

PASSAGES • 2018

SHARING IDEAS

Saturday • October 27th

9:00AM-4:00PM



MAR • AMTA

MID-ATLANTIC REGION
OF THE AMERICAN MUSIC THERAPY ASSOCIATION

RADFORD
UNIVERSITY

College of Visual and
Performing Arts

Schedule of Events

8:30am-9:00am Registration

Joseph P. Scartelli Atrium

9:00am-10:00am Welcome & Keynote Address

Covington Center Performance Hall

Jason Willey, MMT, MT-BC-Student Affairs Advisor, MAR-AMTA

Patricia Winter, PhD, MT-BC-Associate Professor of Music

Director, Music Therapy Program, Radford University

Meghan Smith, MT-BC and Dave Blanco, Music Therapy

Student, Radford University-Passages Co-Chairs

Keynote Address

“What’s the big IDEA? Moving Toward a Social Justice Framework for Music Therapy.”

Adenike Webb, MMT, MT-BC

Adenike Webb, MMT, MT-BC is a PhD candidate in music therapy at Temple University, Philadelphia. She has worked in inpatient and outpatient behavioral health settings for 16 years, working with children through older adults. Her clinical supervision of fieldwork students and interns led to an interest in understanding and contributing to formal music therapy education, with a desire to improve cross-cultural interactions between clinicians and clients. Her research interests focus on developing cultural awareness and sensitivity in music therapy practice and education, and she has regularly presented at national music therapy conferences on topics pertaining to cultural competence.

10:00am-10:15am

Quick Break • Transition to Porterfield Hall for Concurrent Sessions

Concurrent Sessions I

10:15am-11:05am

Porterfield Hall

Musicoterapia a Italia: Transcending Cultural Barriers Through Music

Room 149

Music transcends barriers, but how is this accomplished in cross-cultural music therapy? This presentation discusses a practicum placement at the Conservatorio di Musica in Pescara, Italy and how the student music therapist relied on core principles of music therapy to successfully interact with her geriatric clients.

Juliana Joyce is a senior music therapy and Italian major at Nazareth College of Rochester, NY. She integrated her interests in the spring of 2018 by completing a semester abroad in Pescara, Italy.

***The Importance of Self-Care During Music
Therapy Practicum
Room 101***

In this presentation, we will talk about the importance of self-care for music therapy practicum students. As college students, we face many mental, physical, and spiritual problems that could hinder our performance when working with clients. This presentation will provide information that addresses the mental, physical, and spiritual means of self-care for practicum students.

Maya Johnson is a junior music therapy student at Radford University. She serves as the President of the Music Therapy Club. Her practicum work includes adults with intellectual disabilities.

Leah Piemonte is a junior music therapy student at Radford University. Her current client group consists of college-aged individuals with a variety of developmental and intellectual disabilities.

Concurrent Sessions II

11:15am-12:05pm

Porterfield Hall

***An Introspective Examination of Collaboration
with Speech Language Pathologists within a
Preschool Language Lab
Room 149***

Student perspectives on working in collaboration with Speech Language Pathology students in a Preschool Language Lab for children with speech and language disorders while conducting separate research projects.

Dave Blanco is a senior music therapy student at Radford University from Northern Virginia. He has accepted a music therapy internship at the Veterans Affairs Medical Center in Salem, VA.

Skylar Cumbia is a senior music therapy student at Radford University from Hanover, Virginia. She is in the process of applying for a music therapy internship.

***Interdisciplinary Work and Cultural Education in
Nicaragua
Room 101***

As music therapists, being culturally aware and informed of other professions is essential. However, sometimes inhibitions about collaborating with other disciplines due to lack of interdisciplinary knowledge arise. In this presentation, you will gain insight into the benefits of interprofessional collaboration and cultural competence through our service experience in Nicaragua.

Emily Match is a junior music therapy student with a multicultural studies minor at Nazareth College and is Vice President of AMTAS-Naz chapter.

Madeline Mitchell is a junior music therapy student at Nazareth College with a minor in Spanish.

Taylor Santabarbara is a senior music therapy student at Nazareth College. Taylor is interested in child development and hopes to become a Music Therapist with a NICU certification in the future.

12:15pm-1:15pm Lunch

Location to be announced

Hosted by the Radford Music Therapy Club

Concurrent Sessions III

1:15pm-2:05pm

Porterfield Hall

Improve Your Improv: Identifying Practice Techniques for Developing Musical Spontaneity

Room 149

Learn a variety of practice strategies and techniques to build your improvisational repertoire. The focus of the presentation will be on learning, sharing, and engaging in individual as well as paired activities to spark new ideas for improvisation. The presentation is geared towards musicians with a wide range of piano skills and a common desire to improve their improvisation abilities.

Meghan Smith, MT-BC graduated from Temple University and interned at The Center for Discovery. She lives in Rhode Island and currently works for Hands in Harmony, serving a variety of populations in RI and MA.

Emily O'Sullivan, MT-BC graduated from Nazareth College and interned at The Center for Discovery. She currently works at BOCES 1 in Rochester, NY with a focus on adolescents with autism in a school setting.

***Body Percussion and its use in Music Therapy Clinical
Work
Room 101***

Music therapists can use body percussion in a variety of ways in a music therapy session, if the music therapist is aware of the techniques, and how to use them appropriately. I will teach different body percussion techniques and explore its uses in clinical practice.

Rachel Steffen grew up in Marietta, Georgia, and now lives Topeka, Kansas and Radford, Virginia. She is a music therapy major at Radford University, and her primary instrument is percussion.

***Singing With Clients
Room 107***

The importance of healthy singing techniques for the therapist and client in a clinical session and choosing appropriate range/style of song while working with all populations.

Caitlin Dotson is a junior at Radford University. She is interested in working with children. She is also the director of RU's co-ed a cappella group Noteworthy.

Amanda Marcum is a junior music therapy student at Radford University. She is interested in working with older adults. She is also the president of RU's co-ed a cappella group.

Concurrent Sessions IV

2:15pm-3:05pm

Porterfield Hall

Stress and Coping in Undergraduate Music Therapy and Beyond

Room 101

Discussions about stress and stress management should be very important within music therapy programs. This presentation will discuss the importance of understanding stress and coping for students, as well as the how stressors change during the internship, and how coping strategies can be adjusted to better suit these different stressors.

Celia Grove is an intern for Fairfax County Public Schools, in Northern Virginia. She works with students aged 2-21, with a wide variety of diagnoses, including neurotypical students.

An Unsculpted Block of Time: Working at the Supportive/Activity Level with Groups of Patients in Acute Care, Adult Psychiatric Facilities
Room 107

This presentation will provide a humanistic conceptual framework that can be used when designing experientials for groups of patients in acute care, adult psychiatric facilities that will both attract patient participation and be therapeutically effective. It will also provide a way of thinking about working with acute, adult psychiatric patients.

Jon Reichert, MT-BC, MS, received his MS in Music Therapy from Molloy College in May 2018, and currently works at Brunswick Hospital in Amityville, NY. Jon interned at Woodhull Medical Center in Brooklyn.

3:05pm-3:20pm

*Quick Break • Transition to Covington Center Performance Hall
for Closing Ceremonies*

Closing Ceremonies

3:20pm-4:00pm

Covington Center Performance Hall

African Drumming Ensemble

Led by Ishmale Davis

Ishmale Davis is a native of Danville, Virginia. He is a junior music education major at Radford University, where he plays in multiple ensembles and is active in many organizations. His main focus is percussive studies. He has been a member of the Kuumba West African Drum and Dance group for 9 years and is the founder of the Ujamaa West African Drum and Dance group at Radford University.

THANK YOU FOR ATTENDING

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A special thank-you to Keynote speaker: Adenike Webb, MMT, MT-BC; Conference Co-Chairs: Meghan Smith, MT-BC and Dave Blanco; Closing Ceremonies Facilitator: Ishmale Davis; Radford University Music Therapy Club for providing the potluck lunch, and to Radford University for hosting this year's conference.