



American Music Therapy Association Mid-Atlantic Regional Chapter

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MAR-AMTS Fall Business Meeting 2020

September 25th, 2020 at 7pm via Zoom

This meeting was recorded to allow those who could not attend to view it independently and to provide closed captioning if needed. The link to the recording will be put on the MAR-AMTS website and emailed to all attendees and chapter reps.

All participants were made aware of the intent to record the meeting ahead of time and were told when the recording began.

Opening Procedures:

- a. Call to Order, R. Kovaly, 7:04pm 9/25/20
- b. Roll Call, K. Hock
 - i. Officers
 1. Rachael Kovaly, President, *Present*
 2. Lauren Armstrong, President Elect, *Present*
 3. Faith Ausfresser, Vice President, *Present*
 4. Emma Lambert, Parliamentarian, *Present*
 5. Katie Hock, Secretary, *Present*
 6. Kenna Daily, Treasurer, *Present*
 7. Lauren Carter, Government Relations, *Present*
 8. Michaela Haas, Public Relations, *Present*
 9. Spencer Cole, Historian, *Present*
 10. Molly Pow, Student Affairs Advisor, *Present*
 - i. Schools
 11. Duquesne University, *Present 2/2 reps*
 12. Elizabethtown College, *Present 2/2 reps, 1 e-board member*
 13. Immaculata University, *Present 2/2 reps*
 14. Marywood University, *Present 2/2 reps*



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

15. Molloy College, *Present 2/2 reps*
 16. Montclair State University, *Present 3/3 reps*
 17. Nazareth College, *Present 2/2 reps*
 18. New York University, *Present 2/2 reps*
 19. Radford University, *Present 2/2 reps*
 20. Roberts Wesleyan College, *Present 1/2 reps*
 21. Rowan University, *Present 2/2 reps*
 22. Seton Hill University, *Present 2/2 reps*
 23. Shenandoah University, *Present 1/2 reps*
 24. Slippery Rock University, *Present 2/2 reps, 1 e-board member*
 25. SUNY Fredonia, *Present 2/2 reps*
 26. Temple University, *Present 2/2 reps*
 27. Washington Adventist University, *Present 1/3 reps*
 28. West Chester University, *Present 1/2 reps*
 29. West Virginia University, *Present 2/2 reps*
- a. Review of Robert's Rules of Order, E. Lambert
 - i. Respect when someone else has the floor, wait for your turn to speak
 - ii. You must make a motion to open the floor for discussion or to make a vote before we can discuss the topic at hand
 - iii. We will be utilizing the chat box and hand raise feature of zoom to know when someone has something to say, otherwise attendees will be muted
 - b. Approval of Agenda, R. Kovaly
 - i. **Motion to approve the agenda: Nazareth College, Rowan University**
 - c. Reading and Approval of Minutes, K. Hock
 - i. **Motion to bypass reading and approval of the minutes: WVU, SRU**

Reports:

1. Officers
 - a. *President Report, R. Kovaly*



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- i. Transitioned from President Elect to President
 1. Transitioned over the GSuite
 - ii. Assisted Lauren Armstrong in transitioning into the President-Elect position
 - iii. Met with CHADI about a collaboration and ways to further our efforts as the student board
 - iv. Made sure all of the students on the board had their necessary materials
 - v. Planned, set a date, and attended the SBM
 - vi. Met with the board for our September meeting
 - vii. Planned for the FBM
- b. *President Elect Report, L. Armstrong*
- i. Fully transitioned from the Gmail to the Gsuite account
 - ii. Sent monthly updates to the E-Board
 - iii. Attended the September board meeting
 - iv. Brainstormed ideas for a social event during passages
- c. *Vice President Report, F. Ausfresser*
- i. Transitioned into VP role
 - ii. Met with student board members
 - iii. Attended professional board meeting, transitioned into being a voting member
 - iv. Submitted student report for Tuning into Rx Newsletter
 - v. Will be attending the professional board's FBM on 10/4 and 10/5
- d. *Parliamentarian Report, E. Lambert*
- i. Went over all by-laws in search of revisions
 - ii. Became more familiar with Robert's Rules of Order
 - iii. Brainstormed ideas for Swap Shop and prepared to set up the Swap Shop Committee
- e. *Secretary Report, K. Hock*
- i. Edited minutes from Summer Business Meeting and shared them with the e-board and MAR Webmaster



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- ii. Continued to update chapter rep contact information and shared final contact info with e-board
- iii. Updated list of sister schools
- iv. Passed on information regarding Passages conference and Fall Business Meeting to chapter representatives
- v. Attended e-board meetings
- vi. Contacted inactive schools with information on becoming active chapters
 - 1. Followed up with West Chester University, Roberts Wesleyan College, and Washington Adventist University
 - 2. Established an open line of communication with activating schools
- vii. Created and shared the Fall Business Meeting welcome packet
- viii. Emailed zoom link for FBM to expected participants
- f. *Treasurer Report, K. Daily*
 - i. Obtained 2 Sheet Music Plus gift cards for Passages Virtual Raffle
 - ii. Researched Fundraising options for MARAMTS
 - iii. Attended September Meeting
 - iv. Created the Proposal Budget for July-Dec 2020
- g. *Government Relations Report, L. Carter*
 - i. Attended Summer Business Meeting
 - ii. Attended full board September Meeting
 - iii. Fully transitioned to Gsuite
 - iv. Kept track of last years MARAMTS Gives Back donations to get them to Instruments of Healing
 - v. Continue monitoring legislative happenings in every state in our region
 - vi. Continue updating student representative contact information
 - vii. Started preparing for MGB by researching organizations
- h. *Public Relations Report, M. Haas*
 - i. Completely transitioned from Gmail to GSuite
 - ii. Published the Website!
 - iii. Continued to update said website



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- iv. Created drafts for newsletters
 - v. Maintained the social media sites
 - vi. Reinstalled the use of LinkTree to our instagram (which previously had stopped working)
 - vii. Deactivated our Twitter to mainstream views and reach
 - viii. Attended the September meeting
 - ix. Started creating a MARAMTS Diversity committee
 - i. *Historian Report, S. Cole*
 - i. Worked on the “current history” timeline
 - ii. Emailed with Mark Ahola, MAR-AMTA Historian
 - iii. Began work on the Schools history timelines
 - iv. Reviewed the new historian position with the officer duties timeline
 - v. Began work on the general history of MARAMTS in relation to MARAMTA
 - j. *Student Affairs Advisor Report, M. Pow*
 - i. Attended all meetings
 - ii. Helped e-board acclimate to new positions and supporting them in making the role their own
 - iii. Open to support any students/clubs whenever needed
 - iv. Passages is tomorrow, hosted by Elizabethtown and by co-chairs Emily Match and Becki Warren
 - v. Our profession is undergoing changes in order to combat systemic injustice
 - vi. 2020 National Conference is online, coming up in November!
2. Schools
- a. *Duquesne University*
 - i. Set up a buddy system to pair upper- and underclassmen
 - ii. Held an outdoor picnic
 - iii. Plans to host fundraisers through Giving Bean and a Crowdfunding campaign



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- iv. Hosting the annual Fall Benefit Concert online
 - v. Will be transitioning annual events to online platforms
 - vi. Black lives matter, the club is doing everything they can to foster inclusion and help students feel accepted and heard
- b. Elizabethtown College*
- i. Reimagine annual activities to be held virtually
 - ii. Welcoming the freshman class
 - iii. Celebrated International Peace Day as a club, shared celebration virtually
 - iv. Fundraising through candle sales
 - v. Working on a virtual recital for a local assisted living facility
 - vi. Hosting Passages online tomorrow!
- c. Immaculata University*
- i. Reelected e-board
 - ii. Established regular meetings
 - iii. Set goals for online events and fundraising
 - iv. Shifting focus to public outreach and education
 - v. Setting up virtual “coffee house” events throughout the year
 - vi. Graduate students established a support group for incoming freshmen to help acclimate them to the music therapy program
- d. Marywood University*
- i. Elected a new e-board
 - ii. Virtual club meetings
 - iii. Revised and submitted club’s constitution at Marywood
 - iv. Providing music therapy monthly for SOAR, Marywood’s life skills program
 - v. Celebrated International Day of Peace with an outdoor celebration
 - vi. Upcoming fundraisers- clothing sale, outdoor concert, virtual Bingo event
 - vii. Assigning Whole Note/Half Note pairs
 - viii. Beginning a music therapy advocacy project
- e. Molloy College*



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- i. Elected new chapter rep
 - ii. Held a showing of opera “I Am a Dreamer Who No Longer Dreams,” produced by the White Snake Project
 - iii. Made a thank you video for music department faculty for work during pandemic along with other Molloy music majors
 - iv. Planned many virtual events for upcoming semester
- f. Montclair State University*
- i. Held a virtual open mic night
 - ii. Holding both general and eboard meetings
 - iii. Check-ins with students in the music therapy community
 - iv. Song-share with club members to create a Spotify playlist
 - v. Intervention swap shop
 - vi. Planning a socially distanced outdoor open mic night
 - vii. Active with Montclair’s Musicians for Social Justice
 - viii. Focus on becoming more inclusive, socially-aware, and social-justice oriented
- g. Nazareth College*
- i. Transitioned new eboard
 - ii. Theme of inclusivity and self-care for club members
 - iii. Transitioned to zoom meetings
 - iv. Developing virtual club events including Bingo and a scavenger hunt
 - v. Mentor/mentee program implemented
 - vi. Undergraduate check-ins between upper- and underclassmen to promote conversation about the music therapy profession and Naz’s program
 - vii. Working on virtual mini-conference
- h. New York University*
- i. Focus on creating a safe space to process the pandemic and racial injustice as a club
 - ii. Virtual hangouts to meet new students and bond



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- iii. Plans to create an inclusion task force to look at the NYU music therapy curriculum to make it more culturally inclusive
- iv. Hosting a monthly intervention Swap Shop
- v. Online fundraiser for the Nordoff-Robbins center
- i. *Radford University*
 - i. Elected a new e-board
 - ii. Transitioned from in person to zoom meetings
 - iii. Radford's music therapy program is enacting an updated curriculum this year
 - iv. Hosting virtual movie nights
 - v. Individual service hour opportunities
 - vi. Working on fundraising within the community
- j. *Roberts Wesleyan College*
 - i. Activating their chapter with MAR-AMTS this year!
 - ii. In the process of getting the club up and running
 - iii. Plan to start a dialogue about music therapy within school to involve underclassmen more heavily in the program
- k. *Rowan University*
 - i. Volunteering at local senior center
 - ii. Raising money for the Music in Motion scholarship for a music therapy student
 - iii. Club fundraisers
 - iv. Presented at an elementary school
 - v. Debuted the A Tempo program which pairs upper- and lower classmen to assist in mentorship, tutoring, and social support
- l. *Seton Hill University*
 - i. Fundraising through annual Love Notes concert, bake sale, t-shirt sales, and sticker sales
 - ii. Completed a service project to make dog toys for a local shelter
 - iii. Implemented a buddy system for upper- and underclassmen



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- iv. Held club bonding events
- v. Hosted 3 virtual open mic nights
- m. *Shenandoah University*
 - i. Hosted a bonding event through big/little program
 - ii. Sponsoring students to be a part of club so that financial pressure does not impede participation
 - iii. Working to foster an anti-racist community through seminars, events, and the allocation of resources
 - iv. Goal to create a safe space for peers
- n. *Slippery Rock University*
 - i. Started a Whole Note Half Note mentoring program to welcome incoming freshman
 - ii. E-board is discussing social media initiatives, virtual socials, and fundraising
 - iii. Began an alumni database for music therapy graduates
 - iv. Collecting videos for a virtual Black Lives Matter benefit concert
- o. *SUNY Fredonia*
 - i. Big Note/Little Note mentor program
 - ii. Weekly zoom meetings
 - iii. Designing new club t-shirts
 - iv. Working to revamp social media presence
 - v. Brainstorming ideas for future events- guest speakers, virtual instrument workshops, information sharing about internship and careers
 - vi. Testing and troubleshooting technology for teletherapy clinical
 - vii. Workshop on strumming patterns for guitar and ukulele
 - viii. Workshop for intervention sharing
- p. *Temple University*
 - i. Excited that many students are continuing with clinical placements
 - ii. Beginning regular zoom meetings
 - iii. Buddy system to pair upper- and underclassmen



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- q. Washington Adventist University*
 - i. Activating their chapter with MAR-AMTS this year!
 - ii. Applying for a music therapy club at WAU
 - iii. Excited to be joining :)
- r. West Chester University*
 - i. Activating their chapter with MAR-AMTS this year!
 - ii. Growing as a new program and club
 - iii. Hosting virtual open mic nights, guest speakers, and community drum circles
 - iv. Working on fundraisers to combat COVID's financial stressors
- s. West Virginia University*
 - i. Rebranding club to combat low participation
 - ii. E-board is working on a new foundation for increasing membership

New Business

1. Review of Chapter Representative Duties, K. Hock
 - a. Read a summary of chapter rep duties from the updated Officer Duty Manual
 - b. Suspended the AMTA membership requirement for all chapter reps serving during the 2020-21 term due to the financial strain brought on by COVID-19
2. Review of Sister Schools
 - a. Reviewed the 2020 sister school groupings, as stated in the 2020 Fall Business Meeting Packet (sent to all attendees)
 - b. Added activating chapters:
 - i. Roberts Wesleyan to North Sister Schools
 - ii. West Chester University to Lower East Sister Schools
 - iii. WAU to South Sister Schools
3. Budget, K. Daily
 - a. Income:



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- i. We were allocated \$1,125 from the professional board for June-December 2020
 - ii. Proposing an income of \$375 from Passages, have gotten \$88 so far
 - iii. Proposing an income of \$400 from fundraising
 - iv. Currently our income is \$1,213 with a proposed income of \$1,960 by December 2020
 - b. Allocating Expenses:
 - i. \$303 for national conference attendance (registration fees for the president, president-elect, and vice president)
 - ii. \$205 for fundraising
 1. Virtual game night fees (ie: Scattegories, Jackbox, Kahoot)
 2. MAR-AMTA merchandise, sold through Bonfire
 3. Prizes
 - iii. \$150 for thank yous to Elizabethtown College for hosting Passages
 - iv. MARAMTS Membership Support: \$375
 - c. Because of COVID-19, many of the expenses from previous years are no longer relevant/needed
 - i. This will allow us to save money for future years as funding is tight
 - d. Motion to open the floor for discussion: Rowan University, Elizabethtown College**
 - i. How will we raise money through virtual game night?
 1. Entry fee for each participant
 - e. Motion to close the floor for discussion: Nazareth College, Seton Hill**
 - f. Motion to open the floor to vote on the budget: Radford University, Temple University**
 - i. 38 yes, 0 no
 - ii. The budget passes!**
4. Fundraising, K. Daily
- a. Bonfire merchandise



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- i. We can sell a variety of merchandise through Bonfire, MAR-AMTS does not need to worry about shipping costs or distributing merchandise
 - ii. Merchandise options are open- sweatshirt, mugs, totes,
 - iii. We can customize products to include our own designs
 - iv. Proposed design contest for students in the region. The winners will have their designs featured on these products and will receive a free product featuring their design
 - b. Virtual game night series
 - i. Jackbox- A one time purchase so that we can continue using this service throughout the year
 - ii. Scattegories
 - iii. Kahoot
 - c. Motion to open the floor for discussion- Nazareth College, WAU**
 - d. Motion to close the floor for discussion- Immaculata, Rowan**
 - e. Vote for Fundraiser-
 - i. 35 yes, 0 no to approve fundraising ideas
 - ii. The fundraising ideas pass!**
5. Bylaws, E. Lambert
 - a. No updates to the by-laws at this time
6. Scholarships, M. Pow
 - a. Congratulations to scholarship winners from 2020 regional conference!
 - b. 2021 scholarships:
 - i. Sophomore/Junior/Graduate Scholarship
 - ii. Jenny Shin Memorial Scholarship
 - iii. Music Therapy Club Award
 - c. We cannot add to these existing scholarships this year because of financial pressure
 - d. The process for applying will begin in the upcoming months, look out for more information



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- e. Direct questions to Molly Pow, Student Affairs Advisor
(studentaffairs@maramta.org)
7. Monthly Executive Board Open Meetings, R. Kovaly
 - a. First 30 minutes of monthly executive board meetings will be open for chapter reps and students for discussion
 - i. These will be structured as an open forum to discuss any ideas and concerns with executive board members
 - ii. Goal to help maintain communication between schools and MAR-AMTS executive board
 - b. Look out for zoom links on our social media, website, and emails from secretary, Katie Hock
8. Professional Board Updates, F. Ausfresser
 - a. At past executive sessions there was an emphasis on improving cultural humility
 - b. The professional Fall Business Meeting will be on 10/3 and 10/4, fully online
 - c. 2020 AMTA National Conference will be held in November (online)
 - i. Student registration is open until 11/5 and is \$99
 - d. 2021 regional conference will be online, 4/8-4/10
 - i. 2022 conference will be in Harrisburg (original location for 2021)
 - ii. 2023 will be in Niagara Falls (original location for 2023)
 - e. MAR-AMTS VP, Faith will email out more updates as needed following the business meeting next weekend
9. New MARAMTS Website, M. Haas
 - a. We launched a new website!
 - b. What can you find on the MAR-AMTS site?
 - i. About tab: about us and the profession
 - ii. Schools tab: list of schools in the region and sister school pairings
 - iii. Contacts tab: important email addresses and social media links
 - iv. Events page: email public relations chair if your club has an event you want to advertise



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- v. Resources: By-laws, meeting minutes, CHADI Resources, Intervention ideas
- vi. E-Board info
- vii. History: History of the region (working)
- viii. The MAR-AMTS mission statement
- ix. Social media links
- c. Email PR chair, Michaela Haas if you want anything to go on the website or have questions about what's on it (maramtspublicrelations@maramta.org)

10. Passages Conference

- a. Will be held tomorrow, 9/26, from 9:00am to 3:30pm
- b. BIG thank you to Elizabethtown College for hosting this event virtually
- c. Theme: Unification
 - i. Selected because the current social injustices and pandemic that are creating separation in our world
 - ii. An opportunity to meaningfully address separation to come together in a strong network of support
 - iii. Creating a network of support within all of the domains of wellness
- d. Online Platform for Sessions
 - i. The sessions will not be recorded
 - ii. Zoom links and powerpoint presentation links should have been sent out and received already
 - iii. The conference program with session links and descriptions should have been sent via email
 - iv. ***West Chester University has not received any of this information, Molly will follow up
 - v. ***Email Molly if you have not registered for passages yet and need to
- e. Open Mic Night
 - i. Zoom Open Mic Night is set for tomorrow, 9/26 at 7:00pm
 - ii. A link for sign-ups was sent out (google form)
 - iii. All are welcome to attend following the Passages conference



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- iv. Find the zoom link via email or in the conference program
- 11. MAR-AMTS GivesBack (MGB), L. Carter
 - a. MGB- annual event where every school in the region raises money for a charity chosen by the board
 - b. We would like to donate to an organizations that offers telehealth services
 - c. Charity is still being chosen, an MGB committee will be formed to choose this
 - d. Motion to open the floor for discussion: Nazareth College, Rowan University**
 - i. Can non-chapter reps join committees?
 - 1. YES! Any student is welcome to join
 - e. Motion to close the floor for discussion: Rowan University, WAU**
- 12. Committees, R. Kovaly
 - a. Regional Conference Student Activities Committee
 - i. Chairs: Emma Lambert (Parliamentarian) and Lauren Carter (Govt. Relations)
 - ii. Responsibilities:
 - 1. Organize MARAMTS Gives Back
(*NOTE: MGB is annual event where every school in the region raises money for a charity chosen by the board)
 - a. Choose a charity/organization to support
 - b. Coordinate donations from schools
 - c. Assist in planning, communication, and other logistics
 - 2. Organize Swap Shop
(*NOTE: Swap Shop is an intervention sharing event held at regional conference. Each year there is a new theme and schools are given specific parameters to guide their original intervention)
 - a. Develop ideas for the event
 - b. Communicate and follow up with chapter reps
 - c. Organize a virtual format for this event
 - iii. Looking for 6 volunteers- 3 for MGB and 3 for Swap Shop



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- iv. **Motion to open the floor for discussion: Slippery Rock, Roberts Wesleyan**
 - 1. Students for Swap Shop: Eliza Shriver (Fred), Mary Rawley (Montclair), *1 more spot open
 - 2. Students for MGB: Dana Shafranek (Montclair), Julie Gilligan (Immaculata), *1 more spot open
- v. **Motion to close the floor for discussion: Rowan, Immaculata**
- b. Regional Project Committee
 - i. Chairs: Rachael Kovaly (President), Lauren Armstrong (President-Elect)
 - ii. Responsibilities
 - 1. Help plan and implement the High School Advocacy Project
 - a. Introducing high school students to the music therapy profession and advocating for them to attend regional conference
 - 2. Help plan and recruit for the MARntor program
 - a. A mentorship program that matches students with professionals or interns
 - 3. Help plan ideas for the President's Challenge
 - a. President's challenge is inactive this year, so this is not relevant for the 2020-21 term
 - iii. Looking for 2 volunteers
 - iv. **Motion to open the floor for discussion: Marywood, Roberts Wesleyan**
 - 1. Question: HS advocacy project?
 - a. Usually reaching out to schools in order to make mt known as a profession to hs students
 - 2. Students volunteers: Natalie Pulliam (HSA) *1 more spot open
 - v. **Motion to close the floor for discussion: Molloy, Rowan**
- c. Historian Committee
 - i. Chair: Spencer Cole (Historian)



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- ii. Background: The professional board keeps a history of our region so that we can learn from where we've been and grow from this
 1. Missing an accurate account of students and the education of music therapists in the region
 2. We are tasked with creating a historical timeline for each school within the region
 - iii. Looking for 1 representative from each school to help compile a timeline for their specific school in order to document our region and transfer to the professional board
 - iv. Responsibilities:
 1. Each student collects a history with assistance from MAR-AMTA Historian, Spencer Cole
 2. Report their findings to the Historian
 3. Help build this timeline for their own school
 - v. **Motion to open the floor for discussion: Nazareth, Marywood**
 1. Student Volunteers:
 - a. Charlie Rickle (Rowan)
 - b. Tarynn Bridges (Immaculata)
 - c. Jamie (Shenandoah)
 - d. Sophia Mondt (WVU)
 - e. Grace Vivio (Seton Hill)
 - f. Lauren Tropper (Fred)
 - g. Chris Ritchie (Temple)
 2. *Schools without a rep- reach out to your student body and get back to Spencer
 - vi. **Motion to close the floor for discussion: Nazareth, Rowan**
13. National Passages: 11/19 1:00pm to 6:00pm
- a. Call for papers is open until 10/1
 - b. There will be a virtual internship fair
 - c. AMTAS business meetings will occur during national conference



American Music Therapy Association Mid-Atlantic Regional Chapter

Delaware • D.C. • Maryland • New Jersey • New York • Pennsylvania • Virginia • West Virginia

- i. AMTA National Conference will be held online 11/19-21
- ii. AMTAS business meetings are TBD but within this weekend

Closing Questions and Comments

1. Motion to Open the Floor for Discussion: Seton Hill, Rowan

- a. Sister school meetings: we will ask you to meet with your sister schools by 10/9 and report back to secretary, Katie Hock
- b. Review of historian committee:
 - i. Spencer will send out a list of questions for each school's rep to answer, find out info on the school to help create a timeline
 - ii. Looking for students who have an interest in history or learning more about their school

Good and Welfare!

Adjournment

- 1. Motion to Adjourn Meeting: WAU, Slippery Rock**
2. The meeting has been adjourned at 8:47pm on 9/25/20