Addressing
the needs
of veterans
and other
at-risk
populations
through
evidence-based
research and
techniques



1 in 3 veterans suffer from the effects of PTSD, leading to a staggering 20 veterans a day that commit suicide.

Music Therapy of the Rockies believes that number is not acceptable.

Through evidence-based study, lives are being transformed not only for the veterans, but their families, care partners and community.

Through intensive retreats designed to educate and address the symptoms of PTSD and utilize a whole brain approach, veterans are finding their "new life" and learning how to reframe how they have been viewing their military experience.

"It's not what you get out of the music, but what the music gets out of you."

- Mack Bailey, Founder Music Therapy of the Rockies



"You kick started my new life of loving myself. I can't stop talking about you and the weekend."

- Lesa, (RET) US Air Force

"The II veterans you had sitting before you on Saturday morning were not the same II people who got up on that stage last night and poured their hearts out to everyone in the room."

- Mallory, MT-BC

"I feel extremely honored to have my story memorialized in a song. That will certainly help heal another veteran."

- SGT Leonard Goodson III, (RET) US Army

"I am alive and enjoying it because of you."
- Jeff, (RET) US Army

coping skills • therapeutic interventions • mindfulness • songwriting • reframing stories and experiences normalizing lives • repairing and building relationships • self-confidence and self-esteem • emotional identification



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