

Thursday, March 12, 2020--7:30pm-9:00 pm & Thursday March 19, 2020--8am-1pm--6 CMTEs, 1.5 CE Contact Hours for LCATs

Music Therapy Advocacy: MDSTF Hill Day CMTE [Free CMTE]

Presenters/Instructors: Tatyana Martin, MT-BC; Judy Simpson, MT-BC

Target Audience: All Attendees

Target Track: Advocacy

This FREE 6 CMTE presentation co-hosted by Maryland Music Therapy State Task Force will address advocacy for state recognition. Participants will learn the necessary skills to communicate effectively when meeting with legislators and staff. This will include introductions and talking points. During the Hill Day, attendees will participate in meetings with MD legislators (in groups) to discuss and answer questions about music therapy to gain support. A wrap-up debriefing meeting will include sharing of experiences and reviewing successful strategies for future advocacy tasks, including follow-up correspondence.

****Please note that this CMTE requires an online course component in advance of conference (see additional flyer for more details), and is scheduled until 1pm at the MD State House in Annapolis. Participants are responsible for their own transportation, and CMTE participants must attend the entire course to receive a course certificate.****

Wednesday March 18, 2020--9:00am-5:30pm--8 CMTEs, 7.5 CE Contact Hours for LCATs

Pre-Conference Institute: Race in My Face 2020: Uncovering Cultural Dynamics within Music Therapy Practice [\$90 AMTA Member/\$110 Non-Member, includes lunch]

Presenters/Instructors: Gabriela Asch-Ortiz, MS, LCAT, MT-BC; Jasmine Edwards, MA, LCAT, MT-BC

Target Audience: Experienced Professionals

Target Track: Diversity/Equity/Inclusion

This institute will explore racially responsive clinical practice through experientials and group discussions. The facilitators will call participants to explore their own sociocultural identity and consider how aspects of race, ethnicity, language and culture intersect at the individual and collective-societal levels, creating advantages and disadvantages across these complex dimensions. These themes will be explored as they manifest within supervisory, professional, and therapeutic relationships within the field of music therapy.

Complimentary lunch will be available to all registered participants.

Thursday, March 19, 2020--7:15am-12:15pm--5 CMTEs, 5 CE Contact Hours for LCATs

CMTE A: Counseling Techniques for Music Therapists [\$60 AMTA Member/\$75 Non-Member]

Presenters/Instructors: Corey Olver, MA, MT-BC, LPC, ACS

Target Audience: Entry-Level Professionals

Target Track: Clinical Techniques/Topics

Clinicians will learn about specific verbal techniques integral to music therapy and counseling practice, and gain skills in facilitation for productive verbal dialogue within music therapy sessions. This workshop will cover the fundamentals of counseling techniques within a humanistic framework and incorporate

skills in cognitive-behavioral and motivational interviewing interventions. Registration will be limited to 25 participants.

Thursday, March 19, 2020--7:15am-12:15pm--5 CMTEs, 5 CE Contact Hours for LCATs

CMTE B: Ethical Issues in Music Therapy Supervision [\$60 AMTA Member/\$75 Non-Member]

Presenters/Instructors: Kathleen M. Murphy, PhD, MT-BC

Target Audience: Experienced Professionals **Target Track:** Advanced Track, Education and Training

Harmful supervision practices are often the result of unethical behavior, often unwittingly. This interactive CMTE will review current ethical standards related to confidentiality, competence, multiple relationships, gatekeeping, and due process as they apply to music therapy supervision to decrease the likelihood of harm. Common ethical dilemmas will be discussed.

Thursday, March 19, 2020--7:15am-12:15pm--5 CMTEs, 5 CE Contact Hours for LCATs

CMTE C: Gender Affirming Voicework: Exploring the Method [\$60 AMTA Member/\$75 Non-Member]

Presenters/Instructors: Maevon Gumble, MMT, MT-BC

Target Audience: All Attendees **Target Track:** Advanced Track, Clinical Techniques/Topics

Grounded in personal experience, ongoing clinical work, and literature from speech-language pathology, vocal pedagogy, and music therapy, attendees will learn key understandings from this developing gender affirming voicework method. Attendees will participate in discussion and role-plays, sitting in both client and therapist roles to explore what a session might be, while also considering assessment and evaluation.

Thursday, March 19, 2020--9:00am-12:00pm--3 CMTEs, 3 CE Contact Hours for LCATs

CMTE D: Igniting the Spark of Spontaneity [\$45 AMTA Member/\$60 Non-Member]

Presenters/Instructors: Amy Clarkson, MMT, LCAT, MT-BC, CP/PAT; Barbara McKechnie, MA, LPC, LCAT, RDT/BCT, CP/PAT

Target Audience: All Attendees **Target Track:** Clinical Techniques/Topics, Theory

Come explore Jacob Moreno's Canon of Creativity, a model for examining how we warm up to spontaneous, creative acts and what keeps us stuck, repeating familiar patterns that no longer serve us. We will experience how music improvisation, movement, and enactment can catalyze increased spontaneity for our clients and ourselves. Registration will be limited to 25 participants.

Thursday, March 19, 2020--9:00am-12:00pm--3 CMTEs, 3 CE Contact Hours for LCATs

CMTE E: Sexual Harassment: A Music Therapist's Resource Review [FREE for Conference Attendees]

Presenter/Instructor: Clarissa Lacson, MA, MT-BC; Kory Antonacci, MT-BC; Katherine Myers-Coffman, PhD, MT-BC; Gregory Rupp, CDP, NMT, MT-BC;

Target Audience: All Attendees **Target Track:** Education and Training, Ethics

This CMTE will review the AMTA and CBMT's procedures for addressing ethical grievances including sexual harassment, as well as resources commonly available through workplaces and educational settings. Participants will be given opportunities to share their insights, experiences, and concerns related to the topic.

Thursday, March 19, 2020--9:00am-12:00pm--3 CMTEs, 3 CE Contact Hours for LCATs
CMTE F: Neuropsychotherapy – A Perspective that Informs Music Therapy Trauma Work [\$45 AMTA Member/\$60 Non-Member]

Presenter/Instructor: Gene Ann Behrens, PhD, MT-BC

Target Audience: All Attendees **Target Track:** Clinical Techniques/Topics; Research

Research in the area of neuroscience is ever-expanding, but it is often challenging to interpret and translate to practice due to specialized, complex terms and concepts. This workshop, based on recent neuroscience research, will provide a brief introduction to applying a trauma-informed perspective to music therapy. The presenter will review and explain current research on the influence of trauma on the brain and body; discuss how music potentially influences the brain and neural networks; engage participants in discussions and hands-on experiences; and present short video clips to further support concepts. No matter what theoretical approach participants use, neuroscience can enhance music therapists' perspectives and treatment approaches to trauma work.

Saturday, March 21, 2020--1:00pm-4:00pm--3 CMTEs, 3 CE Contact Hours for LCATs
CMTE G: Same Issues, Different Code: Practical Applications of the (new) AMTA Code of Ethics [\$45 AMTA Member/\$60 Non-Member]

Presenters/Instructors: Debbie Bates, PhD, MT-BC

Target Audience: All Attendees **Target Track:** Ethics

What is an aspirational Code of Ethics? What is the Sherman Anti-Trust Act and why did it have such a big impact on the new Code? And what happened to the item about not soliciting clients? Participants will learn the answers to these questions and more, clarify their personal and professional values, and employ critical thinking to explore how the new Code of Ethics applies to dilemmas that music therapists encounter frequently.

Saturday, March 21, 2020--1:00pm-4:00pm--3 CMTEs, 3 CE Contact Hours for LCATs
CMTE H: Ain't She Sweet: Recognizing and Destabilizing the -isms of Elder Care [\$45 AMTA Member/\$60 Non-Member]

Presenters/Instructors: Sarah Biedka, MT-BC

Target Audience: All Attendees **Target Track:** Clinical Techniques/Topics,
Diversity/Equity/Inclusion

This workshop will provide participants verbal and musical space to explore institutionalized older adults' experiences of oppression and liberation and the potential impact of music therapy engagement

on those experiences. Participants will bear witness to older adults' lived experiences, examine personal biases, and consider implications for personal and clinical growth. Registration will be limited to 20 participants.

Saturday, March 21, 2020--1:00pm-6:00pm--5 CMTEs, 5 CE Contact Hours for LCATs

**CMTE I: Creative Freedom and Clinical Responsibility: Practical Ways to Expand your
Improvisational Skills [\$60 AMTA Member/\$75 Non-Member]**

Presenter/Instructor: Stacey Hensel, MA, LCAT, MT-BC

Target Audience: All Attendees **Target Track:** Clinical Techniques/Topics

Whether you have the desire to expand your clinical improvisation skills or explore this uncharted territory, this CMTE is designed to increase awareness and gain knowledge for immediate and meaningful use. The concepts of creative freedom and clinical responsibility will guide the course content along with didactic and experiential learning. Registration will be limited to 15 participants.

Saturday, March 21, 2020--1:00pm-6:00pm--5 CMTEs, 0 CE Contact Hours for LCATs

**CMTE J: Financial Management - Developing Competencies from Beginner to Expert [\$60 AMTA
Member/\$75 Non-Member]**

Presenters/Instructors: Meredith Pizzi, MPA, MT-BC

Target Audience: Entry-Level Professionals **Target Track:** Reimbursement/Business Practice

Have you ever looked at a budget or financial report and wondered what all the numbers mean? Whether you are a novice or proficient with financial management, this course is for you! Music therapists who have basic to intermediate financial knowledge are encouraged to bring their own financial reports and information.

Saturday, March 21, 2020--1:00pm-6:00pm--5 CMTEs, 5 CE Contact Hours for LCATs

**CMTE K: Giving a Voice to Trauma Through Vocal Psychotherapy [\$60 AMTA Member/\$75
Non-Member]**

Presenters/Instructors: Jenny Hoi Yan Fu, LCAT, MT-BC; Allison Reynolds, LCSW-R, LCAT, MT-BC

Target Audience: Experienced Professionals **Target Track:** Advanced Track, Clinical Techniques/Topics

This workshop focuses on trauma caused by early attachment wounds and unmet dependency needs in the primary caretaker/child relationship. Through experiential techniques, audio examples and live demonstrations, we will illuminate methods used in Vocal Psychotherapy, including vocal holding and free associative singing, which help people become more resourced and resilient.

Saturday, March 21, 2020--1:00pm-6:00pm--5 CMTEs, 0 CE Contact Hours for LCATs

**CMTE L: Supervising the National Roster Music Therapy Intern [FREE for AMTA Members/\$75
Non-Member]**

Presenter/Instructor: Susan Glaspell, MT-BC

Target Audience: Educators/Internship Directors **Target Track:** Education & Training

A comprehensive overview of clinical supervision topics specific to the internship experience, this course is FREE for current AMTA members and fulfills the training requirement for National Roster Internship Director applicants. Internship agreements, stages of internship, supervision models, competency-based training, ethics, multicultural awareness, and methods to address various challenges will be presented.

These CMTE courses are approved by the Certification Board for Music Therapists (CBMT) for the specified number of Continuing Music Therapy Education (CMTE) credits. The MAR-AMTA P-#065 maintains responsibility for program quality and adherence to CBMT policies and criteria.

The Mid-Atlantic Region of the American Music Therapy Association is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #CAT-0021. CMTE Courses are also acceptable to NYSED as CE for LCATs *only as specified*; CMTE credits are not always equivalent to acceptable CE contact hours for LCATs.

Presenter Bios:

Kory Antonacci, M.S.Ed., LPC, MT-BC, is the coordinator of the creative arts therapy department at UPMC Children's Hospital of Pittsburgh. Kory is involved in leadership, education, research, and clinical work at the hospital; in addition, she runs her own private practice.

Gabriela Asch-Ortiz, MS, LCAT, MT-BC, is a Nordoff-Robbins and Vocal Psychotherapy trained music therapist and licensed creative arts therapist focusing on work with infants, children, adolescents and families with a broad range of life-threatening medical, traumatic, and surgical conditions. Gabriela serves on the Cultural Humility, Accessibility, Diversity and Inclusion (CHADI) committee and Clinical Practice Networking Committee for the Mid-Atlantic region of AMTA. Gabriela also actively serves as a clinical music therapy researcher and is currently pursuing her PhD in music therapy at Temple University.

Debbie Bates, PhD, MT-BC, is a music therapist and music therapy manager at the Cleveland Clinic. Her professional clinical experiences include work with adult hospice patients and their families, adults and adolescents in short-term, in-patient mental health, premature infants, and pediatric palliative care. She served on the AMTA Ethics Board from 2003 to 2012; she is a GLR representative to the Assembly of Delegates, Assembly Representative to the AMTA Board of Directors, and the GLR Past President.

Gene Ann Behrens, PhD, MT-BC, is the director of the music therapy program at Elizabethtown College. She has extensive experience teaching nationally and internationally on the use of music therapy in trauma.

Sarah Biedka, MT-BC, (she/her) is dedicated to her community-focused long-term care MT program in Ambler, PA. Passions include: older adults, intersectionality, supervision, program development, and humor. MMT eagerly anticipated in Spring 2020!

Amy Clarkson, MMT, LCAT, MT-BC, CP, PAT, is an adjunct faculty member at Montclair State University. In private practice (NJ), she integrates music therapy and psychodrama approaches to provide therapeutic services, supervision, and training.

Jasmine Edwards, MA, LCAT, MT-BC is a NICU and Vocal Psychotherapy trained music therapist and licensed creative arts therapist currently working with premature infants and their families within a medical music psychotherapy model at the Louis Armstrong Center for Music and Medicine at the Mount Sinai Health System. Jasmine currently serves as the co-chair on the Cultural Humility, Accessibility, Diversity, and Inclusion (CHADI) committee for the AMTA Mid-Atlantic Region. Jasmine is also currently serving as an adjunct professor within the music therapy department at Howard University.

Jenny Hoi Yan Fu, LCAT, MT-BC, a PhD student at NYU, works at the Nordoff-Robbins Center for Music Therapy, the Auditory/Oral School of New York, and in private practice as an Austin Vocal Psychotherapist.

Susan Glaspell, MT-BC, is the Music Therapy Supervisor and Internship Director at Springfield Hospital Center in Sykesville, MD. She currently serves as the Mid-Atlantic Region's representative to the AMTA Association Internship Approval Committee.

Stacey Hensel, MA, LCAT, MT-BC, has extensive experience as a clinician, instructor and supervisor. Stacey is the founder of Innovative Music: Creative Arts Therapy Services, PLLC and supervises the MT department at the Rebecca School in NYC.

Maevon Gumble, MMT, MT-BC (Pittsburgh, PA) works as a mobile mental health therapist with older adults and young people, also maintaining a small private practice for gender affirming voicework with trans and nonbinary persons. They are currently pursuing licensure as a professional counselor.

Clarissa Lacson, MA, MT-BC is a PhD Candidate at Drexel University. Her work focuses on music therapy and interdisciplinary collaboration.

Tatyana Martin, MT-BC, is the Co-Chair of the Maryland State Task Force.

Barbara McKechnie, MA, LPC, LCAT, RDT/BCT, CP, PAT, a drama therapist & psychodramatist, works as consultant, psychodrama trainer and in private practice (NY/NJ). She taught at New School University and is Past President of NADTA & NJACC.

Kathleen M. Murphy, PhD, MT-BC, Director, Music Therapy Graduate Studies at SUNY-New Paltz. She has authored book chapters and journal articles and presents internationally. Her research interests focus on music therapy in substance dependence, and PTSD.

Katherine Myers-Coffman, PhD, MT-BC is a Postdoctoral Research Fellow at Drexel University. Her work focuses on developing and evaluating strength-based interventions for youth who have experienced trauma and loss.

Corey Olver, MA, MT-BC, LPC, ACS, serves as Program Director at Immaculata University. She is passionate about the integration of counseling techniques into Music Therapy. She has advanced training in Motivational Interviewing and CBT and is earning a PhD in Counseling Education and Supervision.

Meredith Pizzi, MPA, MT-BC is a music therapy entrepreneur, Founder of Roman Music Therapy Services and Co-Founder of Raising Harmony, professor of business, leadership, and professional topics, and national speaker.

Allison Reynolds, LCSW-R, LCAT, MT-BC, received her Master of Arts in Music Therapy from New York University and her Master of Social Work from Hunter College. She is presently the Director of Behavioral Health at SMC Manhattan, and has her own music psychotherapy private practice in New York City. She is a certified Nordoff Robbins Music Therapist and Austin Vocal Psychotherapist. She is currently training under Dr. Austin as a trainer in the Vocal Psychotherapy method. Learn more on her website: www.musicislifenyc.com

MAR·AMTA 2020 Regional Conference

Preliminary Program

MID-ATLANTIC REGION OF THE AMERICAN MUSIC THERAPY ASSOCIATION **Cambridge, MD | March 18-21, 2020**

Pre-Conference Institute & CMTE Information

Gregory Rupp, CDP, NMT, MT-BC - Originally from Long Island, Gregory is a graduate student at SUNY Fredonia and works full-time as a music therapist at a nursing/rehabilitation home in Dunkirk, New York.

Judy Simpson, MT-BC, is AMTA's Director of Government Relations working on both the state and federal level. She is the co-author of "Music Therapy Reimbursement: Best Practices and Procedures." Clinical experience includes developing programs in hospital settings. She holds the Managed Healthcare Professional Designation from American's Health insurance Plans (AHIP).