

Sound Birthing Music™

CMTE Workshops for Music Therapists

Music Therapy Assisted Childbirth Workshop “Working With Couples in Labor and Birth” (26 CMTEs)

Part 1-Online Course March 1- 30, 2017 (16 hours) +
Part 2-Experiential Session April 8-9, 2017 (10 hours) at West Virginia University

Must complete both sections of course to receive CMTE certificate

Presenter: Mary DiCamillo, EdD, MT-BC
Sound Birthing Music,™ LLC Founder and Master Trainer

949-637-5537

e-mail: soundbirthing@gmail.com

CBMT Pre-approved Provider: P-131

This 26-hour intensive, online class + experiential workshop prepares music therapists to provide Music Therapy Assisted Childbirth Services in hospital, birthing center, and home-birthing settings. An in-depth study of music for labor and birth, and well as positions, relaxation techniques, and other comfort measures paired with music are presented. Video-recorded role-plays of birthing scenarios, assessment techniques, video examples of women experiencing Sound Birthing Music™ births, and group discussions are essential components of this experiential training. Music Therapists will learn about the Sound Birthing Music™ MTACB Labor Support Model of Care, receive guidelines for creating Sound Birthing Music™ playlists for birth, and learn ways to use live music in labor and birthing. Tips and tools for building a client base and a business in this specialty area are also provided.

Mary DiCamillo, EdD, MT-BC, Doula (DONA) is the founder and Clinical Training Director of Sound Birthing Music™. This training program grew out of Mary's extensive doctoral and post-doctoral work in Pre and Peri-Natal Music Therapy. Mary has also led a group practice of Music Therapists working in this field. A leader in this field, Mary has a passion for sharing this work and helping to bring babies into the world in the most peaceful way possible. Mary also works as a teacher and a professional musician. She and her family reside in Southern California.

(This Sound Birthing Music Therapy Assisted Childbirth Workshop is approved by the Certification Board for Music Therapists to award 26 Continuing Music Therapy Education Credits. The Provider Sound Birthing maintains responsibility for program quality and adherence to CBMT Policies and Criteria for Continuing Music Therapy Education.)

Required TextBook: (Available for purchase on Amazon.com)

Pregnancy, Childbirth, and the Newborn

http://www.amazon.com/Pregnancy-Childbirth-Newborn-4th-Complete/dp/143917511X/ref=sr_1_1?s=books&ie=UTF8&qid=1455868385&sr=1-1&keywords=pregnancy+childbirth+and+the+newborn

Part I. Online Portion of the Course (over 4 weeks)

Register at soundbirthingmusic.com

16 hours (50 min. hours) of self paced study, readings, videos, and group discussion via blog; Optional group chats available on Saturdays at 2:00- 2:50 pm Pacific Standard Time

Week 1: March 1-7, 2017

Pre- Test

The Sound Birthing Process

Birth Philosophies and History

Birthing Environments

The Birth Process

Summary of MTACB Research

MTACB Foundations

Week 2: March 8-15, 2017

Functions of Music in Birthing

Sound Birthing Music Categories

Technology and Resources

Creating Sound Birthing Music Playlists for Labor and Birth

Week 3: March 16-22, 2017

The Sound Birthing MTACB Model of Care

MTACB Documentation and Client Forms

MTACB Prenatal Services

Writing Womb Songs

Week 4: March 23-30, 2017

The Role of the Music Therapist in Labor and Birth

Establishing Trust and Rapport and Supporting the Birth Partner

Creating the Optimal Birth Environment

Music Choices During Labor

MTACB techniques in Labor

Communicating With Baby During Labor

Toning, Improvisation, and Live Music during Labor

Music Facilitates Pushing and The Birth Experience

Using Music and Singing to Support Bonding in the first hour after birth

Part II. Experiential Course: offered April 8-9, 2017

(Register with West Virginia University Music Therapy Program) Dena.Register@mail.wvu.edu

April 8 at 4 pm-8 pm and April 9 at 8 am-1 pm

April 8 at 4 pm-8 pm

4:00- 4:40 pm

Labor Assessment Experiential and Music Choices

4:40-6:00 pm

Birth Scenarios Part I- Video recorded role play of birth, participants each have the opportunity to practice skills as the Music Therapist in a mock birthing experience, while other workshop participants role play the additional roles

6:00- 6:15 pm

Break

6:15 – 8:00 pm

Birth Scenarios Part II- Video recorded role play of birth, participants each have the opportunity to practice skills as the Music Therapist in a mock birthing experience, while other workshop participants role play the additional roles.

April 9 at 8 am-1 pm

8:00 am- 10:45 am

Playback and Group Critiques of Birth Scenarios

10:45-11:00 am

Break

11:00-11:40 am

The Immediate Post Partum Period

The Post Partum Session

11:40-12:00 am

Creating and Sharing Spotify Playlists; Music Q & A

12:00-12:10 pm

Break

12:10-1:00 pm

Legal and ethical considerations

Pre and Peri Natal Music Therapy PR and Networking- Building Your Practice

Post Test

Registration fee:

Part I. Online Course

\$300 professional/\$150 student

Part II. Experiential Course

\$150 professional/\$75 student

Priority Registration Deadline:

Feb 28, 2017

*Note: Pre-requisites: None. This workshop is open to music therapists and upper division music therapy students and interns with instructor's consent. Students must be currently enrolled in a MT program- undergrad or graduate. Please include a copy of your current university ID and instructor signature. Thanks!

Materials Provided:

Sound Birthing MTACB Workshop Manual
Sound Birthing MTACB Documentation Forms

Cancellation Policy: A full refund will be provided to participants who provide written notice of cancellation prior to 2/15/17. One half of the registration fee is refunded with written notification of cancellation between 2/16/17 and 2/28/17. No refunds are made for cancellation on or after 3/1/17.

*Reasonable accommodations are provided as needed for individuals with disabilities when requested.

Educational Objectives of this Training Workshop

Upon completion of the workshop the participants will demonstrate knowledge and will be able to:

Identify the functions of music in labor and birth to decrease pain during labor and birthing (CBMT Board Certification Domain II A 2 af)

Learn documentation skills for the 6 steps of the Sound Birthing Music Therapy Assisted Childbirth Treatment Process. (CBMT Board Certification Domain IV B 1)

Identify difficult situations/presentations in labor and birthing and how music can support the patient through them. (CBMT Board Certification Domain I B 2)

Assess labor progress in a simulation and select appropriate music and support for a birthing woman. (CBMT Board Certification Domain I B 3)

Sound Birthing Music™ MTACB CMTÉ Workshop Registration Form

**Register online and pay with PayPal at: <http://soundbirthingmusic.com>
Or Mail-in: Checks only please- no cash.**

Part I. Online Workshop
March 1- 31, 2017
\$300 professional/\$150 student

Part II. Experiential Workshop
April 8-9, 2017
\$150 professional/\$75 student
Contact Dr. Dena Register for details:
dmregister@mail.wvu.edu

Name: _____
Address: _____
City, State , Zip: _____
Home phone: () _____
Work phone: () _____
Cell phone: () _____
E-mail: _____

Online Course Payment option: Check Pay Pal

Instructor's Signature (if upper division Music Therapy Student/Intern):

Please make your check payable to Sound Birthing Music, LLC and send to:
(A \$15 fee will incur for all returned checks.)

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(A confirmation of your reservation will be e-mailed to you when the workshop is filled and confirmed. Thanks for your interest in Sound Birthing Music™!)