



WELCOME FROM THE PRESIDENT OF THE MID-ATLANTIC REGION

As President of the Mid-Atlantic Region of the American Music Therapy Association, it is my distinct honor and pleasure to welcome you to the 2018 MAR-AMTA Conference.

For many of you, this conference is a time to reconnect, network, learn, and spend time with members of our wonderful community. We also hope that you will use this opportunity to become active in the many issues facing our growing field. As a member-driven organization, your voice plays an essential role in shaping the discourse regarding topics such as Master's Level Entry (MLE).

The MAR-AMTA Assembly of Delegates would like for everyone to join us for a special forum to discuss the MLE Committee Report, Friday 2-2:50 PM. Your input will be shared with the Executive Board of the AMTA via our Assembly of Delegate meeting at the National Conference in November. Bryan Hunter, Jane Creagan, and Jim Borling, who were on the MLE Committee, will be on hand to answer questions as needed. You can access the MLE report here: https://www.musictherapy.org/careers/mle_considerations/

I would also like to recognize the Conference Committee's dedication to advancing diversity, equity, and inclusivity (DEI) in the MAR-AMTA. This includes DEI tracks with invited speakers, and a free CMTE by the YWCA on racial bias. In addition, our Networking Luncheon has expanded to include topics such as Allies of Social Justice, Cultural Responsiveness, and a special table on Community Music Therapy with Viggo Krüger from the University of Bergen and [The Grieg Academy Music Therapy Research Centre](#).

I'd like to give a HUGE thanks to all involved in conference planning. We are lucky to have wonderful conferences, year after year and this is due to their hard work and dedication! Last, thanks to all of YOU, the fantastic members of the MAR-AMTA. I am continuously inspired by your work, inventiveness, progressive insights, and passion for music therapy.

Enjoy your conference and everything Pittsburgh has to offer!

Michael Viega, Ph.D., LCAT, MT-BC
Fellow, Association of Music and Imagery
President, MAR-AMTA



Greetings and welcome to the 2018 MAR-AMTA Conference here in Pittsburgh! We are happy to have you here at the south shore neighborhood of Station Square, where the buildings and land were formerly historic Pittsburgh & Lake Erie Railroad Complex and are now surrounded by abundant amounts of restaurants, entertainment and shopping! Thank you for joining us in our vibrant city to celebrate and learn even more about our music therapy community.

Let's start this conference with a bang! Opening ceremony will feature Jim Donovan and the Sun King Warriors! Get ready to be a part of Jim's inspirational music and teachings, where he uses the power of music to bring people together. After hitting the first round of sessions, grab your friends, colleagues, and instruments and head down to the Hard Rock Café in Station Square for *Rock Hard at the Hard Rock*: music therapy open mic night! After a fun night of rock 'n' roll, you may want to take advantage of the Friday morning yoga session to get you centered for the day. Be sure to stop by the Exhibit Hall Spectacular for a true taste of Pittsburgh, featuring live entertainment, a complimentary cookie table (a Pittsburgh celebratory tradition) and coffee/tea! You certainly don't want to miss the band rocking the stage at 6:05pm prior to the start of the award ceremony, the Flying Sock Monkeys! The Flying Sock Monkeys are a rock band of young adults from Wesley Family Services in Pittsburgh, PA. Plan to end your Friday night in rhythm with a drum circle from 9:00-10:00pm. To help shake the "conference-is-almost-over-blues," another yoga session will be held on Saturday morning from 7:00-7:45am. If you are still in town Saturday afternoon, you won't want to miss the world-renowned Pittsburgh Symphony Orchestra perform their annual sensory friendly concert. MAR conference attendees can receive discounted tickets for \$10.00 each.

This year, we have the opportunity to further ourselves as professionals by attending a variety of CMTEs. With many exciting course options to choose from, each Music Therapist will be able to enhance both their personal and professional development by attending a CMTE that is tailored to their interests. Among these are courses like: *Racially Responsive Clinical Practice: Understanding Each Other*, *Music Therapy Improvisation Techniques for Melodic Instruments*, and *YWCA Examining Bias Diversity Training for Music Therapists*.



At the 2018 advocacy breakfast this year (an invitation-only event), we will be hearing from parents, health care professionals and Music Therapists about the importance of Music Therapy. Among these speakers will be: Dr. Jennifer Beckford, the Senior Director of Clinical Services at WPIC, Stephanie Colaberadino, Manager of Child Life at The Children’s Hospital of Pittsburgh, Theresa Connelly, Family Support Coordinator at Heritage Hospice, and Representative Eddie Pashinski, PA House MT Licensure Bill Sponsor.

We would like to take the time to recognize and thank our talented, dedicated, and passionate local committee who have put this entire conference together. Without their hard work, all of this would not have been possible. It has been our pleasure to make this year’s conference what we hope to be a one of a kind experience. We hope you enjoy your time here expanding your knowledge of music therapy and exploring our beloved city!

Virginia Dougherty	Jessica Mull	Elaine Abbott
Valerie Uschock	Sara Kiley	Kathleen R. Sanford
Kory Antonacci	Sara Masters	Jessica Jacka
Nicole Steele	Linda Sanders	Katie Harrill
Brigette Sutton	Maria Carlini	Arianna Bendlin

Haley Welsh and Maryann Rulapaugh
Your Local Co-Chairs for the 2018 AMTA-MAR Conference



Conference Schedule Overview

Wednesday, April 11

7:30am – 12:00pm	Registration open
9:00am - 4:00pm	David Ott Pre-Conference Institute: Staking a Claim: Positioning Music Therapy as a Primary Service in Integrative End-of-Life Care
9:00am – 5:00pm	David Ott Pre-Conference Institute: Perinatal Music Therapy: Exploring, Understanding, and Implementing a Sound Clinical Practice
5:00pm – 8:00pm	Registration open
6:00pm – 10:00pm	MAR Executive Board Meeting & Dinner
6:00pm – 10:00pm	MARAMTS Executive Board Meeting & Dinner

Thursday, April 12

6:30am – 12:00pm	Registration open
7:15am – 12:15pm	CMTE A & B
8:30am - 11:30am	CMTE C (Off-site)
9:00am – 11:00am	Student Leadership Academy (Off-site)
9:00am- 12:00pm	CMTE D & E
9:00am – 2:00pm	<i>Exhibitor Setup</i>
9:00am – 11:00am	MAR Executive Board Meeting



1:00pm - 2:30pm	Opening Ceremony
1:30pm - 5:00pm	Registration open
3:00pm - 7:00pm	Exhibit Hall Open
2:45pm - 3:35pm	<u>Concurrent Sessions #1</u>
4:00pm - 4:50pm	<u>Concurrent Sessions #2</u>
5:00pm - 6:00pm	MAR Business Meeting
5:00pm - 6:00pm	MARAMTS Business Meeting
6:00pm - 7:00pm	Yard Sale
7:00pm- 10:00pm	CMTE F
7:00pm -10:00pm	Rock Hard at the Hard Rock: Music Therapy Open Mic Night
9:00pm - 12:00am	Jam Room

Friday, April 13

7:00am - 7:45am	Yoga
7:30am-11:00am	Registration open
8:00am - 9:30am	Advocacy Breakfast
8:00am-10:30am	Jenny Shinn Interviews
8:00am - 8:50am	<u>Concurrent Sessions #3</u>
9:00am - 2:00pm	Exhibit Hall Open



Mid-Atlantic Region of the American Music Therapy Association

2018 Music Therapy Conference

April 11th -14th, Pittsburgh, PA

9:05am-10:45am	<u>Concurrent Sessions #4</u>
11:00am-12:00pm	MAR Business Meeting II
11:00am-12:00pm	MARAMTS Business Meeting II
12:00pm-2:00pm	Exhibit Hall Spectacular
12:00pm-2:00pm	Silent Auction
12:15pm-1:45pm	Networking Lunch: Fields of Practice
12:15pm-1:15pm	Internship Smorgasbord
12:30pm-3:30pm	Registration Open
2:00pm-2:50pm	Master's Level Entry
3:00pm - 4:40pm	<u>Concurrent Session #5</u>
3:00pm - 4:00pm	High School Session
4:00pm - 6:00pm	Exhibit Hall Open
4:50pm - 5:40pm	State Meetings - PA reception until 6:00
4:50pm - 5:40pm	Student Swap Shop
6:00pm - 7:45pm	Awards Ceremony
8:00pm - 9:30pm	MAR Task Force Reception
9:00pm-10:00pm	Drum Circle
9:00pm-12:00am	Jam Room



Saturday, April 14

7:00am – 7:45am	Yoga
7:30am – 1:00pm	Registration Open
8:00am - 12:00pm	Exhibit Hall Open
8:00am – 9:45am	Conference Committee Transition Meeting
8:00am – 9:40am	<u>Concurrent Session #6a</u>
8:50am - 9:40am	<u>Concurrent Session #6b</u>
9:55am – 10:45am	<u>Concurrent Session #7</u>
11:00am-11:50am	<u>Concurrent Session #8</u>
11:55am-12:00pm	In-App Conference Farewell
1:00pm – 4:00pm	CMTE G, H & I
1:00pm – 6:00pm	CMTE J, K & L



Detailed Conference Schedule

WEDNESDAY, APRIL 11

8:00am - 12:00pm	Registration Open	Main Corridor 1st floor
Ongoing:	Mothers Lounge	Suite 1512
9:00am - 4:00pm	Pre-Conference Institute	Brighton 3 & 4
9:00am - 5:00pm	Pre-Conference Institute	Elwood 1 & 2

The David Ott Pre-Conference Institute:

Perinatal Music Therapy: Exploring, Understanding, and Implementing a Sound Clinical Practice (8 CMTE credits; 6 CE Contact Hours for LCATs)

Presenters/Instructors: Heidi Lengel, MMT, MT-BC, Certified Birth & Bereavement Doula

What is perinatal music therapy? What exactly does the perinatal spectrum include, and what kinds of therapeutic interventions should a music therapist working in perinatal music therapy be prepared to offer? What is the best way for a music therapist to begin working in this specialty area? What types of settings can a perinatal music therapist work in? How can music therapists meet the needs of a growing specialty area with clinical confidence and ease? Asking and answering these questions is the beginning of developing and building a solid perinatal music therapy practice foundation.

This institute will discuss how music therapy can address essential treatment niches of the perinatal spectrum such as fertility challenges, pregnancy wellness, perinatal bereavement, labor and childbirth support, and perinatal mood disorders. The institute will be divided into six hour-long lectures that address the niches listed above. By the completion of each individual lecture, learners will understand essential elements will build a solid foundational model comprised of a comprehensive literature review, theoretical



approaches and recommendations for treatment, common clinical needs and pitfalls, as well as sample music therapy interventions and goals.

Brief case studies of the presenter's work (from each niche) will be offered as a learning and discussion tool. Participants will be given ample time to discuss questions and concerns about working in this specialty area. A final hour-long lecture will discuss ethical pitfalls, professional and personal development needs of the perinatal music therapist, and strategies for developing services within the perinatal spectrum. Self-contained music-assisted creative art experientials at the conclusion of each hour long lecture will help participants reflect on their own professional and personal needs as they explore working in this field.

Complimentary lunch will be available to all registered participants.

**The David Ott Pre-Conference Institute:
Staking a Claim: Positioning Music Therapy as a Primary Service in
Integrative End-of-life Care
(6 CMTE credits; 6 CE Contact Hours for LCATs)**

Presenters/Instructors: Noah Potvin, Ph.D., MT-BC; Jillian Argue, MMT, MT-BC; Meghan Arthur, Ph.D., LPC, MT-BC; Kristen O'Grady, MA, LCAT, MT-BC

As music therapy has expanded its footprint in various end-of-life care settings, practice, and theory specific to this clinical area has begun to evolve and mature. This process of growth has led clinicians and researchers to pertinent questions and issues challenging a more critically reflexive perspective of (a) the role of music and music therapy in comprehensive integrated practice, (b) how theory informs clinical decision-making processes and vice-versa, (c) management of burnout and developmental stagnancy in both new and veteran professionals, and (d) the nature of the deep interpersonal and intermusical relating among music therapists, patients, and their families.



To that end, this presentation will focus on four topics: (1) transference in end-of-life care, (2) framing practice and theory situating music therapy as a primary end-of-life care service, (3) resolution of and meaning-making from burnout, and (4) the dimensions of relating that manifest between music therapy, patient, and caregiver(s) both intermusically and interpersonally. A culminating discussion will focus on how these topics shape and inform short-term and long-term professional needs.

This institute will introduce and examine these topics while supporting attendees to lend their voices in discussion about how these issues influence, inform, and/or challenge their work. We conceive our role in this institute as educators and facilitators; we wish to offer knowledge, expertise, and both evidence-based and practice-based perspectives. We also wish for attendees to inform and support one another and will structure a supportive and safe environment conducive to such interaction.

Complimentary lunch will be available to all registered participants.

12:50pm – 2:00pm	Buffet Lunch	Fountainview
5:00pm – 8:00pm	Registration Open	Main Corridor 1st floor
6:00pm – 7:00pm Fountainview	MAR & MARAMTS Executive Board Dinner	
7:00pm – 10:00pm	MAR Executive Board Meeting	Executive Board Room
7:00pm - 10:00pm	MARAMTS Executive Board Meeting	Stoops Ferry



THURSDAY, APRIL 12

6:30am - 12:00pm **Registration Open** **Main Corridor 1st floor**

Ongoing: **Mothers Lounge** **Suite 1512**
Quiet, comfortable space to meet the needs of mothers

Music Therapy Continuing Education (CMTE)

*The following CMTE courses are approved by the CBMT for **5 and 3 CMTE credits** (unless otherwise specified) to be awarded upon completion. Unless otherwise specified, pre-registration and fee are required. Credits awarded are accepted by the NBCC. The MAR-AMTA (#P-065) maintains responsibility for program quality adherence to CBMT policies and criteria. There will be two 10-minute breaks during the CMTE courses.*

7:15am - 12:15pm **5 Hour CMTE's**

CMTE A: Racially Responsive Clinical Practice: **Elwood 1&2**
Understanding Each Other

*5 contact hours for LCAT's, 5 hours of this course meet CBMT requirement for Ethics
Presenters/Instructors: Susan Hadley, PhD, MT-BC; Marisol Norris, MA, MT-BC;
Demeko Freeman, MMT, MT-BC

This CMTE will explore racially responsive clinical practice. Experientials and group discussions will be provided to facilitate participants' exploration of 1) personal racial identity, 2) racial awareness and sensitivity, 3) racism in clinical settings, and 4) racial tensions that arise in therapeutic encounters.

CMTE B: Supervising the National Roster Music Therapy Intern **Edenburg**
*0 CE contact hours for LCAT's
Presenter/Instructor: Susan Glaspell, MT-BC

A comprehensive overview of clinical supervision topics specific to the internship experience, this course is FREE for current AMTA members and fulfills the training



requirement for National Roster Internship Director applicants. Internship agreements, stages of internship, supervision models, competency-based training, ethics, multicultural awareness, and methods to address various challenges will be presented.

8:30am - 11:30am 3 Hour CMTE's

CMTE C: Inversions and Voice Leading: Secret Ingredients for Effective, Interesting Clinical Piano Improvisations

*3 CE contact hours for LCAT's

Presenters/Instructors: Suzanne Sorel, DA, LCAT, MT-BC

***OFFSITE**

**Mary Pappert School of Music
Room 209 Duquesne University**

When we are working in and with music, it is essential to identify what makes music beautiful, emotional, enriching, and captivating. As musicians, we know it is not just the composition or improvisation itself, but how the music is arranged and played that brings our clients to places of contemplation, understanding, and even transcendence. This CMTE will guide participants to enhance their clinical piano improvisations by focusing on the use of inversions and voice leading. Participants will be active players provided with step-by-step guides and strategies to apply to their musicking.

9:00am - 12:00pm 3 Hour CMTE's

CMTE D: Music Therapy Improvisation Techniques for Single-Line Melodic Instruments Haselton 1&2

*3 CE contact hours for LCAT's

Presenters/Instructors: Flossie Ierardi, MM, LPC, MT-BC;
Scott Horowitz, MA, LPC, MT-BC, ACS

Many clinicians have come to the music therapy profession by way of appreciation for the beauty of an orchestral or other single-line melodic instrument, yet may not have had opportunities to explore its capabilities for the purpose of clinical work. In this experiential workshop, participants will explore the use of melodic instruments for facilitation of group



and individual music therapy improvisation. Attention will be given to clinical improvisation techniques, as well as modes, harmonic implications of melodic improvisations, and musical form. Please bring your own melodic instrument, if possible.

**CMTE E: Recognizing Potential and Respecting Identity: Pointview
 Creative Music Therapy and Autism**

*3 CE contact hours for LCAT's

Presenter/Instructor: Stacey Hensel MA, LCAT, MT-BC

This CMTE will focus on working within a creative, improvisational approach to music therapy to support difficulty relating and communicating, including Autism. The foundations of working within the DIRFloortime® model will be thoroughly explained and related to a variety of music therapy techniques to support them. The course will be part didactic and part experiential, and will be limited to 20 participants.

9:00am – 11:00pm Student Leadership Academy *OFFSITE

Facilitators: Jason Willey, MMT, MT-BC, Kathleen R. Sanford, MT-BC

**Duquesne University
 Mary Pappart School of Music
 PNC Lobby**

Technology is always changing with new ideas and concepts. Students will be given the opportunity to explore in an interactive Music Technology Carnival. Join local professional music therapists to learn and try the different music technology that is being used in their practices today. If you own an iPad or tablet, it is encouraged to bring along.

9:00am – 11:00am MAR Executive Board Meeting Executive Board Room

**1:00pm – 2:30pm Opening Ceremonies: Jim Donovan and
 the Sun King Warriors Grand Station 1&2**

1:30pm – 5:00pm Registration Open Main Corridor 1st floor



2:45pm – 3:35pm Concurrent Sessions #1: 50 minutes

Research Track: Research Speed Dating

Edenburg

Presenters: Trish Winter, PhD, MT-BC; Shawna Vernisie, MA, LCAT, MT-BC

This highly engaging session will follow a “Speed Dating” format. Attendees will have an opportunity to meet with each other for brief one-on-one encounters to discuss current research interests and projects. Participants will meet other music therapists with similar and diverse interests and get the pulse of music therapy research in the MAR. Participants do not have to currently be involved in a research project as this is a time for inspiration, collaboration, and creativity!

The Process of Creating an In-Hospital Radio Station

Grand Station 1&2

Presenter: Stephanie Kaiser, MT-BC

A pilot program for an in-hospital radio station was provided as intervention in a small group setting of individuals living with mental illness. This session will describe the process by which this program was created, influenced by research about using performance as therapy.

Students

DEI Track: "I Walk the Line": Invisible Illness and Music Therapy Students

Grand Station 3/4/5

Presenter: Rebecca J. Warren, MT-BC

Invisible illness causes physical and psychological effects, but is not noticeable to others. Some may include developmental disabilities, chronic illnesses, and mental disorders. Music therapy students with invisible illnesses experience unique challenges. The presenter will discuss tips for navigating the line between health and invisible illness during music therapy practicum.

Students

**Advanced Track: Theory for Humanistic Music Therapy:
The Person-Centered Approach**

Fountainview

Presenter: Aaron Teague, MA, MT-BC, LPC



Music therapists have borrowed theory and philosophical constructs from psychology. Many music therapists have used Humanistic psychology. The Person-Centered Approach (PCA) is a Humanistic psychology. The session will present PCA theory to support music therapy practice. Examples and vignettes will be used that point toward an MT guided by PCA.

Experienced Professionals

Music Therapy Licensure: Practice Boundaries and Potential Harm Brighton 1&2

Presenter: Bryan Muller, Ph.D., MT-BC, Fellow of the Association for Music and Imagery

This presentation will provide an overview of the literature on the potential harm of music experiences and how this is defined in the state licenses that now regulate music therapy practice. The impact of licensure on professional recognition, the use of music by non-music therapists, public protection, and reimbursement for services will be discussed.

Experienced Professional

DEI Track: 13 International Road Signs – What Trauma-Informed Work in Brighton 3&4

Other Countries Taught Me

Presenter: Gene Ann Behrens, PhD, MT-BC

While the literature provides suggestions for therapists involved in international trauma work, much is learned from field work that involves providing treatment or training NGO staff. Experiences, concepts, and insights from trips to Africa, Palestine, and other countries will be shared in a “fireside chat” that emphasizes a neurobiology perspective.

Entry Level Professionals

**DEI Track: Finding Potentials for Collaboration:
A Roundtable Discussion**

Elwood 1&2

Presenters: C. J. Shiloh, MT-BC, Rachel Reed, MT-BC, Laura-Sun Cefaratti, Autistic Self-Advocate

We will share our experiences working together as an autistic advocate, neurotypical music therapist, and autistic music therapy intern in developing a community music therapy program. Participants will engage in conversation about possibilities for and barriers to collaboration with clients and advocates in their work. An initiative of the AMTA Strategic Priority on MT & ASD.



Music Therapy and Psychiatric Insight: Narratives of Illness

Haselton 1&2

Presenter: Ryan Carroll, M.S., MT-BC

This presentation explores the relationship between lyric analysis in receptive music therapy and changes in insight in three adults diagnosed with schizophrenia and/or schizoaffective disorder. Their narratives of insight are shared and additional implications for professionals working with individuals with Severe and Persistent Mental Illness (SPMI) are also discussed.

Experienced Professionals

Recertification 101: Make Your Credits Work for You, CBMT

Stoops Ferry

Presenter: Lynne Frederick, MM, MT-BC

Acquiring 100 recertification credits does not have to be confusing or costly! Will we review the most updated recertification requirements, identify and evaluate various economical options for obtaining credits, and review the online platform for recording continuing education. Bring your recertification questions and scenarios for thoughtful discussion and suggestions!

Entry Level Professionals

Reflection & Awareness of the Therapist's Journey at End of Life Care

Pointview

Presenter: Victoria Glaser, MT-BC

The new professional music therapist's interactions with patients and families have a critical impact when facing end of life circumstances. This presentation focuses on the music therapist's self-care, personal development and self-awareness fostered through sensitive therapeutic moments leading to a personal acceptance of life's end to enhance quality of care.

Entry Level Professionals

3:00pm- 7:00pm Exhibits/Displays Open

Reflections/Waterfront/Admirals



4:00pm – 4:50pm Concurrent Sessions #2: 50 minutes

Busting the Myths: The Clinician as Researcher

Edenburg

Presenter: Lisa Gallagher, MA, MT-BC

This presentation will include information on how the clinician can use clinical notes and data to conduct research. Quantitative and qualitative data will be discussed.

**Music In Therapy vs. Music As Therapy: An Opening
Dialogue for Music Therapy Students**

Grand Station 3/4/5

Presenter: Alicia Marcinko, Music Therapy Undergraduate Student

This presentation for fellow first and second year music therapy students will focus on defining and distinguishing music in therapy and music as therapy, two foundational concepts important for students' professional development. The roundtable discussion format will afford opportunities for attendees to establish working relationships with peers founded upon collaboration and shared learning.

Students

**Pitching a perfect partnership: the value of 'orchestrating' a
connection with your symphony and other professional musician**

Fountainview

Presenter: Kory Antonacci, M.S.Ed., MT-BC, NICU-MT, LPC

Learn about ways to develop a relationship with your professional symphony orchestra. This presentation will also cover the value of establishing a community partnership and will showcase examples and outlines to help music therapists provide training and support to community musicians that can be transferred to various settings and populations.

Experienced Professionals

The Use of Music Therapy in Substance Abuse Treatment

Brighton 1&2

Presenter: Allison Millstein, LCAT-LP, M.S., MT-BC

The opioid epidemic has brought to light the demand for increased therapies for substance abuse treatment. Individuals in recovery display a need for connection, autonomy, self-love and an outlet for expression. Music therapy offers dynamic means to address such needs in a holistic person-centered medium.

Entry Level Professionals



On Becoming a Clinical Composer: Considerations for Crafting and Implementing Musical Compositions **Brighton 3&4**

Presenter: Zachary Kandler, MA, MT-BC, Nordoff-Robbins Music Therapist

Musical composition has great potential to be a useful and exciting resource for therapists. Designing music for our clients opens up new ways of working musically, and thus, new therapeutic possibilities. Through video case material and live experientials, we will delve into the compositional process and what opportunities lie within.

Entry Level Professionals

Advanced Track/DEI Track: "The Cross Road Blues": Hospice Music Therapy for Patients with Chronic Mental Illness **Elwood 1&2**

Presenter: Miriam Sherk, MMT, MT-BC

In this presentation we will explore the challenges faced by the hospice clinician while caring for the mentally ill, typical end-of-life goals in hospice care, and the unique tools of the hospice music therapist in helping patients with mental illness to reach their end-of-life goals.

Experienced Professionals

DEI Track: The Intersection of Chinese Health Practices and Music Philosophies with Western Music Therapy **Haselton 1&2**

Presenter: Ming Yuan Low, MA, MT-BC

Much of current healthcare trends of mindfulness and holistic health is based on various Asian health practices. This presentation will give a brief overview of Chinese health practice and music philosophies and how it intersects with Western music therapy.

Experienced Professionals

Fireside Chat **Stoops Ferry**

Presenter: Mark Ahola, MM, LCAT, MT-BC

Come have a conversation with 2 influential music therapists of MAR, Kenneth Aigen and Bryan Hunter. They were integral in the unification of AMTA in 1998. As both reflect on the process, participants will have an opportunity to interact with their own questions and discussion. The chat will be videotaped for the MAR archives.

Entry Level Professionals



Epilepsy Education for Music Therapists

Pointview

Presenter: Paige Devlin, MT-BC

Seizure recognition and first aid can be important for music therapists, as many clients can have a comorbid diagnosis of epilepsy or a seizure disorder. Learn about different types of seizures, how to respond to seizures, and how to read and interpret seizure action plans.

Entry Level Professionals

5:00pm – 6:00pm MAR Business Meeting

Grand Station 1&2

Open meeting for all attendees.

5:00pm – 6:00pm MARAMTS Business Meeting

Grand Station 3/4/5

Open meeting for students.

6:00pm - 7:00pm Yard Sale

Outside of Grand Station Ballroom

Back by popular demand! If you are looking for gently used items, the MAR Yard Sale is the place for you. Your colleagues invite you to browse a selection of items in search of instruments, props, books, CDs, and more that are just right for you and your clients.

This event is only open for a limited time so be sure to stop by. Don't miss your chance to snag some of these tried and tested resources from your fellow MTs. We'll see you there!

7:00pm- 10:00pm Rock Hard at the Hard Rock: Music Therapy Open Mic Night

Grab your friends, colleagues, and instruments! Join us for a music therapy open mic night and show your skills off on the Hard Rock Cafe main stage! Drum Set, mics, and guitars provided. Please bring any instruments you prefer. Performances take place from 7:00pm-10:00pm, sign-ups begin at 6:30pm. Each performer (group or solo act) gets one song, approximately 5 minutes stage time. LET'S GET READY TO ROCK!!



7:00pm- 10:00pm 3 Hour CMTE

CMTE F: YWCA Examining Bias Diversity Training for Music Therapists

Grand Station 3/4/5

*3 CE contact hours for LCAT's

Presenters/Instructors: Mell Steven-Cosnek, MA; Susan Hadley, PhD, MT-BC; Marisol Norris, MA, MT-BC

This CMTE will explore culturally responsive clinical practice. Experiential learning and group discussions will be provided to 1) facilitate participants' exploration of their personal cultural identities, 2) facilitate the recognition of cultural biases within ourselves and our communities, 3) address ways in which cultural biases impact the therapeutic relationship, and 4) explore cross-cultural tensions that arise in therapeutic encounters.

This CMTE will combine a 2 hour workshop by YWCA Greater Pittsburgh Center for Race and Gender Equity with a 1 hour discussion to explore culturally responsive practice in music therapy. The workshop will examine the importance of building cultural competence and recognizing/addressing bias within ourselves and the community. This area of focus is meant to provoke self-examination and reflection. Topics addressed will include strengthening diversity and equity, fostering respect for difference, and addressing bias/micro aggressions. Participants will be encouraged to consider their opinions about difficult issues and where they stand in their beliefs about bias.

Since 1867, YWCA Greater Pittsburgh has been dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all. The YW's Center for Race and Gender Equity was created in 1996 and works to eliminate discrimination and disparities. We offer a variety of programs, trainings, and events that promote equity by deepening understanding at the individual level, creating coalitions at the group level, and strategizing systemic change proposals at the institutional level.

9:00pm - 12:00am Jam Room

Fountainview

No alcohol permitted in the jam room space. If patrons are found to be in possession of alcohol they will be asked to leave the jam room.



FRIDAY, APRIL 13

7:00am – 7:45am Yoga **Grand Station 1**

This class is appropriate for all levels of experience – from beginner to experienced. Previous experience is not needed. The focus of this class is on the connection between poses (asanas) and the breath. Come dressed to be comfortable and to move. Please bring a yoga mat or towel if possible.

7:30am – 11:00am Registration Open **Main Corridor 1st floor**

Ongoing: Mothers Lounge **Suite 1512**

Ongoing: Research Posters Display **Outside Grand Station Ballroom**

8:00am – 9:30am Advocacy Breakfast **Fountainview**
 By invitation breakfast

8:00am – 10:30am Jenny Shinn Interviews **Executive Board Room**

8:00am – 8:50am Concurrent Sessions #3: 50 minutes

Lessons Along the Road From Clinician to Researcher **Edenburg**
 Presenter: Lisa Gallagher, MA, MT-BC

This presenter will share lessons she learned as she transitioned from a clinician to clinician researcher. Helpful hints, words of encouragement, and shortcuts will be provided.

DEI Track: Queering Gender & Sexuality: Creating Inclusive Therapy Spaces **Grand Station 1**
 Presenter: Susan Hadley, PhD, MT-BC

Assumptions about gender and sexuality can lead to individuals being ‘seen,’ ‘heard,’ and identified incorrectly, thus causing harm. In this session, we explore the need to interrogate



norms related to gender and sexuality, moving towards more fluid understandings, and offer suggestions for how norms may be embedded within therapeutic spaces.

Entry Level Professionals

Creative Music Therapy: Essential Mental Health for Adolescents and Young Adults with ASD **Grand Station 3**

Presenter: Stacey Hensel, MA, MT-BC, LCAT, Nordoff-Robbins Music Therapist

This presentation will illustrate the benefits of interactive, improvisational and developmentally informed music therapy with adolescents and young adults on the Autism Spectrum. Focus will be on using these tenets within a nurturing, mindful relationship and how they directly support the mental health needs of this age group. Video case material will be utilized.

Experienced Professionals

Live Performance, Recording, and Songwriting for Music 4&5 **Grand Station**

Psychotherapy with Adult Mental Health Clients

Presenter: Ariel Avissar, MA, MT-BC, LCAT

A comprehensive approach to music therapy practice affords the clinician a deeper and more potent way to bring out healthy and provides an atmosphere for personal growth and meaningful psychotherapy for adult mental health clients will be showcased. Also provided will be current multi-media samples of live performances and using music technology and recording as well as a description of the process, product, and discussion about outcomes.

Entry Level Professionals

Advanced Track: Music Therapy with Pre-Bereaved Caregivers: A Resource-Oriented Model **Brighton 1&2**

Presenter: Noah Potvin, Ph.D., MT-BC

During pre-bereavement, caregivers are challenged with facilitating a healthy death experience for the care recipient while also attending to their own needs related to loss and grief. This session will examine music therapy's role in assisting caregivers to engage with resources necessary for pre-bereavement resiliency development.

Experienced Professionals



Congratulations! You're a New Supervisor! ...Now What?

Brighton 2&3

Presenter: Alecia Meila, MM, MT-BC

Starting your journey as a music therapy supervisor? Looking for new and creative ideas to use with your students? Want to learn about different supervision styles? This interactive session will provide opportunities to learn about the supervision process and role play novel techniques discussed.

Entry Level Professionals

A Teacher's Experience in Improvisational Music Therapy With Her Students With ASD

Elwood 1&2

Presenter: Inbar Algov Kaplan MS, MT-BC

This phenomenological inquiry examined a teacher's experience of an Improvisational Music Therapy session with her students with ASD. Four themes emerged via a thematic analysis of an interview with the teacher and the video-recorded session. Results from this study will be presented along with implications for music therapy practice.

Entry Level Professionals

The Ins and Outs of The SEMTAP Assessment Profile: How to Complete SEMTAP Assessments Using the MT-SEAS Y

Stoops Ferry

Presenter: Katie Myers, MM, MT-BC

The SEMTAP is a complex assessment tool necessary for increasing music therapy services in public schools. While the multi-step process of interviews and observations can be daunting, it's effective in providing a strong rationale for including MT on a student's IEP. Come learn tips and tricks for success and easy use!

Entry Level Professionals

Advanced Track and DEI Track: Culturally Centered Music and Imagery

Pointview

Presenter: Sangeeta Swamy, PhD, MT-BC

This session will provide an overview (through discussion and case study research) of Culturally Centered Music and Imagery, an adapted form of GIM that helps support clients from various cultural backgrounds. This approach meets AMTA advanced competencies



and ethical guidelines and is particularly important in today's climate of racism, xenophobia and anti-semitism.

Entry Level Professionals

**Bridging Trauma informed care and Participation -
Community music therapy for children and youth at risk**

Woodlawn

Presenter: Viggo Krugger, PhD

Contemporary music therapy practice is branching out to provide preventive services to populations at risk due to limited resources. The resource-oriented approach to music therapy provides the theoretical framework to explore research and interventions for music therapy groups in inclusive groups and Head Start settings, targeting social competence and emotional regulation and focusing on resilience and strength building.

Experienced Professionals

**9:00am - 2:00pm Exhibits, Internship Displays and
School Displays**

**Reflections/Waterfront/
Admirals**

9:05am - 10:45am Concurrent Sessions #4: 100 minutes

Research Poster Session

Edenburg

Presenter: Gene Ann Behrens, PhD, MT-BC

What have your fellow researchers been up to this last year? Looking for ideas for your own research project? Attend the Research Poster Sessions and support your colleagues and find out what exciting projects your colleagues have completed within a variety of methodologies. Each researcher or group of researchers will present a brief summary of their focus, design, outcomes, and application using a slide presentation. A discussion and question time will follow. The session will end with time to talk to the researchers as they present their posters.

Technology Playground

Grand Station 1

Presenter: Vern Miller, MMT, MT-BC

Learn while playing with a variety of digital music technology devices in the technology playground. This workshop will allow hands on experiences with technology to explore the



many possibilities of technology in your music therapy practice. Some of the most cutting edge music making devices will be available.

Experienced Professionals

DEI Track: Isn't it just a drum? A Deeper Look at Djembes and Congas

Grand Station 4&5

Presenter: R. Demeko Freeman MMT, MT-BC

Across populations music therapists make use of various drums and percussion to achieve therapeutic goals. Presenter will explore the cultural roots/history of the Djembe and Conga Family, including technique, tuning, and rhythms, in effort to foster a deeper cultural understanding and aesthetic of world percussion use in music therapy. *Entry Level*

Professionals

DEI Track: Diversity and Intersectionality in Older Adults: Creating Spaces to Empower Elder Voices

Brighton 1&2

Presenter: Liisa Murray, MT-BC, LCAT

Entering an institutionalized facility as an older adult can feel disempowering for many individuals. When we look deeper at the different social identities of older adults, this can inform our use of music therapy to build empowered older adult communities. This workshop will explore intersectionality, diversity, ageism, and highlight the importance of creating spaces for client-directed groups to support older adults' voices. Therapists will share examples and experientials of their work with women's group, glee club and LGBT and allies group in a long term care facility.

Experienced Professionals

Evaluate, Collaborate, and Create: The Same Sky Method

Brighton 3&4

Presenter: Michelle Weller, Music Therapy Student (Intern)

At its core, The Same Sky Method uses music therapy to teach the message of acceptance, empathy, and hope to people with individualized life challenges, including Anxiety and Traumatic Brain Injury. The presentation shares program evaluations by a Music Therapy Intern and an on-site Music Therapist, through an informative and experiential Expressive Arts workshop.

Experienced Professionals



Rhythm2Recovery - Rhythm & reflection for overcoming adversity **Elwood 1&2**
Presenter: Simon Faulkner, BSocSci (Psych); MCouns

This is a hands on workshop filled with fun and engaging rhythmic exercises that support individuals facing social and emotional challenges. The work is drawn from the authors book Rhythm to Recovery and showcases a model of practice combining rhythmic music with cognitive reflection.

Pediatric Positioning: Maximizing Functional Skills **Woodlawn**
Presenter: Allyson Zadnik, OTR/L, MT-BC

There are exciting opportunities for interdisciplinary connections between related-service providers of occupational, physical, and music therapy. The intentional use of positioning during music therapy sessions can enhance the treatment of the whole child. Purposeful positions and adaptive equipment will be demonstrated based on basic principles of child development.

Entry Level Professionals

Beyond the Basics: The Ethics of Self-Care for Music Therapists **Stoops Ferry**
Presenter: Angela Guerriero, MT-BC

This presentation will go beyond the basics to explore the ethical implications of self care for MT-BCs and their clients. Participants will engage in experiential learning throughout the workshop incorporating various mediums to support self-reflection, to increase personal awareness of self-care, and to initiate the creation of a self-care plan.

Experienced Professionals

**Music therapy assessment for minimally responsive populations:
an introduction to the MATADOC** **Pointview**
Presenter: Wendy Magee, PhD

A practical clinical skills workshop for music therapy assessment with minimally responsive populations including end-stage terminal illness, end-stage dementia, disorders of consciousness. This workshop introduces the assessment protocol used in the Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC) including the science underpinning the methods used.

Entry Level Professionals



11:00am - 12:00pm MAR Business Meeting II

Grand Station 4&5

11:00am - 12:00pm MARAMTAS Business Meeting II

Grand Station 3

12:00pm - 2:00pm Sr. Donna Marie Beck Reunion Gathering

Brighton 3&4

Welcome to Pittsburgh and welcome "home" to the many colleagues and alumni who have history in our city! The Pittsburgh area is also home to Sr. Donna Marie Beck, recipient of the AMTA Lifetime Achievement Award and former Director of Music Therapy at Duquesne University. We are excited that she will be able to spend a few hours at conference this year to reconnect with her many friends, colleagues, students, general fan club, or any curious onlookers. Please feel free to stop by to say hello.

**12:00pm - 2:00pm Exhibit Hall Spectacular
Silent Auction**

**Reflections/Waterfront/
Admirals**

Live music by "TBD" a local Duquesne University Jazz Combo

12:15pm - 1:15pm Internship Smorgasboard

**Reflections/Waterfront/
Admirals**

12:15pm - 1:45pm Networking Luncheon: Fields of Practice

Grand Station 1

Are you longing for creative connection and professional rejuvenation? Are you keen to meet other music therapists in your particular area of practice or interest? If so, professionals and students alike are encouraged to grab a cash lunch and join one of the clinical topic/population tables to network, connect, and share experiences and ideas. All are welcome!

2:00pm - 2:50pm Masters Level Entry

Grand Station 3

After 5 years of intensive work, the Master's Level Entry (MLE) Subcommittee sent their final report to the AMTA Board of Directors on November 30, 2017, with the following recommendation: The MLE Subcommittee recommends to the AMTA Board of Directors that we transition to Master's Level entry into the profession by 2030. Now the membership of AMTA takes this recommendation under consideration. This plenary session, facilitated by the President of MAR, a MAR Assembly Delegate representative to



the AMTA Board of Directors, and the Chair of the MAR Assembly Delegation, is YOUR chance to bring your questions, your concerns, your excitement, and your hopes about the future of the profession, and to dialogue with your Assembly representatives. MAR members Jim Borling, Jane Creagan, and Bryan Hunter, who served on the MLE Subcommittee, will also be on hand to provide insight into the process of the Subcommittee's work.

3:00pm – 4:40pm Concurrent Sessions #5: 100 minutes

Research Track: Defining Evidence Based Practice From Multiple Perspectives

Edenburg

Presenters: Trish Winter, PhD, MT-BC; Wendy Magee, PhD, MT-BC

Evidence Based Practice (EBP) quickly came on the scene in 1996 as multi-level decision making approach for health care practice. Over the years both positive and negative views of the concept—its use and products—have developed. The first half of this session will involve a panel of music therapists discussing EBP from various theoretical perspectives in reference to the current and future practice of music therapy. A second panel then will continue the discussion of EPB specifically relating concepts to the results of the international clinical trial "Time A" on music therapy and Autism Spectrum Disorder, led by Christian Gold.

Rising Above: Professionalism and Ethics in Advocacy

Grand Station 3

Presenters: Maria Fay, LSW, LCAT, MT-BC & AMTA Government Relations Specialist, Kimberly Sena Moore, PhD, MT-BC & CBMT Regulatory Affairs Associate

The implementation of the State Recognition Operational Plan has brought increased awareness to the music therapy profession. With this increased awareness comes the emergence of issues as legislators, state agency officials, and other healthcare organizations scrutinize the scope of music therapy practice. Come learn some of the key issues associated with pursuing state recognition, how they are being addressed, and what you can do as a proactive music therapy advocate.

Creating Rhythm-based Interventions for Music Therapy Groups

Fountainview

Presenter: Robert Miller, MS, MT-BC, Fellow of the Association of Music and Imagery



This session explores how to create and develop rhythm-based interventions for music therapy groups. We will discuss how to build interventions, including how to layer themes and metaphors over top of the experience. There will be opportunities to experience and try out multiple interventions during the session.

Entry Level Professionals

Advanced Track: The shaky marriage between music therapy **Grand Station**
4

and psychodynamics: Implications for clinical relationship

Presenter: Meghan Hinman Arthur, Ph.D., MT-BC

Many music therapists do not feel confident applying psychodynamic concepts that they may have learned about in school. Calling upon the presenter's doctoral research, this session will review weaknesses in the music therapy literature on psychodynamics and present research findings describing music therapists' experiences in intersubjective clinical relationship.

Educators/Internship Directors

Environmental Music Therapy in ICU Settings: **Grand Station 5**
Considerations for Research and Practice

Presenter: Gabriela Ortiz, MS, LCAT, MT-BC

This presentation will introduce a collaborative research study currently underway by the Louis Armstrong Center for Music Medicine and Kravis Children's Hospital examining the effects of an integrative Environmental Music Therapy (EMT) program in Intensive Care Unit settings. Presenters will offer foundational concepts of EMT and engage the attendees in workshopping skills and techniques through live music demonstrations in acute medical settings.

Experienced Professionals

A Hands-On How-To for Hip Hop Beats Creation **Elwood 1&2**

Presenter: Kate Stanley, MT-BC

Much of the literature discussing the use of hip-hop in music therapy focuses on the lyrics or thematic content of the music. This workshop aims to help clinicians understand and recreate the musical elements of hip-hop/rap. Live music-making and music technology methods will be utilized to give attendees hands-on experience.



Entry Level Professionals

Advanced Track: Assessing Students Readiness to Enter the Professional World **Woodlawn**

Presenter: Kathleen M. Murphy, PhD, MT-BC

Experienced educators will share strategies for working with students who have significant deficiencies in functional music skills, academic ability, or interpersonal skills. There will be opportunity for discussion and sharing of strategies among participants

Educators/Internship Directors

Advanced Track/DEI Track: Culture Centered Music Therapy Supervision: Diverse Perspectives and Practical Applications **Pointview**

Presenter: Susan Hadley, Ph.D., MT-BC

This presentation will explore culture centered music therapy supervision discussing diverse perspectives and practical applications. We will discuss issues related to racialization, gender identities, sexual orientation, disability, class, religion, age, language, and their multiple intersections, location of the self in therapy and navigating difficult dialogues about power, privilege, and difference.

Educators/Internship Directors

3:00pm - 4:00pm Highschool Session **Stoops Ferry**

Session for high school students and parents interested in music therapy.

4:50pm - 5:40pm Student Swap Shop **Grand Station 1**

The student swap shop is an opportunity for the exchange of clinical ideas developed by students from the Mid-Atlantic Region

4:00pm- 6:00pm Exhibits, Internship Displays and School Displays **Reflections/Waterfront/ Admirals**

4:50pm - 5:40pm State Meetings: **Stoops Ferry**
 Delaware **Grand Station 4**
 Maryland **Pointview**
 New Jersey



New York
 Pennsylvania
 Virginia/West Virginia

Grand Station 3
Fountainview
Grand Station 5

6:00pm – 7:45pm Awards Ceremony Grand Station 1&2
 Complimentary appetizers, student and professional award recognition and more!
 Entertainment by The Flying Sock Monkeys.

8:00pm - 9:30pm MAR Task Force Reception Fountainview

9:00pm – 10:00pm Drum Circle Grand Station 3/4/5
 Nellie Hill will return again this year to facilitate the drum circle experience.

9:00pm – 12:00am Jam Room Elwood 1&2
 No alcohol permitted in the jam room space. If patrons are found to be in possession of alcohol they will be asked to leave the jam room.

SATURDAY APRIL 14

7:00am – 7:45am Yoga Grand Station 1

This class is appropriate for all levels of experience – from beginner to experienced. Previous experience is not needed. The focus of this class is on the connection between poses (asanas) and the breath. Come dressed to be comfortable and to move. Please bring a yoga mat or towel if possible.

7:30am – 1:00pm Registration Open Main Corridor 1st floor

Ongoing: Mothers Lounge Suite 1512

Ongoing: Research Posters Display Outside Grand Station Ballroom

8:00am - 12:00pm Exhibits, Internship Displays and School Displays Reflections/Waterfront/ Admirals

8:00am – 9:40am Conference Committee Transition Executive Boardroom



Meeting

A brief meeting to transition from the current conference committee to the incoming committee.

8:00am – 9:40am Concurrent Sessions #6A: 100 minutes

Research Track: MAR Research Award Feature Session

Edenburg

Presenter: Joke Bradt, PhD, MT-BC

This session highlights music therapists who have won a MAR Research award for their outstanding research projects. Come hear them summarize studies with unique connections to the work of music therapists in the Mid-Atlantic Region.

Telehealth services: Group music therapy for brain injury survivors

Stoops Ferry

Presenter: Cindie L. Wolfe, MT-BC

This feasibility study examined whether group music therapy can be delivered effectively in a telehealth model, the experience of the music therapist, and the experiences of the subjects. Learn the results of the study, how to prepare for conducting tele-music therapy, and successful interventions. Participants will discuss client safety issues.

Experienced Professionals

The Music is Enough – Stepping Up Your Interventions and Repertoire for Children

Grand Station 3/4/5

Presenter: Elizabeth K. Schwartz, MA, LCAT, MT-BC

Do children, parents and others always expect you to only use very familiar songs? Come discover tools to ‘step up your game’ by digging deeper into the music while moving beyond rote into more music-centered thinking. Explore how to enhance your repertoire and communicate the rationale for music centered practice.

Entry Level Professionals

The Mindful Voice: A Framework for Using Estill Voice in Music Therapy

Fountainview

Presenter: Debrah Evans, MT-BC

Music therapists are challenged to sing many styles, establish client rapport, and maintain the strength and stamina of their voices every day. Come explore how Estill Voice Training



makes this possible through simple exercises to increase vocal awareness, build confidence across different styles, and promote vocal health.

Entry Level Professionals

That Session Was Low Key Hype: #InterventionsForAdolescents **Brighton 3&4**
Presenter: Stephenie Sofield, MT-BC, Graduate Student

Adolescent populations require music therapists to use an entirely different part of their “toolboxes,” and in some cases, build completely new ones! This presentation will share information about the unique needs of adolescent clients, as well as specific interventions that have been successful in the past for the presenters.

Entry Level Professionals

**DEI Track: Exploring the Potential of Gender Affirming
Voicework in Music Therapy** **Pointview**
Presenter: Maevon Gumble, MT-BC

Through queer autoethnographic research, the presenter has been exploring the use of voicework in music therapy to assist trans and nonbinary individuals in accessing a more authentic speaking voice through their singing voice. It is suggested that this kind of approach holds untapped possibilities within the field of music therapy.

Experienced Professionals

8:50am – 9:40am Concurrent Sessions #6B: 50 minutes

**Pop Music for Preschoolers: Adapting popular music for
early childhood populations** **Grand Station 1**
Presenter: Katy Hutchings, MM, MA, MT-BC

Explore the world of popular music, re-imagined for early childhood population. The presenters will share their work involving adapting popular music for the early childhood population and their caregivers as a way to bridge the gap between generations and inspire music therapists to expand their repertoire.

Entry Level Professionals

**Community Music Therapy and the Multi-Modal Platform;
a story of collaboration** **Brighton 1&2**



Presenter: Pamela Draper, MMT, MT-BC

Community Music Therapy's power to promote health and resilience in struggling communities is grounded in the art of reflexive collaboration. In this presentation, I will share my experience of participating in an organic iteration of community music therapy in partnership with Mural Arts Philadelphia.

Entry Level Professionals

**A Phenomenological Research Study on Thirdness with
Autism Spectrum Disorder**

Elwood 1&2

Presenter: Jamison Fox, MT-BC

This research explores the phenomenon of thirdness (a third entity that occurs when at least two individuals enter into a relationship) through a set of phenomenological interviews with three experienced music therapists working with children on the autism spectrum.

Entry Level Professional

**Advanced Track: Labyrinth Walking in Music Therapy:
A Healing Journey**

Haselton 1&2

Presenter: Corey Neifert, MA, MT-BC, LPC, ACS

A labyrinth is a tool for walking meditation and contemplation, and can be used in individual and group therapy. This workshop will help you learn about using labyrinths as part of clinical practice, and experience labyrinth walking for yourself as part of your own journey of self-discovery and introspection.

Entry Level Professional

9:55am - 10:45am Concurrent Sessions #7: 50 minutes

**Research Track: Oh I Want That Research Article!
Accessing Literature to Support Your Clinical Work**

Edenburg

Presenter: Andrea McGraw Hunt, PhD, MT-BC

While we are encouraged to go to the literature to read on treatment protocol for client populations or to design research projects, it is difficult to obtain those journal articles, reviews, or book chapters if not connected to a university or research facility. This session



is designed to provide practical tools to search and access the research literature you need for your work and research.

Music Therapy/Child Life Duet: NICU Sibling Program to End of Life **Grand Station 1**
Presenter: Shawna Vernisie, MA, LCAT, MT-BC

This presentation will encompass the collaborative efforts of Music Therapy & Child Life in the Neonatal Intensive Care Unit. The presenters will embark upon the journey of a neonate and family from birth through end of life, and how these collaborative efforts highlight the emotional process of the neonate’s siblings.
Entry Level Professionals

PASSAGES FEATURED PRESENTATION: How to be Professional **Grand Station 2**
When You’re Not Yet a Professional
Presenter: Tara O’Brien, MT-BC

So you’re at a conference and you see the director of your dream internship. Do you approach them? What do you say? Do you follow up afterwards? This presentation will outline networking tips and tricks that range from sending emails and navigating professional conference encounters, to finding your first job.
Entry Level Professionals

Understanding the Significance and Uniqueness of **Grand Station 3/4/5**
Establishing Group Norms within the Adolescent Acute
Psychiatric Setting
Presenter: Jesse Asch, MS, MT-BC

The ever-changing nature of the acute psychiatric setting presents a unique challenge in meeting the short-term and overlapping processes of each client in group music therapy. This presentation will focus on the collaborative process of establishing and maintaining group norms and culture as to maximize effective group interaction and facilitate potent therapeutic work.
Experienced Professionals

DEI Track: When the Spirit Says Sing: Accessing Clinical **Fountainview**
Integrations of Spirituality and Religion



Presenter: Kayla Sadowy, MMT, MT-BC

Spirituality and religion engage another relationship in the therapeutic process. Rather than limiting practice to a multicultural competency, music therapists possess the capacity to engage the spiritual being in the therapeutic process. This must be done through a critical lens and sensitive understanding of the complexities of spiritual and religious relationships.

Experienced Professionals

Teaching Music Technology

Brighton 1&2

Presenter: Vern Miller, MMT, MT-BC

This presentation will examine two different teaching methods, flipped classroom and maker space, used to teach students how to use digital music technology and how to make adaptive digital instruments. The results of a recent research study and its implications will be discussed.

Educators/Internship Directors

Adapting SELF for Trauma-Informed Music Therapy

Brighton 3&4

Presenter: Mary Kate McNulty, MA, MT-BC

The SELF program is a psychoeducational group curriculum within the Sanctuary Model used with children, adolescents, and adults who have experienced trauma. This presentation will provide an introduction to SELF and explore how the curriculum can be adapted for music therapy with diverse mental health populations in various settings.

Experienced Professionals

Can Music Support Emotion Regulation Development? Creating a Music Intervention Strategy

Elwood 1&2

Presenter: Kimberly Sena Moore, Ph.D., MT-BC

Emotion regulation (ER) develops in early childhood; many clinical populations experience barriers to healthy ER development. The theoretical constructs that framed a music intervention strategy targeting real-time practice of ER with preschoolers will be described. Feasibility and fidelity of the intervention will be examined, as will clinical implications.

Experienced Professionals



**The Elephant in the Room: Medical Music Psychotherapy
Within Adult Palliative Medicine**

Haselton 1&2

Presenter: Thomas J. Biglin, Jr., MA, LCAT, MT-BC

Integrating person-centered music psychotherapy within an adult palliative medical team setting is essential in providing optimal care to both the patient and their loved ones coping with the physical, emotional, psychological, and existential pain caused by their illness, even if treatment shifts from curative to comfort-based care.

Experienced Professionals

Music therapy growth in West Virginia: a 5-year journey

Stoops Ferry

Presenter: Amy Rodgers Smith, MMT, MT-BC

In West Virginia, the past 5 years have been a fulfilling journey with exponential growth of our profession. Snapshots of each step in the process will be followed by a panel discussion. Private practices, a multi-faceted university program, and task force will be presented by their respective directors.

Experienced Professionals

**Advanced Track/DEI Track: Critical pedagogy: Educational
approaches for co-investigating the dominant narratives in music therapy**

Pointview

Presenters: Patricia Winter, Ph. D., MT-BC, Noah Potvin, Ph.D., MT-BC

Critical pedagogy challenges stakeholders within educational systems to question overt and subtle power structures by asking the question who benefits? Closely held beliefs are explored and turned into action steps empowering all members to be aware of power structures inherent within society and the systems in which music therapists work

Educators/Internship Directors

11:00am – 11:50am

Concurrent Sessions #8: 50 minutes

Research Track: Research Alive

Edenburg

Presenter: Andrea McGraw Hunt, PhD, MT-BC

Dive into research! Invited researchers summarize recently completed studies on a range of topics, using different methodologies. Compare studies, ask questions, and stimulate



your own research ideas. Researchers provide a short summary of their studies followed by time for questions and discussion.

**Advanced Track: Researching GIM in Depth: Metaparadigms to Pointview
guide Mixed Methods Research**

Presenter: Aaron Teague, MA, MT-BC, LPC

The Bonny Method of Guided Imagery and Music (GIM) promotes beneficial changes in health outcomes. Mixed-methods research guided by metaparadigms can embrace, disclose, and observe the complexities of human experiences. The presentation will suggest expansions for GIM research by putting forward questions, strategies, methods, and suggestions for future GIM research.

Experienced Professionals

Career Mapping: Developing My Brand as a Music Therapist Grand Station 1

Presenter: Angel Park, MS, LCAT, MT-BC

A career in music therapy is glamorous until multiple roadblocks are encountered. We graduate with strong clinical skills, but many lack business savvy tactics. This panel discussion will inform students and entry-level professionals on how to maneuver in the healthcare world by developing a brand as a music therapist.

Students

Connor's Musical Journey: Musical Engagement of a Child with Sensory Processing Disorder Grand Station 2

Presenter: Sarah Perry, EdD, MT-BC

This session will focus on the story Connor, a bright and engaging child with special needs, primarily Sensory Processing Disorder. We will examine Connor's musical engagement, using the Flow paradigm, in his weekly music classes to gain a better understanding of his self-regulation, experience and responses to musical activities.

Students

PASSAGES FEATURED PRESENTATION: Expanding Ukulele Technique in the Clinical Setting Grand Station 3/4/5



Presenter: Alexia Lekos

This technical skills session will begin by providing a quick introduction to the ukulele. Care, tuning, and strumming will be covered briefly before different therapeutic applications of this versatile instrument are explored. Riffs from a variety of commonly used repertoire will be presented, and ukulele improvisation will be explored.

Student

A Preventive Model of Music Therapy for Children in Limited Resource Communities

Fountainview

Presenter: Elizabeth K. Schwartz, MA, LCAT, MT-BC

Contemporary music therapy practice is branching out to provide preventive services to populations at risk due to limited resources. The resource-oriented approach to music therapy provides the theoretical framework to explore research and interventions for music therapy groups in inclusive groups and Head Start settings, targeting social competence and emotional regulation and focusing on resilience and strength building.

Entry Level Professionals

Will You Still Need Me, Will You Still Feed Me, When I'm...21

Brighton 1&2

Presenter: Zachary Kandler, MA, MT-BC, Nordoff-Robbins Music Therapist

This presentation will delve into the dynamics of a vibrant group of young men in their 20s on the autism spectrum at the Nordoff-Robbins Center at NYU. Through video case material, the presenters will highlight the exciting potential of music therapy for young adults in a post-21 world.

Entry Level Professionals

DEI Track: The Role of Race: Empowering Music Therapy Students of Color

Brighton 3&4

Presenter: Jasmine Edwards, MA, MT-BC

This presentation centers on the personal experience of a graduate music therapy student of color interning at an ethnically diverse pre-school in Harlem. This anecdotal experience will be used to highlight the ways in which racial dynamics can manifest in the training experience of a music therapy student of color.

Educators/Internship Directors



The Empowerment Guide and Measuring Post Traumatic Growth **Elwood 1&2**

Presenter: Laryssa M. Creswell, Ed.D., MT-BC, LPC

The Empowerment Guide is a multivalence approach developed by the presenters for women with severe and persistent mental illness in the forensic mental health setting. It is a synthesis of relational and gender responsive theory that addresses addictions, mental health and trauma recovery, using evidence from neuroscience through art and music. The purpose of the guide is to establish safety and reality orientation, moving towards an emphasis on resilience and self-regulation using music and art therapy.

Experienced Professionals

**Songwriting in Student-Centered Learning A Model for
Developing Musical Agency** **Haselton 1&2**

Presenter: Henrik Karlsson, MA, MT-BC

Writing and performing original music can be a way for music therapy students to gain a deep understanding of treatment goals such as self-expression and community building. The presentation is based on interviews with music therapy students who organize and perform in a bi-annual songwriters' recital.

Educators/Internship Directors

11:55am – 12:00pm **Conference Farewell** **In App**

1:00pm – 4:00pm **3 Hour CMTE's**

CMTE G: LGBTQ Introductory Competencies and Interventions

**3 CE Contact Hours for LCAT's*

Presenter/Instructor: Julie Lipson, MA, MT-BC

This session provides an introductory understanding for clinicians working with lesbian, gay, bisexual, transgender, and queer (LGBTQ) clients. Participants will leave with an understanding of basic language and best practices, as well as self-awareness and biases. Experientials will include music therapy interventions to help create an open and welcoming space.



CMTE H: Clinical Applications of Blues Guitar Styles

3 CE Contact Hours for LCAT's

Presenter/Instructor: Mark Ahola, MM, LCAT, MT-BC

The blues, originated by African Americans in the deep south, is a genre that can relate to our clients of all ages and backgrounds. In this workshop, participants will learn how to better incorporate the blues guitar in clinical settings. Guitars are not provided--please bring your own. Registration will be limited to 15 participants.

CMTE I: Rethinking Psychodynamics in Music Therapy

3 CE Contact Hours for LCAT's

Presenter/Instructor: Meghan Hinman Arthur, PhD, LPC, LCAT, MT-BC

Many MTs have learned definitions of psychodynamic terms like “transference” and “projective identification,” but most don’t know how to recognize these phenomena in their work or draw upon them for clinical benefit. Refine your understanding of psychodynamics, using contemporary understandings of intersubjectivity and attendees' case material, and improve your skills! Registration will be limited to 15 participants.

1:00pm – 6:00pm

5 Hour CMTE's

CMTE J: Creative Approaches to Dementia Care

5 CE Contact Hours for LCAT's

Presenters/Instructors: Karen Jasko, MS, LPC, MT-BC; Jessica Mull, MT-BC; Carol Shultis, PhD, MT-BC

Working with persons with cognitive decline and dementia from a person-centered, creative mindset affords more options for both therapist and client. Validation Therapy (Feil) and Positive Approach to Caring (Snow) offer two models for understanding this



work. Experiential opportunities for application of these concepts to music therapy will be included.

CMTE K: Songwriting in Addictions Treatment

5 CE Contact Hours for LCAT's

Presenter/Instructor: Kathleen M. Murphy, PhD, MT-BC

This CMTE will explore outcome-oriented and experience-oriented songwriting models and their use in addictions treatment through a combination of didactic presentations and experiential exercises. The use of the 12 steps, AA/NA slogans, and stages of change as the foundation of songwriting experiences will be explored. Registration will be limited to 15 participants.

5 CE Contact Hours for LCATs

CMTE L: An Internship Curriculum Prototype: Developing Training Modules to Ensure Professional Competency

5 CE Contact Hours for LCAT's

Presenters/Instructors: April Westover Mounts, LCAT, MT-BC; Jason Willey, MMT, MT-BC; Karen Skahill, MS, MT-BC; Jennifer Trimble Ford, MS, MM, MT-BC

Music Therapists at a school serving students with special needs recently developed an internship curriculum to ensure quality instruction and competency. The resulting training approach provides both structure and flexibility for the diverse needs of concurrent interns. Ten modules including lectures, projects, and experiential exercises will be presented. Through a thorough exploration of the assignments, presentations, and skill building exercises of greatest value to both the interns and supervisors, participants will leave with the materials needed to shape this existing curriculum to meet their needs.



Presenter bios:

Elaine Abbott, Ph.D., MT-BC, is Associate Professor and Director of Music Therapy at Duquesne University. She is also a Fellow of the Association for Music and Imagery and an Associate Trainer.

Brian Abrams, PhD, LCAT, MT-BC, has been a music therapist since 1995, with experience across a wide range of clinical contexts. He currently serves as coordinator of music therapy at Montclair State University.

Mark Ahola, MM, LCAT, MT-BC, has been a music therapist for over 20 years in the Albany, New York area, having worked in areas of psychiatry, special education, and hospice.

Kenneth Aigen, DA, LCAT, MT-BC, Nordoff-Robbins Music Therapist, is the director of the music therapy program at New York University. He was president of the American Association for Music Therapy 1992-1994.

Inbar Algov Kaplan, MS, MT-BC, is a music therapy contractor and a DIRFloortime provider, serving children and adults with neurodevelopmental disabilities in various settings in New York. Inbar received her BS and MS in music therapy from Molloy College.

Joy Allen, PhD, MT-BC, is the Music Therapy Program Chair at Berklee College of Music. She has served as a practicum supervisor, internship director, academic supervisor, faculty member, and as a program administrator.

Penny Anderson Brill, a member of the Pittsburgh Symphony Orchestra's viola section since 1980, is perhaps best known for her innovative work with the use of music in health care. In addition to helping to implement and the PSO Music & Wellness program, she advises and provides resources for orchestras and orchestral musicians throughout the country wishing to play in medical settings or work with special needs children, veterans or refugees.



Kory Antonacci, M.S.Ed., MT-BC, NICU-MT, LPC, has been a clinician for over 8 years, and currently serves as a music therapist at the Children’s Hospital of Pittsburgh of UPMC. At Children’s Hospital, Kory is the internship program supervisor and is currently the primary investigator on a research study in the NICU.

Jillian Argue, MMT, MT-BC, is a music therapist with experience as a hospice clinician and hospice internship supervisor.

Jesse Asch, MS, MT-BC, is a music therapist working within acute psychiatric adult and adolescent care at Monmouth Medical Center, where he facilitates group and individual sessions, based within music-centered and resource-oriented approaches. Jesse has presented internationally on work within music-centered and neurodiverse frameworks.

Ariel Avissar MA, MT-BC, LCAT, has been practicing music therapy for 15 years. He works in adult outpatient mental health center called Baltic Street, currently developing a unique music therapy wellness and recovery program that consists of performance and recording and a range of music therapy services in Brooklyn, New York.

Stephen Baker is a multi-instrumentalist, music teacher and composer in the Washington, D.C. area. He is the owner and manager of Off-Pocket Audio in Hyattsville, MD.

Gene Ann Behrens, Ph.D., MT-BC, directs music therapy program at Elizabethtown College. Her research, presentations, and international work in Somaliland, Kenya, and Palestine has focused on neurobiology of stress trauma

Arianna Bendlin, MT-BC, completed her Bachelors of Music in Music Therapy from Elizabethtown College. She works with children and youth diagnosed with autism, developmental disabilities, and emotional behavioral disorders.

Thomas J. Biglin, Jr., MA, LCAT, MT-BC - Palliative medicine music psychotherapist at Lenox Hill Hospital. Masters in music therapy: NYU; undergraduate degree: University of



Pennsylvania. Representing LCATs as a board member of NYS Board Mental Health Practitioners.

Frank Bosco, MA, LCAT, MT-BC, Frank has been in private practice since 1980, as a “Body-oriented Music Psychotherapist”, specializing in gestalt therapy principles and trauma informed work he has integrated a wide range of somatic and psycho-therapy studies to yield his particular brand of work he calls "Elemental Music Alignment".

Gabrielle Bouissou, MT-BC, is currently a Music Therapy Research Fellow at The Louis Armstrong Center for Music and Medicine of Mount Sinai Beth Israel in New York, NY. Joke Bradt PhD, MT-BC Joke Bradt, PhD, MT-BC is Associate Professor in the Creative Arts Therapies Department at Drexel University. Her work has focused on music therapy clinical trials for chronic pain and chronic illnesses, mixed methods research, and systematic reviews.

Ryan Carroll, M.S., MT-BC, is a music therapist and internship director at Saint Elizabeths Hospital, a forensic psychiatric inpatient facility in Washington, D.C. He completed his bachelor’s degree at Seton Hill University and his master’s at Indiana University- Purdue University Indianapolis.

Wen Chang-Lit, MA, LCAT, MT-BC, CCLS, is a music therapist and the coordinator of the Asthma Initiative Program and the Advanced In Respiration (AIR) program at The Louis Armstrong Center for Music and Medicine.

Deirdre Cogan, ATR-BC, LPC, ATCS, CCTP, received of the American Art Therapy Association’s “Distinguished Clinician of the Year Award” in 2015. She serves as a consultant for the internationally recognized Center for Post Traumatic Disorders.

Olivia Cohen, MS, MT-BC, LCAT-P, graduated from Molloy College with a master’s in music therapy and is a Manager of Therapeutic Activities at the Hebrew Home at Riverdale. Olivia’s current work in long term care focuses on music therapy with older adults,



individuals with dementia, intergenerational groups, and co-leading an LGBT & Allies group.

Haley Crane, MT-BC, has been a MT-BC for 1 year and is the Director of On A Better Note Music Therapy, LLC, in Morgantown, WV.

Laryssa M. Creswell, Ed.D., MT-BC, LPC, is a board certified music therapist and licensed clinical professional counselor working the mental health field for over 15 years. She is a clinician and adjunct professor.

Paige Devlin, MT-BC, a 2015 Seton Hill University graduate, currently works for the Epilepsy Foundation of Western/Central PA as a community education coordinator, and runs a private music therapy business.

Jim Donovan M.Ed., Leader of the band Sun King Warriors, Assistant Professor at Saint Francis University, is an inspirational performer and educator who believes in the power of music to bring people together. Over the past three decades, Donovan has performed thousands of concerts and learning events across the US and Europe. As a performer, Donovan writes and records with his rootsy groove-rock band Sun King Warriors, and was also a founding member of the band, Rusted Root. As an educator, he brings his motivating brand of open-hearted, big-energy to every event he leads- whether they be a conference keynote, corporate team building, educational training or wellness retreat.

Pamela Draper, MMT, MT-BC, is a board certified music therapist with a Master's in Music Therapy from Temple University. She lives in Philadelphia and works at a drug and alcohol rehabilitation center.

Jasmine Edwards, MA, MT-BC, Jasmine earned her bachelor's degree in music therapy from Florida State University and her master's from New York University. Jasmine lives in NYC and works with young children with ASD.



Debrah Evans, MT-BC, works as a full-time music therapist at Masonic Village Sewickley. An active vocalist she attended Levels 1 and 2 of Estill Voice Training after experiencing vocal strain and now incorporates it into her own music therapy work.

Simon Faulkner, BSocSci (Psych); MCouns, specialises in music for social and emotional development, and has over 20 years experience working in mental health, prisons, trauma recovery and youth behavioral centres.

Jamison Fox, MT-BC, is a certified music teacher and music therapist. She graduated with her masters in music therapy in 2017 and currently teaches music in a special education high school.

Lynne Frederick, MM, MT-BC, is a graduate of Colorado State University and Elizabethtown College. She has been a practicing music therapist for over 25 years and has worked for CBMT for the past year.

Demeko Freeman, MMT, MT-BC, is a music therapist working primarily with older adults from diverse backgrounds. He is an accompanying percussionist for Philly Bloco, (A Brazilian Batucada) as well as various West African dance classes in the Philadelphia area. He is interested in how one's culture influences (overtly/covertly) the therapeutic space.

Lisa Gallagher, MA, MT-BC, is the Research Program Manager for the Arts & Medicine Institute at Cleveland Clinic. She is a clinical music therapist, researcher, and author; and she is a frequent presenter at the local, national, and international level. Lisa has also held offices at the state, regional, and national level; and she is the recipient of the GLR of AMTA Scholarly Activity Award and the Blair L. Sadler International Healing Arts Award.

Ashley Gant, MMT, MT-BC, is a Shenandoah University graduate and has been working at A Place To Be in Middleburg, Virginia since 2012. Ashley has worked with a variety of clients, each with their own challenges, strengths, and personalities, but most enjoys working with children and adults with developmental disabilities. She has been supervising



interns for 2 years and was part of a team that created a department-wide repertoire development resource at Shenandoah University.

Eileen Garwood, PhD, MT-BC, LCAT, is Clinical Instructor of Music Therapy at Purdue University School of Music, Fort Wayne. She has extensive experience as a clinical music therapist in private practice and has provided music therapy services in the areas of physical disabilities, mental health, neuro-developmental disabilities, palliative and hospice care and pediatric medicine.

Victoria Glaser, MT-BC, is a music therapist working at VITAS Healthcare of Philadelphia providing music therapy services to their benefiting hospice patients.

Susan Glaspell, MT-BC, is the Music Therapy Supervisor and Internship Director at Springfield Hospital Center in Sykesville, MD. She currently serves as the Mid-Atlantic Region's representative to the AMTA Association Internship Approval Committee.

Angela Guerriero, MT-BC, is a MT-BC and director of Tempo! Music Therapy Services in West Chester, PA and Nutley, NJ. Her primary research interests are school inclusion and collaboration.

Maevon Gumble, MT-BC, is currently pursuing their MMT degree at SRU. Their research interests include gender affirming voicework, queering the therapeutic space, and working with those who are gender diverse.

Susan Hadley, Ph.D., MT-BC, Professor and director of music therapy at Slippery Rock University, coordinates the MMT program, which has a strong emphasis throughout on culture and social justice.

Nicole Hahna, Ph.D., MT-BC, is an Assistant Professor in Music Therapy at Slippery Rock University (SRU). She currently coordinates the undergraduate music therapy program at SRU.



Deanna Hanson-Abromeit, Ph.D., MT-BC, teaches at the University of Kansas. She serves on AMTA's Assembly of Delegates and JMT's editorial board. Deanna's research focuses on music intervention development, particularly with infants.

Brian T Harris, PhD, MT-BC, LCAT, is a music psychotherapist in private practice in NYC. He holds a PhD in Expressive Therapies and is an adjunct faculty member at New York University and a core faculty member of the Kint Institute.

Nicole Hayes, CCLS, is a Certified Child Life Specialist at Cohen Children's Medical Center, where she specializes in working within neonatal and pediatric intensive care, Pre-Surgical Testing, and emergency medicine.

Stacey Hensel, MA, MT-BC, LCAT, Nordoff-Robbins Music Therapist, has extensive experience as a clinician, instructor and supervisor in a music centered music therapy model. Stacey is the supervisor of the Music Therapy Department at the Rebecca School and founder of Innovative Music: Creative Arts Therapy Services, PLCC. Stacey has certifications in DIRFloortime©, Nordoff-Robbins Music Therapy and Vocal Psychotherapy.

Meghan Hinman Arthur, MT-BC, Ph.D. is a psychotherapist in Denver, CO. She worked as a music therapist in end-of-life care settings for ten years, and completed doctoral training in depth psychology.

Rachael Holmes MA, MT-BC, is the Creative Arts Therapy Director at Young Children's Center for the Arts, a non-profit preschool in South Philadelphia. She received her MA in Creative Arts Therapy with a concentration in music therapy from Drexel University.

Karla Holsclaw MT-BC Karla has been a private practice MT-BC for over 15 years in Charleston, WV.

Scott Horowitz, MA, LPC, MT-BC, ACS, is Director of Field Education and music therapy faculty member at Drexel University. He has been practicing music therapy in a variety of settings for over 9 years.



Maria Hricko Fay, LSW, LCAT, MT-BC, Fellow of the Association for Music and Imagery. Maria works part-time for the American Music Therapy Association as a Government Relations Specialist. She also served on the MAR Board for 6 years as the Government Relations Chair.

Andrea Hunt, PhD, MT-BC, is Assistant Professor and Clinical Coordinator at Immaculata University. Her clinical experience spans skilled nursing, inpatient psychiatric, and residential drug and alcohol treatment settings.

Bryan Hunter, Ph.D., LCAT, MT-BC, is a Professor of Music Therapy and Chair of the Creative Arts Therapy Department at Nazareth College. He served as President of NAMT in 1994-95.

Katy Hutchings, MM, MA, MT-BC, works at Young Children's Center for the Arts, an inclusive early childhood center in Philadelphia. She received her MA in Music Therapy and Counseling from Drexel University.

Flossie Ierardi, MM, LPC, MT-BC, is Music Therapy Program Director at Drexel University, where she teaches Clinical Musical Improvisation. She has used clinical improvisation with a broad range of clinical and community populations.

Nancy A. Jackson, PhD, MT-BC, is the Director of Music Therapy at Purdue University Fort Wayne. She has extensive experience in music psychotherapy, medical music therapy and music therapy for children with ADHD.

Keith Jackson, PhD, Keith is currently serving as Interim Dean of the College of Creative Arts at West Virginia University. He served as the Director of the School of Music from 2008-17. He is President-Elect of the WV Music Educators Association and a member of the Commission for Accreditation for the National Association of School of Music.



Karen Jasko, MS, LPC, MT-BC, has worked with older adults for 29 years in skilled nursing, personal care, independent living and rehabilitation settings. Karen is a GIM Fellow and a Certified Validation Worker.

Stephanie Kaiser, MT-BC, is a music therapist at Capital Music Therapy Services based in the Washington, DC area. She graduated from Colorado State University in 2016.

Zachary Kandler, MA, MT-BC, Nordoff-Robbins Music Therapist, is a Nordoff-Robbins music therapist and works with a wide range of clients at Rebecca School and the NR Center at NYU, including children, adolescents, and adults.

Henrik Karlsson, MA, MT-BC, is assistant professor and music therapy coordinator at Howard University's music department in Washington, D.C. He received his masters degree in music therapy from the Royal College of Music in Stockholm, Sweden, in 2010.

Viggo Kruger, PhD, Associate Professor, GAMUT, University of Bergen. Krüger is chair of Norwegian Association for Music Therapy (NFMT). He is also chair of Community Music Therapy Project, "Come Closer". Since 1987 Krüger has been full member of Norwegian Grammy award winner band Pogo Pops.

Alexia Lekos, Music Therapy Student, Alexia Lekos is a dual major in Music Therapy and Applied Music with concentrations in violin and piano, and a minor in School and Counseling Psychology at the State University of Fredonia. She gives private and group ukulele instruction.

Heidi Lengel, MMT, MT-BC, Certified Birth & Bereavement Doula (CD(SBD)), supports people encountering fertility challenges, pregnancy & infant loss, perinatal mood disorders, and childbirth. Heidi encourages families, birth professionals, and healthcare systems throughout Philadelphia, PA. Learn more at www.fulheartfamilysupport.com.



Julie Lipson, MA, MT-BC, owns Inner Rhythms Music and Therapy Center in Philadelphia. She specializes in working with LGBTQ clients, and also works at a camp for transgender youth.

Ming Yuan Low, MA, MT-BC, is a Nordoff-Robbins Music Therapist, currently a PhD student at Drexel University's Creative Arts Therapies program. His current research focus includes neurodiversity in healthcare and the intersection chinese philosophies and health practices and western music therapy.

Wendy Magee, PhD, is Professor in the Music Therapy program at Temple University. She is an experienced researcher in brain injury rehabilitation, with a focus on assessment and disorders of consciousness.

Alicia Marcinko, Music Therapy Undergraduate Student, is a first year music therapy student at the Mary Pappert School of Music at Duquesne University

Katie Martin, MT-BC, has been a MT-BC for 2 years and is the Creative Arts Therapy Coordinator at the WVU Center for Excellence in Disabilities in Morgantown, WV.

Kimberly McInnis, BMus, CMT Estill Voice Training, is a singer, musician, and educator based in Pittsburgh, PA. She is the owner of Immortal Song Artist Development and a Certified Master Teacher in Estill Voice Training.

Mary Kate McNulty, MA, MT-BC, is a music therapist at Friends Hospital. Her clinical work has included children, adolescents, and adults in residential and acute psychiatric care settings.

Alecia Meila, MM, MT-BC, has worked with hospitalized and medically fragile individuals, and individuals with developmental disabilities. She has supervised music therapy practicum students and interns, and was a clinical supervisor and teaching assistant at the University of Miami. Alecia currently works with individuals with intellectual and developmental disabilities in New Jersey.



Vern Miller, MMT, MT-BC, joined the Slippery Rock University Music Therapy Faculty in Fall 2016. He has published and presented on music technology in music therapy both regionally and nationally.

Robert Miller, MS, MT-BC, Fellow of the Association of Music and Imagery, is a music therapist, drum circle facilitator, and GIM fellow in Pittsburgh, PA. He works for UPMC and is co-founder of Music for Life of Pittsburgh, LLC.

Allison Millstein, LCAT-LP, M.S., MT-BC, is a masters level certified music therapist living and working in New York. Allison works as a music therapist at an in-patient substance abuse treatment center in Manhattan.

Jill Mulholland, MS, LCAT, MT-BC, is a professionally credentialed, board certified music therapist who has been working since 2005 as the Program Coordinator for The Rebecca Center for Music Therapy at Molloy College. She received her Masters of Science degree in Music Therapy from Molloy College and obtained an advanced certification in Nordoff-Robbins Music Therapy in 2011. Jill also serves as an adjunct professor for undergraduate music therapy students at Molloy College.

Jessica Mull, MT-BC, is an adjunct professor at Duquesne University. As a Certified Validation Worker and Alzheimer's support group leader she provides music therapy services to seniors living in care facilities and in the community.

Bryan Muller, Ph.D., MT-BC, Fellow of the Association for Music and Imagery Bryan J. Muller, Ph.D. maintains a private psychotherapy practice for adults using Guided Imagery and Music. Bryan also teaches clinical musicianship to undergraduate and graduate music therapy students at Immaculata University.

Kathleen M. Murphy, PhD, MT-BC, is the Music Therapy Division Director and Assistant Professor of Music Therapy at Loyola University. She has extensive experience working with adults and children in a variety of healthcare settings.



Liisa Murray, MS, MT-BC, LCAT, is a music therapist at the Hebrew Home at Riverdale in New York. Currently Liisa is focusing on empowering marginalized groups within geriatric care in her work pioneering an LGBT and allies group, as well as running a women’s group for older adults. She also runs workshops and individual sessions utilizing singing as a form of wellness.

Katie Myers, MM, MT-BC, NICU-MT, EMT-B, works at Levine Music, where she supervises clinical students and interns and engages in clinical work with special learners, at-risk youth, individuals with Autism, and early intervention populations.

Corey Neifert, MA, MT-BC, LPC, ACS, is the director of therapeutic services at Northbrook BHH in NJ, providing leadership, supervision, and music therapy. Corey also teaches music therapy as an adjunct professor at Immaculata University.

Marisol S. Norris, MA, MT-BC, is a doctoral candidate and visiting assistant professor at Shenandoah University. Her research focus includes pedagogical approaches to multicultural competence, and models of constructive racial engagement.

Tara O’Brien, MT-BC, is a music therapist at Monroe #1 BOCES in Rochester, NY. She is currently serving as the Public Relations Chair for MAR-AMTA.

Kristen O’Grady, MA, LCAT, MT-BC, is the Director of Creative Arts Therapies at the Elizabeth Seton Pediatric Center.

Gabriela Ortiz, MS, LCAT, MT-BC, is a Nordoff Robbins Music Therapist and researcher working at Mount Sinai’s Kravis Children’s Hospital. She is also a Ph.D. student at Temple University.

Angel Park, MS, LCAT, MT-BC, Angel has completed vocal psychotherapy training and has over seven years of experience in psychiatric and medical settings. Currently, she is employed at Bellevue Hospital and is a MBA candidate.



Yazmin Peña, a 2015 Allegheny College graduate, majored in psychology, currently works for the Epilepsy Foundation of Western/Central PA as a community education coordinator.

Gregory S. Perkins, MT-BC, currently works as a board-certified music therapist at Tempo! Music Therapy Services in Nutley, NJ and is trained in developmental models in autism intervention and the DIRFloortime model.

Sarah Perry, EdD, MT-BC, is an adjunct Assistant Professor at Teachers College, Columbia University and Brooklyn College, Conservatory of Music, focusing on inclusion in the arts and teaching music to children with special needs.

Thomas J. Peters, Graduate Music Therapy Intern, is a graduate student at SUNY New Paltz finishing his degree in May 2018. He is currently an intern at Baltic Street Clinic under the supervision of Ariel Avissar. Before starting his music therapy degree, Peters accompanied vocalists, community choruses, and musical productions in the Central New York area.

Donna W. Polen, LCAT, MT-BC, is Coordinator for Music Therapy at Finger Lakes DDSO in Newark, NY, and serves as an adjunct clinical supervisor at Nazareth College and adjunct instructor at SUNY Fredonia. She serves as the Chair of the New York State Task Force on Occupational Regulation, and is the Chair of the MAR Assembly Delegation.

Noah Potvin, Ph.D., MT-BC, is an assistant professor of music therapy at Duquesne University with a joint appointment in the Mary Pappert School of Music and the school of nursing. Noah recently completed his dissertation developing a theoretical model of resource-oriented music therapy with pre-bereaved hospice caregivers. Noah has published and presented internationally, nationally, and regionally on a variety of topics related to medical music therapy, including spirituality at the end of life and symptom management.



Molly Pow, MS, MT-BC, has a B.S. in Music Therapy from the State University at Fredonia, M.S. in Creative Arts Therapy from Nazareth College, and has been board certified since 2009. She specializes in neurodegenerative disorders, mental illness, end of life, and person centered care. She is currently employed at Friendly Senior Living, in Rochester NY, works in private practice, and provides on-site clinical supervision for undergraduate and graduate music therapy students.

Rachel Reed, MT-BC, is a graduate student in music therapy at Slippery Rock University.

Dena Register, PhD, MT-BC, has been a MT-BC for 25 years and is Associate Professor of Music Therapy in the WVU School of Music.

Amy Rodgers Smith, MMT, MT-BC, has been a MT-BC for 10 years and is Assistant Professor of Music Therapy in the WVU School of Medicine.

Kayla Sadowy MMT, MT-BC, has worked in hospice and bereavement for over five years. She has also worked with children on song-writing and album production. Kayla maintains a small private practice.

Elizabeth K. Schwartz, MA, LCAT, MT-BC, Elizabeth K. Schwartz specializes in early childhood and school based treatment in New York. She is an adjunct instructor at Molloy College and co-founder of Raising Harmony: Music Therapy for Young Children.

Kimberly Sena Moore, PhD, MT-BC, is music therapy faculty in the Frost School of Music at the University of Miami, Associate Editor-Communications for the Journal of Music Therapy, and Regulatory Affairs Associate for the Certification Board for Music Therapists.

Miriam Sherk, MMT, MT-BC, is a music therapist for The Medical Team Hospice in Southeast Michigan. Prior to working in hospice Miriam worked in mental health settings in the Philadelphia area.



CJ Shiloh, MT-BC, is co-founder of The Musical Autist and owner of Annapolis Music Therapy Services. She serves on the AMTA Strategic Priority on MT & ASD committee. Carol Shultis PhD, MT-BC Carol Shultis, PhD, MT-BC, has worked with older adults in medical and long term care settings for over 30 years and trained with Naomi Feil. Currently she works with medical and hospice patients and older adults.

Karen Skahill, MS, MT-BC, is a graduate of Nazareth College, where she recently completed her degree in Creative Arts Therapy. In her 9th year at Mary Cariola, she is an internship supervisor.

Stephenie Sofield, MT-BC, Graduate Student, provides music therapy to child witnesses of domestic violence at the Atlantic County Women's Center in Linwood, NJ. She is completing her Master's of Music Therapy at Ohio University.

Suzanne Sorel, DA, LCAT, MT-BC, Dr. Suzanne Sorel is Director of Graduate Music Therapy at Molloy College, Rockville Centre, NY, where she has been teaching since 1991. She practiced for 13 years at the Nordoff-Robbins Center for Music Therapy at New York University achieving Level III Certification and consults at The Rebecca Center for Music Therapy at Molloy. She is the author of several chapters in music therapy texts, as well as the composer of many musical compositions.

Kate Stanley, MT-BC, is a music therapist at Saint Elizabeths Hospital in Washington, D.C. She is working towards a Masters in Music Therapy from Temple University.

Mell Steven-Cosnek, MA is Program Manager for YWCA's Center for Race and Gender Equity. In her 15+ years with the YW, Mell has designed and implemented many workshops, trainings, and events addressing diversity, voting rights, and social equity. She also serves as the primary administrator for several community justice and advocacy programs, including the Week Without Violence, Racial Justice Awards, and Stand Against Racism. Prior to her work with YWCA, Mell was a high school teacher in the subjects of government, psychology, and African American history. She received her BA from Carlow University in Pittsburgh and her MA from Loyola University in Baltimore.



Joy Sulewski, Music Therapy Undergraduate Student, is a first year music therapy student at the Mary Pappert School of Music at Duquesne University

Laura Sun Cefaratti, Autistic Self-Advocate, is an autistic self advocate, co-founder of The Musical Autist nonprofit and a musician who performs in the community.

Sangeeta Swamy, PhD, MT-BC, Dr. Sangeeta Swamy is assistant professor at Molloy College. She specializes in culturally centered music therapy research and is the co-editor of the Handbook of Music Therapy.

Ginger Taylor provides Physical Therapy as a related service for the Allegheny Intermediate Unit. She has experience as a school-based therapist as well as in program development and hospital administration.

Aaron K. Teague, MA, MT-BC, LPC, has worked clinically in multiple settings. He has taught as adjunct faculty with University music therapy programs and trained both pre-internship and internship students.

Beth Toler, Th. D., M. Div., LMFT, is an Assistant Professor of Pastoral and Theological Studies at Neumann University. As an ordained minister and LMFT, Beth has been integrating spirituality into clinical work for 15 years.

Jennifer Trimble Ford, MS, MM, MT-BC, a graduate of Ithaca College, and the Peabody Conservatory, Jen recently completed her degree in Creative Arts Therapy at Nazareth College, and joined the music therapy team at Mary Cariola in January, 2015.

Gary L. Verhagen, LCAT, MT-BC, is currently working for the Fairfax County Public School System providing music therapy and behavior management services to middle school special education students. He currently serves as the MAR Parliamentarian, is on the AMTA Assembly of Delegates, and is an Assembly Representative to the AMTA Board of Directors.



Shawna Vernisie, MA, LCAT, MT-BC, is the Internship Director of Music Therapy at Cohen Children’s Medical Center, where she specializes in working with pediatric patients in critical, surgical, and palliative care.

Michael Viega, Ph.D., LCAT, MT-BC, Fellow of the Association for Music and Imagery, Dr. Michael Viega is Program Director and Assistant Professor of Music Therapy at the State University of New York, New Paltz. He is President of the Mid-Atlantic Region of the American Music Therapy Association. His clinical and research interests include adolescent development, therapeutic songwriting, the use of popular music in therapy, and arts-based research methodologies.

Rebecca Warren, MT-BC, Graduate Student, is a board-certified music therapist at Chautauqua Nursing and Rehabilitation Center. She will complete her M.M. in Music Therapy at Fredonia, State University of New York in December.

Jonathan Weiss, MA, MT-BC, LCAT, Nordoff-Robbins Music Therapist, Jonathan is a Nordoff-Robbins music therapist and works at a hospital for children and adolescents in New York City.

Michelle Weller, Music Therapy Student (Intern), is a graduate of Slippery Rock University of Slippery Rock, Pennsylvania. She completed her music therapy internship at A Place to Be of Middleburg, Virginia during the fall of 2017.

April Westover Mounts, LCAT, MT-BC, has worked at Mary Cariola Children’s Center for 20 years. In addition, she is a clinical supervisor for Nazareth College and director of the internship program at Mary Cariola.

Jason Willey, MMT, MT-BC, has been a member of the music therapy team and an internship supervisor at Mary Cariola Children’s Center since 2006. Jason is also an adjunct faculty member at Nazareth College and currently serves as the Mid-Atlantic Region’s Student Affairs Advisor.



Patricia Winter, Ph.D., MT-BC, is an Associate Professor of Music at Radford University. Her classroom experiences have inspired her to present nationally and regionally about pedagogical practices for music therapy educators. **Cindie L. Wolfe MT-BC** Cindie L. Wolfe, MT-BC, a graduate of Radford University, owns a private practice in Blacksburg, VA. She works with a wide variety of populations, specializing in brain injuries and veterans.

Allyson Zadnik, OTR/L, MT-BC, is an Occupational Therapist employed by the Allegheny Intermediate Unit. She is an advocate for music therapy, and has been a board certified music therapist since 1999.