

# WHAT IS MUSIC THERAPY?

Music therapy is the clinical application of music, with therapeutic intention, used to address a variety of physical, mental, and developmental issues for people of all ages and ability levels.

## MUSIC THERAPISTS CAN:



Stabilize the gait of someone with Parkinson's disease



Increase a premature infant's oxygen saturation in the NICU



Help a child with Autism sing "I love you" to their mother

## MUSIC THERAPIST TRAINING:



Required college coursework includes music therapy, anatomy, human development and psychology



1200 clinical training hours including a 6-month, full-time internship



Pass a board certification exam by an independent accrediting agency

## WHAT MUSIC THERAPISTS DO:



Songwriting  
Lyric Analysis  
Music & Movement



Use evidence-based research to create individualized treatment plans



Play Instruments  
Therapeutic Singing  
Improvisation

## MUSIC THERAPISTS CAN:



Be part of the IEP team to help a child succeed academically



Help a wounded soldier, Army Captain Luis Avila regain his speech



Create a song of legacy as death approaches

QUESTIONS? [INFO@PAMUSICTHERAPY.ORG](mailto:INFO@PAMUSICTHERAPY.ORG)

# WHY PROFESSIONAL MUSIC THERAPY LICENSURE?

Music therapy is an allied healthcare profession. Licensure would ensure consumer protection for Pennsylvanians and provide greater consumer access to music therapy.

## MUSIC THERAPY IN PA



9 Universities are training music therapists



Over 49,000 Pennsylvanians receive music therapy



Constituents in 80% of PA counties receive music therapy

## CONSUMER PROTECTION



Ensures consumer protection by requiring individuals to meet national training and credentialing standards for music therapy



Music therapists receive extensive training that allows the safe provision of therapeutic care

## CONSUMER ACCESS

### UNIFIED POLICY STATEWIDE: Reduced red-tape for Managed Care Organizations

Constituents who receive music therapy via managed care, in one county, who move to another county, most often cannot receive music therapy in their new home as managed care policies often differ across counties



Licensure would create one unified state policy that protects consumers, increases consumer access and reduces red-tape



## COST-SAVING OUTCOMES



NICU Music Therapy cut an average of \$10,000 off costs of a NICU stay (\$2,000/day)

Music Therapy reduced cost per patient in Hospice by \$2,984

MT for procedural support of echocardiograms in children cut costs by \$74.24/procedure

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