

# High School Students:

## Have you ever wondered about Music Therapy, as a career?

Have you ever been curious as to what a music therapist does? Does it fit in with your love of music and your hope of showing compassion to people in the world?

What is the training like? Are there colleges in the Pittsburgh area? Is there a certification (yes) and what's the process to complete this?

Now is your chance to find answers to these are more questions, such as:

### I. Ask a Music Therapy Professor:

- What's your university and MT department like?
- What philosophy or approach is taught in your dept?
- How many students are in your school? What levels of students are there? (undergrad, equiv, masters equiv)
- Your parents will want to know about employability of an MT and pay
- Find out about the Music Therapy profession as a whole, the national organization, the AMTA, and the number of MTs in our nation.

### 2. Ask a Clinician (Music Therapy Professional):

- How many clients do you work with? What populations do you serve?
- Walk us through a typical day
- How did you get into MT?
- What are the biggest struggles as a professional music therapist and how do you handle them?
- What are the **biggest joys** of being an MT? What's your passion?
- See a demo of MT interventions, bringing MT to life through You, the audience.

### 3. Ask an MT Student:

- Please tell us about your classes and curriculum.
- What's it like to be a Student MT ?
- Why did you choose MT?
- When you were a high school student, what did you wish you knew?

### About Music Therapy

As defined by The American Music Therapy Association (AMTA), music therapy is the "clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program." Board certified music therapists must earn a minimum of a bachelor's degree in music therapy from one of over 70 AMTA approved colleges and universities, 9 of which are in Pennsylvania. The degree includes a minimum of 1,200 hours of clinical training, courses in music, psychology, science and liberal arts. Once their education and clinical training is completed, prospective music therapists may sit for the Certification Board of Music Therapists (CBMT) national exam to receive board certification. Maintenance of board certification is contingent upon completing continuing education credits throughout each five-year cycle.

For information about the conference, please visit <http://mar-amta.org/conference>. For the high school session, please contact Haley Welsh, at [haleywelshmtbc@gmail.com](mailto:haleywelshmtbc@gmail.com).

