1/2
  - Washington Adventist University 1/1
  - West Chester University 0/1
  - West Virginia University 0/1
- c. Review of Robert's Rules of Order, E. Kohler
  - d. Approval of Agenda, D. Shafranek
  - e. Reading and Approval of Minutes, A. Baptiste

## **2. Reports**

- a. Officers
  - i. Dana Shafranek, President
    - 1. Scheduled and made agendas for two Executive Board meetings:  
one on September 19th at 8:30 pm via Zoom, and one on  
November 6 at 7 pm via Zoom
    - 2. Contributed to the MARAMTAS Guide
    - 3. Created and shared Fall Business Meeting Agenda/ PowerPoint
    - 4. Contributed to FBM PowerPoint
    - 5. Created a MARAMTAS Zoom account
    - 6. Created a spreadsheet for the High School Advocacy Project
    - 7. Reviewed the duties of Chapter Representatives and the three  
Committees (Regional Conference Student Activity Committee,



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Regional Project Committee, Historian Committee) to be prepared to present at FBM

ii. Nina DeMilta, President-Elect

1. Transitioned into President-Elect G-suite
2. Contacted President-Elect of professional MAR-AMTA E-board
3. Attended MAR-AMTAS E-board meetings
4. Helped reach out to Chapter Representatives and create Fall Newsletter with Public Relations Officer, Nazarene Campodonico
5. Met with President, Dana Shafranek, to discuss agenda making and planning for meetings
6. Updated Officer Duties Manual to add Historian role to lead annual poster project at Regional Conference
7. Added to MAR-AMTAS guide for 2022-23 term regarding committees

iii. Christina Mihalik, Vice President

1. Assumed role of vice-president
2. Maintained direct contact with MAR secretary
3. Attended Summer Business Meeting
4. Written 2 articles published in Rx Music on what MAR-AMTS board is working on
5. Attending tomorrow's MAR meeting on behalf of MAR-AMTS

iv. Elise Kohler, Parliamentarian

1. Parliamentarian Report
2. Attended two Executive Board meetings
3. Attended two meetings with the MAR Constitution and Bylaw committee
4. Contributed to the MARAMTAS Guide



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5. Reviewed MARAMTAS Bylaws for changes
  6. Discussed bylaw changes with Student Affairs Officer
  7. Discussed bylaw changes with Eboard
  8. Submitted most recent bylaws to Public Relations Officer to post on website
  9. Created bylaw powerpoint presentation for SBM
  10. Contributed to FBM PowerPoint
  11. Brainstormed ideas for Swap Shop
  12. Participated in the Instagram take over
  13. Currently attending FBM
- v. Anaya Baptiste, Secretary
1. Attended SBM
  2. Sent meeting minutes to webmaster
  3. Reached out to chapter representatives for contact information
  4. Attended additional MARAMTS executive board meetings
  5. Edited MARAMTS Guide
  6. Sent out FBM Zoom Link
  7. Created welcome packet for chapter representatives
  8. Edited FBM Presentation
  9. Sent out school report for chapter representatives to complete
  10. Attending FBM
- vi. Katelyn Yanovitch, Treasurer
1. Attended both executive board meetings in September and November
  2. Contributed to the MARAMTAS Guide
  3. Worked on and Finalized fundraising ideas to be presented at the FBM



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4. Worked on and Finalized the Budget proposal to be presented at the FBM
  5. Worked with President to make a MARAMTAS zoom account
  6. Contributed to the FBM powerpoint
  7. Currently attending the FBM
- vii. Zacharia Aarsalane, Government Relations
1. Reached out to task forces across MAR; made successful contact with PA, MD, NJ, and NY
  2. Contributed to MAR-AMTS guide
  3. Attended SBM
  4. Attended PA and NY State Task Force meetings
  5. Assisted with PA Hill Day before cancellation
  6. Participated in MAR-AMTS Instagram take over
  7. Distributed information to MAR chapter representatives
- viii. Nazarene Campodonico, Public Relations
1. Updated the history page of the MARAMTS website, added resources for students to learn more about us, and added links to our social media.
  2. Created “MARAMTS Sharing Saturday,” allowing students to talk with their peers about their music therapy experiences.
  3. Updated our website to feature information about Passages 2022.
  4. Edited the public relations portion of the 2022 MARAMTS Guide.
  5. Coordinated Instagram takeover dates for the E-board.
  6. Hosted an Instagram takeover.
  7. Contributed to the fall business meeting PowerPoint
  8. Shared updated bylaws on our website



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9. Collaborated with Nina, or the president-elect, to create and share the MARAMTS fall newsletter.
- ix. Nicole Pinnella, Historian
1. Attended two E-Board Meetings
  2. Contributed to MARAMTAS Guide
  3. Contacted MARAMTAS Secretary for Chapter Representative contact information
  4. Reached out to Chapter Representatives for Chapter Historian contact information
  5. Created spreadsheet of Historian contact information
  6. Looked over google drive to see what historical information has already been gathered from each school
  7. Brainstormed topics for 2023 Poster Project
  8. Attending Fall Business Meeting
- x. Meghan Smith, Student Affairs Advisor, *Filed As Read*
1. Student Affairs Advisor Report
  2. Fall Business Meeting 2022
  3. Issued a call for Passages Co-Chairs, opened registration, and call for presentations
  4. Met with Passages co-chairs to begin planning process
  5. Wrote quarterly reports for “Tuning in to Rx Music” and assisted MAR-AMTS VP in submitting a report
  6. Reviewed timeline of duties
  7. Reviewed Bylaws and sent potential edits to Parliamentarian
  8. Began drafting a MAR-AMTS Guide
  9. Did a MAR-AMTS Takeover on the Instagram account





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10. Updated contact information spreadsheet for all program directors in the region
11. Mailed out remaining scholarship awards
12. Attended SBM
13. Attended meetings for both executive boards as scheduled
14. Working with Historian to coordinate this year's Poster Project
15. Updated Scholarship award titles and applications to be shared in the next few weeks
16. Generally made self available to assist the board

### b. Schools

#### i. Duquesne University

1. Held a welcome back to school picnic to welcome new students and continue bonds formed with students and professors
2. Cleaned music school's flower beds and planted new flowers
3. Held monthly meetings
4. Held 2 Q&A events
5. Visited local high schools
6. Currently planning an annual benefit concert, holiday party, and Christmas caroling at local housing facility

#### ii. Elizabethtown College

1. Held monthly meetings and officer meetings every few weeks
2. Held 2 fundraisers (mod pizza and homecoming scarves & hats)
3. Held jam night
4. Held PowerPoint night for club bonding
5. Started committees for conference planning, art, maintenance, event planning, and social media so everyone in the club is participating



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6. Currently planning a recital for a local nursing home and a campus wide holiday singing event
- iii. Immaculata University
  1. Elected a new board
  2. Opened an on-campus clinic
  3. Held monthly board and club meetings
  4. Executed a fall drum circle to welcome students
  5. Held three mock sessions to teach interventions for specific populations
  6. Executed costume carnival trivia night in conjunction with music education club
  7. Currently planning an open mic fundraiser for a local small business
  8. Currently singing and selling instruments for students on campus
- iv. Marywood University
  1. Held biweekly meetings
  2. Created a club website to highlight club events and introduce board
  3. Currently compiling an intervention book for populations
  4. Celebrated international day of peace for advocacy
  5. Worked with art therapy students to discuss future program relationships
- v. Molloy College, *Not Present*
- vi. Montclair State University, *Not Present*
- vii. Nazareth College
  1. Created and painted a mural in our school tunnels to recognize our club and the profession
  2. Held an end-of-year picnic





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3. Elected new E-board members
  4. Planning annual Naz Mini-Conference happening in February
  5. Planning an apparel sale
  6. Held many events with new and returning students
- viii. New York University
1. Started a BIPOC/Latinx CATs Affinity Group
  2. Hosting first music therapist graduate party since before the pandemic
  3. Partnered with local school programs for internships
- ix. Radford University, *Not Present*
- x. Roberts Wesleyan College
1. Welcomed new MTC executive board and renewed club constitution
  2. Created DIY instrument table and instrumental “petting zoo” for homecoming, also providing information to students and alumni about music therapy
  3. Began fundraising for the 2023 conference in Niagara Falls.
  4. Planning an open group drumming
  5. Planning on creating t-shirts
- xi. Rowan University
1. Held several general meetings and had our attendance double since Spring
  2. Hosted a game night
  3. Hosting an upcoming movie night
  4. Planning an Open Mic Night/Bake Sale to fundraise



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5. Interviewed by members of the Admissions office to put together a YouTube video for the school to spread the word about the program and club
- xii. Seton Hill University, *Not Present*
1. Creating more opportunities/events for our members to interact with the community more
- xiii. Shenandoah University
1. Transitioned executive board members
  2. Planned new events
  3. Welcomed first year and transfer students with open mic night
  4. Elected new first-year board position advertising
  5. Started Cohort Connections to have discussions about the music therapy program and research, had four meetings.
  6. Held Friendsgiving event
  7. Currently planning campus-wide Winter Dance and fundraiser
  8. Currently collaborating with the Health and Life Sciences Department and physical therapy students
- xiv. Slippery Rock University
1. Revamped club; Held biweekly meetings
  2. Hosted multiple events to bring together music department
  3. Hosted late night drum circles for music department
  4. Collaborated with art therapy program to fundraise
  5. Hosted biggest benefit concert to date
  6. Currently planning more socials and events for the department
- xv. SUNY Fredonia
1. Elected and welcomed a new executive board
  2. Held weekly meetings



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3. Implemented mentor program for first-year and transfer students
  4. Designed and ordered club shirts
  5. Ran multiple fundraisers including a thrift sale
  6. Began preparations for first ever mini-conference and music therapy awareness showcase in the spring
- xvi. SUNY New Paltz, *Not Present*
- xvii. Temple University
1. Changed how club operated
  2. Added new executive board role to get more funding
  3. Held Fall Fest fundraiser featuring food, games, music, and a thrift drive
  4. Held multiple open mics and bake sales
  5. Created an anonymous club feedback form
  6. Held club bonding events, including bowling, karaoke, crafting, and mental health talks
- xviii. Washington Adventist University
1. Elected new officers
  2. Held workshops for musicianship skills and practicum/internship tips
  3. Held drumming circles, jam sessions, group events, skill technique events
  4. Planning on growing music therapy program
  5. Planning how to establish music therapy clinic
- xix. West Chester University, *Not Present*
- xx. West Virginia University, *Not Present*

### **3. New Business**

- c. Review of Chapter Rep Duties, D. Shafranek



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- i. Send contact information to [maramtssecretary@maramta.org](mailto:maramtssecretary@maramta.org)
  - ii. Attend all regional meetings/conferences
  - iii. Coordinate school participation in Swap Shop, MARAMTAS Gives Back, Poster Project, etc.
  - iv. Report back all information discussed at meetings to school
  - v. Correspond with MARAMTAS executive board
  - vi. Inform successive chapter representatives of their duties
  - vii. Be a member of AMTA
- d. Review of Sister Schools, A. Baptiste
  - i. North: SUNY Fredonia, Nazareth, & Roberts Wesleyan
  - ii. Central: Marywood & Elizabethtown
  - iii. West: Duquesne, Seton Hill, Slippery Rock, & WVU
  - iv. Upper East: NYU, Montclair, & Molloy
  - v. Lower East: Temple, Immaculata, Rowan, SUNY New Paltz, & West Chester
  - vi. South: Shenandoah, Radford, & WAU
- e. Review of Budget, K. Yanovitch
  - i. Proposed Income: \$3050
  - ii. Proposed Expenses: \$2,601.90
  - iii. Total Difference: \$448.10
  - iv. Added/Changed:
    1. Asked for additional \$200 from the professional board
    2. Updated cost for the national conference to reflect last years' cost
    3. Purchase of Zoom pro account for President
    4. Poster reimbursement for Conference
    5. AMTA membership scholarship
- f. Fundraising, K. Yanovitch
  - i. Krispy Kreme
    1. Fundraiser goal: \$300
    2. Purchases: \$90
    3. Total Difference: \$210
  - ii. T-Shirt Design Contest
    1. Fundraiser goal: \$150
    2. Purchases: \$50
    3. Total Difference: \$100



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- g. Bylaws, E. Kohler
  - i. Grammatical Changes
    - 1. Article IV, Section 10
    - 2. Article VII, Section 1, Subsection D
    - 3. Article VII, Section 2, Subsection A
    - 4. Article VII, Section 2, Subsection B
    - 5. Article XI, Section 1, Subsection L
    - 6. Article XVII, Section 7, Subsection B
    - 7. Article XVII, Section 7, Subsection B, Point 1
  - ii. Document Layout Changes
    - 1. Article V, Section 9
    - 2. Article VII, Section 2, Subsection B
    - 3. Article XVII, Section 7, Subsection B, Point 1
  - iii. Others
    - 1. Article IV, Section 7
      - a. Reason for change: Removal of exclusion
    - 2. Article IV, Section 10
      - a. Reason for change: Addition of “part-time”
    - 3. Article XI, Section 1, Subsection D, Point 1
      - a. Reason for change: No longer applicable
    - 4. Article XV, Section 1 - Addition of “public relations” and “historian”
      - a. Reason for change: Clarity
  - iv. The MARAMTS website will list conditions and reasons for change
- h. Scholarships, M. Smith
  - i. Membership Scholarship (\$95)
    - 1. New scholarship to cover AMTA membership
    - 2. To be awarded in January
  - ii. Sophomore/Junior/Graduate Scholarship (\$135)
    - 1. To be updated as “Student Scholarship” to include freshman and transfer students
    - 2. Two will be awarded
  - iii. Jenny Shinn Memorial Internship Scholarship
  - iv. Music Therapy Club Award (\$150)



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- v. Recommendation from MT Club President and Advisor required for each scholarship
- vi. All sent through Google Forms
- i. Social Media Updates, N. Campodonico
  - i. Can share posts, news, or flyers with the region by tagging MAR-AMTS or emailing the public relations chair
  - ii. Website also has information and updates
    - 1. Instagram/Twitter: mar\_amts
    - 2. Email: maramtspublicrelations@maramta.rgo
  - iii. Newsletter covers upcoming events in MAR and AMTA and updates on schools
- j. Passages Conference, D. Shafranek
  - i. Free student-run conference
  - ii. For students or new professionals
  - iii. Welcoming place to present
  - iv. Held in Spring 2023; date TBD
- k. Updates, M. Smith
  - i. Poster Project
    - 1. Annual project displayed at regional conference
    - 2. Clubs put poster with specific topic
    - 3. Sign-up sheet sent to chapter reps with available topics
    - 4. Will be given information to place on poster
  - ii. Student Conference Position
    - 1. Potential new position
    - 2. Would work with the MAR Conference Planning VP
    - 3. Help with student involvement at regional conferences and potentially fall mini conferences
    - 4. 2 year term; elected same year as MAR Conference Planning VP
  - iii. MAR-AMTS Guide Overview
    - 1. To assist chapter representatives, help with involvement, and prepare for professional MAR
    - 2. Elaborates on executive board positions
- l. MARAMTAS Gives Back, Z. Arsalane
  - i. 2021-2022 Total Amount Raised: 1,370.51 for the Tutti Ensemble
  - ii. Potential Organizations





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1. Easter Seals
2. Healing Sounds
3. Dreamality Inc.
- iii. 2022-2023 Organization: Healing Sounds, LLC
- m. Committees, D. Shafranek
  - i. Regional Conference Student Activity Committee
    1. Open to all students, not just chapter representatives
    2. Swap Shop
      - a. Led by E. Kohler
      - b. 2-3 student volunteers
        - i. Jessica Tassey, Marywood
        - ii. Lizzie Pearson, Shenandoah
        - iii. Avery Valenta, Immaculata
      - c. Each school designs an intervention to share at MARAMTA Regional Conference based on a theme
      - d. Role of volunteers: communicating with chapter representatives, and help organizing virtual and in-person options for the event. Not huge time commitment
    3. MAR-AMTS Gives Back
      - a. Led by Z. Arsalane
      - b. 2-3 student volunteers
      - c. Each school in the region raises money for a chosen charity
      - d. Role of volunteers: help planning, communicating with schools, and coordinating funds from each school all through emails. Not huge time commitment
  - ii. Regional Project Committee (Led by Dana & Nina)
    1. Led by D. Shafranek and N. DeMilta
    2. 2-3 student volunteers
      - a. Catherine Startup, Duquesne
      - b. Emily Rossi, Slippery Rock
    3. High School Advocacy Project (regional project for 2022-23 term)
      - a. Goal: introduce music therapy to regional high school students
    4. Role of volunteers: Planning and implementing regional projects with MAR-AMTAS President and President-Elect for the term.



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Involves emailing high school music teachers and informing them of MAR-AMTAS events like Passages and Regional Conference, and planning a Zoom presentation about music therapy for students to attend

iii. Historian Committee

1. Led by N. Pinnella
2. One student representative from each active school in the region, open to all music therapy students
3. Role of volunteers: Keeping in contact with the MAR-AMTAS Historian about school timelines, historical data, and other major events. Not time-consuming, add to Google documents
4. Goal: To have a clear history database for different student organizations

iv. Diversity & Inclusion Committee

1. Led by D. Shafrank
2. New committee with a focus on how to change as an organization to allow growth
3. 2-3 student volunteers
  - a. Eliza Shriver, SUNY Fredonia

4. Closing Questions and Comments

- a. Share MAR-AMTS Guide with AMTAS Club
- b. MAR-AMTS happy to help spread awareness of club

5. Good and Welfare

6. Adjournment, 7:20 PM