

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

WELCOME FROM THE PRESIDENT OF THE MID-ATLANTIC REGION

As President of the Mid-Atlantic Region of the American Music Therapy Association, it is my distinct honor and pleasure to welcome you to the 2016 MAR-AMTA Conference.

We are lucky to have the opportunity to participate in not one, but TWO Hill Days here in the State Capitol, Harrisburg, PA, during our conference. State recognition is a large undertaking, and I would like a special thanks to go out to all involved with all state recognition efforts within our region, and throughout the AMTA.

I also extend a special welcome to our AMTA President, Jennifer Geiger. Please take the time to greet President Geiger and be sure to attend her State of the Association Address and Open Forum on Friday the 18th, at 2pm.

And lastly a HUGE thanks to all involved in conference planning. We at the MAR are lucky to have wonderful conferences, year after year. Thank you for all of your hard work, conference committee members!

Enjoy your conference, everyone!

Welcome to Harrisburg!

Sincerely,
Gabby Ritter, MMT, MT-BC
President, MAR-AMTA

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On behalf of an incredibly hard working local committee, we welcome you to the 2016 MAR-AMTA's 63rd Conference! We are grateful that given your busy schedules, all of you have chosen to attend—to *Come Get Centered in the Heartland of the MAR*.

We are excited about the conference program, the music performances, and the many opportunities to pamper yourself a bit during the conference. We hope you take these few days to recharge your batteries, inspire and challenge yourselves with something new, relax and connect with old and newfound friends, and revel in those enlightening discussions about music therapy.

On Thursday morning, the PA Task Force will lead the largest Student Project and Hill Day Event with over 130 students and professionals embarking on the PA Capital to advocate for music therapy. And you won't want to miss the opening session with Samite and David Cullen who will rock the Whitaker Center. As sessions begin, you will have the challenge of choosing just one among the more than 11 excellent selections presented during each time slot or heading to the check out the variety of vendors in the exhibit hall. Don't forget to bring your lucky token to rub during the fabulous door prize selections, visit the Silent Auction during the Exhibit Spectacular, and make sure to check out events in the Wellness Room. We have yoga, massages, and meditation. Then come celebrate and support your colleagues' accomplishments during the Award Ceremony. You also may want to check out the fitness room and lap pool at the hotel or take a leisurely walk or run along the river in the early morning.

And this letter comes to you for the first time on the MAR Conference App – yes we are going green with the program this year. You will have an up-to-date schedule, push notifications to remind you about events, and advertisements all at your fingertips. We are so excited about its potential use to enhance your conference experience.

Now all of these events would not be possible without a phenomenal local committee that we would like to acknowledge and thank. They have brought this conference to life so you can *Come Get Centered in the Heartland of the MAR*.

Cassy Schoffstalls
Emma Watson
Melanie Isaacs
Lauren Rowe
Matt Phillips

Kim Glass
Allison Downing
Melanie Walborn
Gretchen Patti

Joanna Karns
Kristyn Beeman
Vicki Rowe
Vern Miller

Gene Ann Behrens and Emily Yoder-Frantz –
Your Local Co-Chairs for the 2016 AMTA-MAR Conference

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Thank you to our conference donors!

American Music Therapy Association

Bear Paw Creek

Bev Baker

Linda Baldwin

Barbara Carter

Celtic Myth and Moonbeam

Curious on the Avenue

Dunkin Donuts

Earth Rhythms

Fired and Wired

Emily Frantz

Forte Music

Alan Gardner

Dani Hauer

Hershey Food Corp.

Holistic Massage

Cheila Huettner

Karns

Lisa Kreider

Masonic Homes

Marty's Music

Mid-Town Cinema

Music Works Publications

NJ Task Force

NY Task Force

Brad Paul

PA Task Force

Gretchen Patti

Vicki Rowe

Session Café

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Settlement House, Sylvania, PA

Sheetz

Dennis Shuey

Nancy Shuey

Speigel Academy

Spence Candy

Stash Vintage Clothing

Kathy Stone

Touch of Life Therapeutic Center

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Local Planning Committee

Local Co-Hosts

Gene Ann Behrens, PhD, MT-BC
Emily Yoder-Frantz, MMT, MT-BC

Registration

Matthew Phillips, LCSW, MT-BC

AV/Instruments

Cassy Schoffstall, MT-BC
Kim Glass, MT-BC

Exhibits/Fundraising/Silent Auction

Allison Downing, MT-BC
Kristyn Beeman, MT-BC

Social/Entertainment/Hospitality

Joanna Karns, MT-BC
Emma Watson, MT-BC, MPH

Publicity/Government Relations

Melanie Isaac, MS, MT-BC
Melanie Walborn, MT-BC

Volunteers

Vern Miller, MMT, MT-BC
Gretchen Patti, MS, MT-BC, LCAT, Fellow in the Association for Music and Imagery

Student Service Project

Vicki Rowe, MMT, MT-BC
Lauren Rowe, MT-BC

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Conference Planning Council

Vice President for Conference Planning:

Patricia Winter, Ph.D., MT-BC

VP-Elect for Conference Planning:

Jennifer Swanson, MMT, MT-BC

Regional Event Planner:

Tina Myers, MMT, MT-BC

Continuing Education Coordinator:

Laurie Keough, MT-BC

Clare Arezina Wiemann, MT-BC

Exhibits Coordinator:

Darcy Lipscomb O'Daniel, MT-BC

Student Representative:

Megan Neil, MT-BC

MARAMTS Vice President

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**We would like to thank the following entities
for their generous sponsorship of the 2016
MAR Conference!**

Gold Level (valued at \$500 or more)

- Elizabethtown College
- WB Music Therapy
- Radford University
- Brad Paul of Waddell & Reed

Silver Level (valued at \$300-----\$499)

- Living Unlimited
- Zoetropolis

Bronze Level (valued at \$100-----\$299)

- Thirty One Gifts----- Dani Hauer
- The Spiegel Academy
- Music Therapy Ed
- Music Works Publications
- Masonic Homes
- Mary Kay----- Kathy Stone

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Special Thanks!

The Mid-Atlantic Region of the American Music Therapy Association wishes to thank **Tom and Lucy Ott** for their generous, annual donation, of \$2000 to be used towards the Pre-Conference Institute. In appreciate of this gift, the Institute is recognized as the *David Ott Institute*.

The Mid-Atlantic Region of the American Music Therapy Association wishes to thank **Barbara Maclean** on behalf of the *Healing, Earth, Arts and Research Trust* for her generous donation of \$250

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Conference Schedule Overview

Wednesday, March 16

7:30am – 12:00pm	Registration open
9:00am – 5:00pm	Pre-Conference Institute: Music Therapy and Substance Dependence
4:00pm – 5:00pm	MARAMTAS Executive Board Meeting
5:00pm – 8:00pm	Registration open
6:00pm – 10:00pm	MAR Executive Board Meeting & Dinner
7:00pm-10:00pm	CMTE A: Advocacy/Hill Day CMTE

Thursday, March 17

6:30am – 12:00pm	Registration open
7:15am – 12:15pm	CMTEs B & C
8:00am – 11:00am	CMTE D & E
8:00am – 11:00am	Hill Day Event
<i>9:00am – 2:00pm</i>	<i>Exhibitor Setup</i>
9:00am – 11:00am	MAR Executive Board Meeting
12:00pm – 12:45pm	Hill Day Debriefing
1:00pm – 2:30pm	Opening Ceremony <i>Door Prizes! (MUST BE PRESENT TO WIN)</i>
1:30pm – 5:00pm	Registration open
2:45pm – 6:45pm	Exhibit Hall Open
2:45pm – 3:45pm	<u>Concurrent Sessions #1</u>
4:00pm – 4:40pm	<u>Concurrent Sessions #2</u>
5:00pm – 6:00pm	MAR Business Meeting <i>Door Prizes! (MUST BE PRESENT TO WIN)</i>
5:00pm – 6:00pm	MARAMTAS Business Meeting <i>Door Prizes! (MUST BE PRESENT TO WIN)</i>
6:00pm – 7:00pm	Student Call-A-Thon
8:00pm – 10:30pm	Exhibit Hall Spectacular
	Silent Auction
	Yard Sale

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9:00pm – 12:00am	Jam Room
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Friday, March 18

7:00am – 7:45am	Yoga
7:30am – 11:00am	Registration open
8:00am – 9:30am	Advocacy Breakfast
8:00am – 10:30am	Jenny Shinn Interviews
8:00am – 8:50am	<u>Concurrent Sessions #3</u>
9:05am – 10:45am	<u>Concurrent Sessions #4</u>
9:30am – 1:15pm	Exhibit Hall Open
11:00am – 12:00pm	MAR Business Meeting <i>Door Prizes! (MUST BE PRESENT TO WIN)</i>
11:00am – 12:00pm	MARAMTS Business Meeting <i>Door Prizes! (MUST BE PRESENT TO WIN)</i>
12:15pm – 1:45pm	Special Target Populations Networking Lunch
12:15pm – 1:15pm	Internship Smorgasbord
12:30pm – 3:30pm	Registration Open
2:00pm – 2:40pm	AMTA President Address
2:55pm – 4:35pm	<u>Concurrent Session #5</u>
2:55pm – 6:00pm	Exhibit Hall Open
3:00pm – 4:00pm	High School Session
4:50pm – 5:40pm	State Meetings
4:50pm – 5:40pm	Student Swap Shop
6:15pm – 7:45pm	Awards/Recognition Ceremony <i>Door Prizes! (MUST BE PRESENT TO WIN)</i>
8:00pm – 10:00pm	Screening of <i>When Voices Meet</i>
9:00pm – 10:00pm	Drum Circle
9:00pm – 12:00am	Jam Room

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Saturday, March 19

7:00am – 7:45am	Yoga
7:30am – 1:00pm	Registration
8:00am – 12:00pm	Exhibit Hall Open
8:00am – 9:45am	<u>Concurrent Session #6</u>
9:55am – 10:45am	Conference Committee Meeting
9:55am – 10:45am	<u>Concurrent Session #7</u>
11:00am – 11:50am	<u>Concurrent Session #8</u>
11:55am -12:00pm	Conference Farewell
1:00pm – 4:00pm	CMTEs F & G
1:00pm – 6:00pm	CMTEs H & I

Detailed Conference Schedule

WEDNESDAY, MARCH 16

8:00am – 12:00pm Registration Open **Outside of Harrisburg Ballroom**

Ongoing: **Meditation Room** **Brady Boardroom**
 Mothers Lounge **Lochiel**

Boardroom

12:00pm – 1:00pm Buffet Lunch for Pre-Conference Institute Metropolitan C

8:00am – 5:00pm Pre-Conference Institute (7 CMTE credits) Harrisburger B

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The David Ott Pre-Conference Institute: Music Therapy and Substance Abuse: A Blend of Traditional and Contemporary Approaches

Faculty:

Kathleen M. Murphy, PhD, MT-BC; Jim Borling, MM, MT-BC, Fellow of the Association for Music and Imagery; Maria Carlini, MSOL, MT-BC, Fellow of the Association for Music and Imagery; Lisa Jackert, MA, MT-BC

Institute Description:

Substance use disorders with or without a co-occurring disorder affect millions of adults each year. In order to effectively work with individuals in treatment music therapists must have a general understanding of traditional and contemporary treatment approaches and how music therapy can add to a comprehensive treatment program. This institute will use both didactic and experiential learning methods to give music therapists a solid foundation upon which to build their practice with individuals with substance use disorders. Throughout the institute presenters will discuss the theories that inform their clinical work including constructs and principles from CBT, existential/humanistic, psychodynamic and transpersonal approaches.

The institute will begin with an overview of the addictive process and current understanding of substance use disorders followed by a discussion of how music therapy can support a 12-step approach on the levels of bio-physical, psycho-emotional and psycho-spiritual recovery. The neurophysiology of substance dependence will be reviewed followed by the use of music therapy in early recovery (including detoxification) and for those with co-occurring disorders. The special treatment needs of women in both short and long-term treatment settings will also be presented and discussed. The use of song discussion and mindfulness to explore themes related to the 12-steps; and the use of music therapy, imagery, art, and writing to address both emotional and spiritual recovery will be illustrated with clinical work examples. The session will end with a review of the research evidence supporting music therapy in substance dependence treatment including findings from a recent qualitative study, which explored women's perceptions of the benefits of music therapy in substance dependence treatment. Recommendations for future research will be shared.

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Course Schedule:

9:00-9:15 am Overview of the Institute and Introductions
 9:15-10:30 am Overview of the addictive process; Music Therapy within a 12-Step Model supporting bio-physical, psycho-emotional and psycho-spiritual recovery
 10:30-11am Break
 11am-12:00 pm Neurophysiology of Addiction; Music Therapy in Detoxification and Early Recovery
 12:00-1:00 pm Lunch (Provided)
 1:00-2:15 pm Music Therapy with Women in Long-Term Recovery
 2:15-3:00 pm Bonny Method of GIM in Continuing Recovery
 3:00-3:30 pm Break
 3:30-4:15 pm Music Therapy and Co-Occurring Disorders; Psycho-emotional and psycho-spiritual recovery
 4:15-4:45 pm Research Support for Music Therapy in Addictions Treatment
 4:45-5:00 pm Questions, wrap-up and evaluations

4:00pm- 5:00pm MARAMTAS Student Executive Board Meeting
Metropolitan B

5:00pm – 8:00pm Registration Open **Outside Harrisburg Ballroom**

6:00pm – 10:00pm MAR Executive Board Dinner **Metropolitan C**
MAR Executive Board Meeting **Metropolitan B**

6:00pm – 10:00pm Student MARAMTAS **Metropolitan A**

7:00pm – 10:00pm CMTE A (5 CMTE credits) **Carlisle & Gettysburg**

CMTE A: Legislative Advocacy for Music Therapy/PA Hill Day #2

Presenters: Nicole Hahna, PhD, MT-BC, Fellow of the Association for Music and Imagery; Maria Hricko Fay, MSW/LSW, LCAT, MT-BC, Fellow of the Association for Music and Imagery; Melanie Isaac, MS, MT-BC; Michelle Montgomery Muth, MT-BC, Neurologic Music Therapist; Dena Register, PhD, MT-BC; Judy Simpson, MT-BC, Managed Healthcare Professional; Amy van Brug, MT-BC; Melanie Walborn, MT-BC.

This FREE 5-hour CMTE presentation will take advantage of the regional conference location in Harrisburg by offering both advocacy training and coordinated visits with legislative staff at the PA State Capitol. Speakers will provide updates on regional advocacy efforts. Participants will learn the necessary skills to communicate effectively with state officials. Attendees will have an opportunity to meet with legislative staff to advocate for music therapy and to take part in a drum circle in the PA Capitol. A wrapup discussion will

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include a review of successful strategies and an outline of future advocacy tasks, including Hill Visit follow-up correspondence.

***To receive 5 CMTE credits for attending, participants MUST attend all parts of the course; partial credit will not be awarded:

March 16, 2016, 7-10 pm: CMTE Training

March 17, 2016, 8-10 am: Hill Visits

March 17, 2016, 10-11 am: Drum Circle

March 17, 2016: 12-12:45 pm: Hill Day Debriefing, Followup, & Questions

THURSDAY, MARCH 17

6:30am - 12:00pm Registration Open Outside Harrisburg Ballroom

Ongoing: Meditation Room

Brady Boardroom

Quiet Room Available for reflective practice

Mothers Lounge

Lochiel Boardroom

Quiet, comfortable space to meet the needs of mothers

Music Therapy Continuing Education (CMTE)

*The following CMTE courses are approved by the CBMT for **5 and 3 CMTE credits** (unless otherwise specified) to be awarded upon completion. Unless otherwise specified, pre-registration and fee are required. Credits awarded are accepted by the NBCC. The MAR-AMTA (#P-065) maintains responsibility for program quality adherence to CBMT policies and criteria. There will be two 10-minute breaks during the CMTE courses.*

7:15am - 12:15pm 5 Hour CMTE's

B. Music Therapy Percussion Improvisation: Techniques and Clinical Considerations Metropolitan A

Presenter: Florence Ierardi, MM, MT-BC, LPC

This CMTE course will include percussion proficiencies as well as clinical techniques to inform music therapy interventions, including the creation of a safe musical environment, support for musical responses of participants, group cohesion and attention to varying therapeutic needs. Musical theme development, for purposes of sustaining musical interaction during rhythmic improvisation, will be explored.

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C. Music Therapy Program Development in an Evidence Based World: The Intensive Treatment Model **Metropolitan B**

Presenters: Conio Loretto, MS, LCAT, MT-BC; Beth Deyermond, MA, MT-BC; Amanda Ruddy Belcastro, MT-BC; April Westover Mounts, LCAT, MT-BC; Jason Willey, MMT, MT-BC; Karen Skahill, MS, MT-BC; Jennifer Trimble Ford, MS, MM, MT-BC

In the evolving world of healthcare, managed care and evidence-based practice are at the forefront of the movement. As such, Music Therapists are becoming more and more challenged to objectively demonstrate the effectiveness and overall impact of their work. This course will outline the development and implementation of an “intensive treatment model”, an innovative way of providing Music Therapy services that objectively demonstrates progress within long term care facilities. Music Therapists from two programs (The Center for Discovery, Mary Cariola Children’s Center) will share their experience.

8:00am – 11:00am 3 Hour CMTEs

A (continued): Advocacy/Hill Day

Capitol Building

D. Garage Band: Learning Digital Audio Software & Production for Professional Music Therapy Practice **Metropolitan C**

Presenter: Ariel Avissar, MA, MT-BC, LCAT

This CMTE will provide an introductory yet comprehensive experience recording with Garageband and make it easy to produce high quality music projects encompassing any and all styles of music. Participants of all levels of skill and experience with making music or recordings will benefit from guided basic instruction in the process of making a recording with this incredible digital audio software program. The presenter will specifically guide participants through what to do (and what not to do!) to afford the clinician a potent way to reach clients within a range of populations, cultures, and communities. Also, the presenter will show how to develop models and templates for all learners to use for professional implementation with various music therapy clients and work settings.

E. Honing Musical and Verbal Supervisory Skills for the Advanced Clinician **Harrisburger B**

Presenter: Suzanne Sorel, DA, LCAT, MT-BC

Being an effective supervisor can be an enriching and often challenging part of our work. Whether we are supervising intern or practicum students, or other music therapists or staff members, it can be a struggle to find the right balance between supportive guide, authority figure, mentor, and educator. This CMTE will focus on incorporating music psychotherapy philosophy and techniques for supervision with specific emphasis on using music in supervision. Practical, hands-on experiences will be offered.

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9:00am – 11:00am MAR Executive Board Meeting William Penn Boardroom

**12:00pm – 12:45pm Hill Day Debriefing Professionals: Gettysburg
Required for Hill Day 2 ONLY Students: Lancaster**

**1:00pm – 2:30pm Opening Ceremonies: David Cullen and Samite
Whitaker Center**

Music by Grammy Award winning guitarist David Cullen and international performer Samite.

1:30pm – 5:00pm Registration Open Outside Harrisburg Ballroom

2:45pm – 6:45pm Exhibit Hall Open PA Ballroom

2:45pm – 3:35pm Concurrent Sessions #1: 50 minutes

Research Track: Undertaking Clinical Research: An Overview of Small n Studies for Clinicians (n =1, case series, intervention development, efficacy, pilot).

This session will introduce small-scale studies that are feasible to implement by a clinician. Small n studies such as exploratory studies, feasibility studies, and n = 1 studies play a crucial role in the development of a larger research program. Even though a clinician may not have the time or resources to conduct large scale studies, they can offer valuable contributions as clinician researchers to our field's evidence base. The intent of this session is to provide an overview of small scale research opportunities for clinicians.

A Decade With Joshua: A Journey in Musicking Metropolitan C

Presenter: Kristen O'Grady, MA, LCAT, MT-BC

The developmental process of both client and therapist can parallel each other. This is especially visible in long term music therapy work with a single client. This session will explore the parallel development of Joshua, a young man whose neurological deficits heightened his musical abilities, and the therapist. Emphasis will be placed on the therapist's process and how it related to the client's development. This musical relationship spans ten years, from preadolescence to young adulthood, and from new professional to experienced clinician. *Experienced Professionals*

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Both Sides of the Mirror: Caregiver and Therapist

Metropolitan B

Presenter: Molly Griest, MMT, MT-BC

This presentation will focus on frank observations and discussion of the challenges faced by therapists who are also caregivers for family members with serious health issues, shaped from personal experiences of the presenter. Attendees will have the opportunity to share their experiences in the context of the concepts presented. Central to the presentation are the following subtopics: understanding the world of a caregiver, countertransference emerging from caregiving, changes in sense of self as a therapist as informed by the caregiving experience, changed perspectives concerning client care and healthcare culture, the role of advocacy, and the struggles of balancing professional life while family caregiving and surviving compassion fatigue and trauma associated with the caregiver role. *Entry Level Professionals; Experienced Professionals*

Times Are-A Changing: Trends and Future directions of Autism Intervention Strategies and its Implications for Music Therapy Research

Lebanon

Presenter: John A. Carpenite, PhD, MT-BC, LCAT

Historically, behavioral interventions have been considered the gold standard regarding evidence-based practice for treating autistic children. Current research, however, reveals the limitations of behavioral approaches with regard to helping autistic children improve in the areas of initiating joint attention, generalization, functional communication, and maintenance of behavior changes over time. This has led to behavioral approaches routinely implementing developmental strategies to improve core features of ASD, causing confusion among consumers and professionals. This presentation will discuss: 1) past and current trends in ASD research, 2) the increase use of developmental strategies, 3) confusion and implications regarding the labeling of interventions, and 4) implications for future music therapy research. *Entry Level Professionals; Experienced Professionals*

Music therapy practice and education development in diverse countries

Presenter: Anita Gadberry, PhD, MT-BC

Lancaster

Music therapy is developing at different paces throughout the world. Some countries face unique challenges in practice and training programs. Come take a tour around the world and visit different countries to see their current education and practice. *Experienced Professionals; Educators/Internship Directors*

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Perinatal Trauma and the Music Therapist: Nurturing the Whole Self

Presenter: Heidi Lengel, MMT, MT-BC

Harrisburger B

Perinatal Music Therapy is a challenging specialty area. Therapists working with birthing women experience many physical, emotional, ethical, and clinical challenges. This session will combine didactic and experiential learning tools to help music therapists understand how to process work-related trauma, prevent burnout, and encourage clinical growth. *Entry Level Professionals; Experienced Professionals*

Beyond iPods - Recorded Music Interventions within Nursing and Rehab Music Therapy

Presenter: Seth Laucks MA, MT-BC; Victoria Vitale MA, MT-BC

Harrisburger A

This presentation will explore process of implementing recorded music interventions within MT programs in a nursing facility. It will elucidate ways in which the presenters worked to ensure that new interventions (a) be based upon therapist-assessed needs, (b) be supported by MT sessions in which the music-experience was processed with an accredited MT, and (c) function within the facility, thus remaining true music therapy interventions. *Entry Level Professionals; Experienced Professionals*

Freeing the Caged Bird: Synergizing Liberation Psychology and Music Therapy

Presenter: Kayla Sadowy, MMT, MT-BC

Leland

Liberation psychology posits a paradigm shift for music therapy. By looking at individuals' worldview and community, we stand to affect change in both individuals and society. Through creative expression and intervention, music therapists can aid the exploration of creative approaches to living for those existing in oppression and societal margins. *Experienced Professionals; Educators/Internship Directors*

A Community Music Therapy Approach to Enhance Social Inclusion amongst Young Adults with Neurodevelopmental Disorders and their Peer Mentors.

Presenter: Katelyn Farris, MT-BC

Metropolitan A

This presentation details the outcomes of a project in which community music therapy was used to enhance social inclusion among a group of young adults with and without intellectual disabilities. The session will discuss how music therapists can promote social justice and inclusion of clients with disabilities into their communities.

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Student Focused: Ask a Professional

Carlisle

Presenter: Conio Loretto, MS, LCAT, MT-BC

Students... here's your opportunity to get the real story on life as a music therapist! During this dynamic, open forum, a panel of music therapists will be on hand to answer your questions about deciding on an internship site, finding a job and keeping a job, developing a personal philosophy, avoiding burnout, planning for retirement. Be sure to attend and learn from the experience of those who are out there in the professional world.

Musicians for World Harmony: Field Work in East Africa Whitaker Center

Presenter: Samite Mulondo

Samite Mulondo Founding Director of Musicians for World Harmony, will share his experiences of working with former child soldiers, AIDS orphans and refugees in the Democratic Republic of the Congo, Uganda, Kenya, Tanzania and Rwanda. Samite's unique perspective as a world renowned musician and humanitarian will inspire and energize music therapists with his message of the healing power of music.

A Music-Centered Assessment for Therapeutic Songwriting in Music Therapy

Presenter: Michael Viega, PhD, LCAT, MT-BC

Gettysburg

Although music therapists often analyze lyrics to reveal clinical themes within songs, only half the story is told using this method. Integrating music and lyric analysis can provide a richer, more complex narrative and be used to assess developmental process. Audience members will be exposed to a music-centered songwriting assessment, developed by the presenter, and will engage directly with it using songs written in music therapy. *Entry Level Professionals; Experienced Professionals*

2:45pm – 3:45pm

Advocacy/Government Relations: MAR State Task Force on Government Relations

York

Presenter: Maria Hricko Fay, MSW/LSW, LCAT, MT-BC, Fellow of the Association for Music and Imagery

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3:00 pm – 5:00 pm Self-Pay Chair Massage

Brady

4:00pm – 4:40pm Concurrent Sessions #2: 40 minutes

Research Track: Music therapy and neuroscience research: Boundaries, potentials, and alternatives **Governor**

Presenter: Andrea McGraw Hunt, PhD, MT-BC, Fellow, Association for Music and Imagery

Neuroscience has much to offer the field of music therapy. How can music therapists use such research, and how can we shape neuroscience investigations to understand how clients engage and are affected by music therapy? This session will offer perspectives on how to engage with this vital research approach.

Caught Between Two Worlds: Music Therapists' Experiences of Disability and Identity **Gettysburg**

Presenter: Nicole Hahna, Ph.D., MT-BC; Rachel Reed, MT Intern

This presentation will explore music therapists with disabilities experiences of identity. The presenters will highlight themes including decision-making regarding self-disclosure to colleagues and clients, clinical impact of their disability on the therapeutic process, barriers experienced by the participants, and recommendations for students, clinicians, educators, and supervisors.

Students; Experienced Professionals

Community-Based Music Therapy: Insight and Personal Reflections on International Perspectives **Lancaster**

Presenter: Sophia Salvatore

Students: This slideshow presentation is based on personal experiences of the Jamaican Field Service Project from the perspectives of music therapy students and professionals. Learn more about how you can study abroad as a MT student and not only have the time of your life but have your life changed forever!

Music-Evoked Emotional Processing: Integrating Neuroscience to Music Therapy for children with ASD **Lebanon**

Presenter: Fang-Yu Liu, PhD student, M.A., M.ed, M.F.A.

This presentation will provide a current literature review regarding the fields of neuroscience, music psychology, and music therapy with children with ASD (autism spectrum disorder) in order to investigate how to utilize music therapy methods to increase one's emotional recognition and awareness of others, and eventually to facilitate social interaction. *Students; Entry Level Professionals*

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The Music Therapist's Role in the Education of Music Educators

Presenter: Tracy Wanamaker, MSEd, MT-BC

York

Inclusion has raised questions concerning best practices for adapting music classes for students with special needs. As a result, therapists are often asked to present workshops and teach college classes for music educators. This collaborative session provides the opportunity for therapists to dialogue about best practices for these teaching experiences.

Partnering with mothers of infants in hospital

Metropolitan A

Presenter: Helen Shoemark PhD, RMT

This presentation will report on research about formulating services for families and their newborn infants in hospital. The findings champion mothers' knowledge, skills and beliefs, about their capacity to parent in hospital, and parental perceptions of successful clinical services. *Entry Level Professionals; Experienced Professionals*

The Pain Toolkit: Using Music Therapy for Patients with Chronic Pain.

Presenters: Daniel Tague, PhD, MT-BC; Richard Lewellen, MMT, MT-BC

Leland

This presentation will explore preliminary patient responses and data from pilot programming at a community chronic pain management center. Music therapy has been integrated into the referral and treatment process through music used in vibroacoustic therapy, music interventions paired with biofeedback, and active music making in patient education classes. *Entry Level Professionals; Experienced Professionals*

Developments in Teaching Clinical Music Skills: Private Lessons with a Music Therapist

Carlisle

Presenters: Bryan J. Muller, Ph.D., MT-BC, LPC, Fellow of the Association for Music and Imagery; Lillian Eyre, PhD., MT-BC, FAMI, LPC, Fellow of the Association for Music and Imagery

Students, Educators/Internship Directors: Functional music skills at Immaculata University are taught by music therapists in individual (one to one) lessons. This presentation will include an overview of this unique training model and its benefits and challenges from the perspective of the academic coordinator as well as the guitar skills instructor.

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

Expanding The Use of Electric Guitar In Music Therapy Harrisburger A & B

Presenter: Ariel Avissar, MA, MT-BC, LCAT

This workshop will present a thorough approach to leading community music therapy groups within a variety of populations and settings. Discover through live participation and observation how to sonically influence and elicit self-expression, more powerful engagement, and increased participation with the ever versatile electric guitar! *Students; Experienced Professionals*

Passages Featured: Trust and its implications in clinical practice: A self case study PennHarris A & B

Presenter: Carolyn Lieberman, Music Therapy Student

In this self case study, the author explored her ability to trust others and herself as a music therapy intern in an adult psychiatric facility. Increased trust was found to have an impact on clinical skills as well as improve patients' ability to trust her as a music therapist.

Transdisciplinary Approaches to Improve Speech Sounds: Best Practices For SLPs and MT-BCs Metropolitan B

Presenter: Angela Guerriero, M.Ed., MA, MM, MT-BC

Therapeutic services can be delivered using a variety of service delivery models. In a collaborative model, therapists work together toward shared goals in co-constructed environments. This presentation addresses how speech-language pathologists and music therapists work collaboratively toward shared goals, using music to treat clients with speech-language deficits. *Students; Entry Level Professionals*

5:00pm – 6:00pm MAR Business Meeting Gettysburg/Lancaster

Open meeting for all attendees. Door Prizes (Must be present to win)

5:00pm – 6:00pm MARAMTAS Business Meeting Lebanon/York

Open meeting for students. Door Prizes (Must be present to win).

6:00pm – 7:00pm Student Call-A-Thon Harrisburger A & B

Students work in collaboration with the MAR membership coordinator and Assembly members in support of membership.

2016 *Mid-Atlantic Region of the American Music Therapy Association* MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

8:00pm – 10:30pm Exhibit Hall Spectacular **Pennsylvania Ballroom**
Come to the exhibit hall to browse the exhibits, find a bargain at the yard sale, and take a chance at the silent auction. All proceeds go to offset the cost of the conference! Entertainment by Black Horse Motel
<http://www.blackhorsemotel.net/> The auction will feature Casio keyboard, gig bag, power cord, and small pedal -\$250 Value; 1 year membership to Zoetropolis Theater in Lancaster- \$300 Value; Financial planning session with Brad Paul of Waddell and Reed-\$500 Value; Mary Kay products -\$200 Value; and SO MUCH MORE!

9:00pm – 12:00am Jam Room **Leland Boardroom**
No alcohol permitted in the jam room space. If patrons are found to be in possession of alcohol they will be asked to leave the jam room.

FRIDAY, MARCH 18

7:00am – 7:45am Yoga **Brady Boardroom**
Rise and Stretch with Angela Guerriero in the morning yoga session. Bring your own mat or garb a towel. No experience necessary. Everyone is welcome.

7:30am – 11:00am Registration Open **Outside Harrisburg Ballroom**

Ongoing: **Meditation Room** **Brady Boardroom**
Mothers Lounge **Lochiel Boardroom**

8:00am – 9:30am Advocacy Breakfast **Metropolitan A**
By invitation breakfast

8:00am – 10:30am Jenny Shinn Interviews **William Penn**

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

8:00am – 8:50am Concurrent Sessions #3: 50 minutes

Research Track: Developing Research Questions and Design from Clinical Experience: A Workshop for Clinicians Governor

Panel Presentation

This workshop helps you focus your clinical experiences and ideas into research questions, and connects these to research design. Working in small groups, you'll get time to refine your ideas and formulate a research question, with further (brief) guidance about research design. Bring at least one idea with you, and we'll start from there.

Finding your fit with private practice

Gettysburg

Presenter: Anita Gadberry, PhD, MT-BC

Participants will examine their personal traits to see if private practice is a promising option for them now or in the future. Participants will discover the organizational structures that are possible when establishing a private practice. Participants will be exposed to pros and cons of owning a private practice.
Students; Entry Level Professionals

Songwriting with Individuals with Intellectual Disabilities and Autism Spectrum Disorders Lebanon

Presenter: Katherine Myers-Coffman, MS, MT-BC

This presentation will discuss the use of therapeutic songwriting interventions when working with individuals diagnosed with an intellectual disability and/or autism spectrum disorder. Philosophical and theoretical orientations will be explored, types of songwriting interventions with respective goals and objectives discussed, and clinical case examples offered. *Entry Level Professionals; Experienced Professionals*

Therapeutic Aspects of the Native Flute

Metropolitan C

Presenter: Janalea Hoffman, MT

In this experiential session each participant will get a loaner flute with a plastic tube to learn the basics of the Native flute. Learn how to create simple, meditative melodies from the heart. The instructor will explain/demonstrate how she uses this instrument in her private practice for cancer patients, COPD, autism, etc. *Entry Level Professionals; Experienced Professionals*

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

A Modified Grounded Theory Exploration of Music Therapy and Quality of Life for Hospitalized Adults **Metropolitan B**

Presenter: Debbie Bates, MMT, MT-BC

Participants will learn the results of a modified grounded theory study, in which experienced music therapists were interviewed about their perceptions of how music therapy affects QoL for adults in hospitals. Do music therapists routinely assess a patient's QoL? How do music therapists determine that music therapy had a positive impact on a patient's QoL? Seven prominent themes were identified and will be presented. *Entry Level Professionals; Experienced Professionals*

Working Hand in Hand: Integrating Music Therapy into a Constraint-Induced Movement Therapy Program **Lancaster**

Presenter: Ilene Berger Morris, MM, LCAT, MT-BC

At a 3-week hospital-based summer camp, children with hemiparesis participate in activities with their stronger arm/hand constrained in a temporary cast. This compels use of the weaker side and helps improve function. Music therapy complements the CIMT approach by addressing targeted movements through instrument play, providing motivation and reward. *Entry Level Professionals; Experienced Professionals*

The Key to Kehillah: An Interdisciplinary Approach to Fostering Long-Term Care Community **Leland Boardroom**

Presenters: Sarah Biedka, MT-BC; Lauren Rauschenberger, MT-BC; Amy van Brug, MT-BC; Danielle Brazinski, Masters of Science in Art Therapy/Counseling

The Drum Circle Project was developed as a series of month-long projects to encourage community in a long-term care facility utilizing sensory-based expression techniques. Through collaboration between music and art therapy, staff, residents and family explored their community roles. Active imagination enhanced performance and discussion about their personalized instruments. *Students; Entry Level Professionals*

A Balancing Act: Identifying Your Colleague's Strengths to Create a United Force **Harrisburger A**

Presenters: Kory Antonacci, M.S.Ed., MT-BC; Nicole Steele, MT-BC

The purpose and aim of this presentation is to facilitate a discussion of the interpersonal and intrapersonal relationships that are impacting the work with colleagues you may work closely with on a daily basis. This presentation offers the opportunity for learners to compare and contrast work styles, time management skills and personality traits. *Entry Level Professionals*

2016 *Mid-Atlantic Region of the American Music Therapy Association* MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

Implementing a Group Music Therapy Curriculum with Sexually Aggressive Youth **Harrisburger B**

Presenter: Kathryn Eberle-Cotter, MT-BC

The therapist developed a curriculum and facilitated weekly group sessions at a residential treatment facility for sexually aggressive male juveniles. The presenter will discuss preparation of the curriculum and music therapy interventions used to achieve therapeutic goals including self soothing, anger management, effective communication, emotion regulation, impulse control, and accountability. *Entry Level Professionals*

Exploring an Integral Understanding of Evidence-Based Music Therapy Practice **People Place**

Presenter: Brian Abrams, PhD, MT-BC, LPC, LCAT

The music therapy profession has sought to advance itself by promoting Evidence-Based Practice (EBP) of music therapy. The purpose of this presentation is to illustrate a framework based upon four distinct epistemological perspectives on evidence-based music therapy practice that together represent an integral understanding. *Entry Level Professionals; Experienced Professionals*

Passages Featured: Music Therapy for bereavement 101: Groups and Individuals **Carlisle**

Presenter: Sara Bryefogle

In this presentation you will gain information about the bereavement population in the hospice setting, and how to apply music therapy techniques with clients who are experiencing grief and loss. The presentation includes real world examples of music therapy work with individuals and groups. *Students ;Entry Level Professionals*

Self-Care for the Passionate Music Therapist **York**

Presenters: Nicole Drozd, MS, MT-BC; Amanda Jackson, MS, MT-BC; Sarah Kliman, MSW, MT-BC; Renee Rogers, MM, MT-BC

This panel presentation and discussion will explore how professional music therapists care for themselves in a world that often misunderstands and discredits their work. Topics of exploration within this presentation will include: self-compassion and self-esteem within our profession, the pitfalls of too much advocacy, techniques to become a healthy and successful music therapist, and the importance of removing the music therapist hat at the end of each day. Diverse perspectives will be offered as a way to promote an open and honest dialogue about this topic, as well as a way to raise awareness that there are supports and techniques to help navigate the non-music therapist world. *Entry Level Professionals; Experienced Professionals*

2016 *Mid-Atlantic Region of the American Music Therapy Association* **MUSIC THERAPY CONFERENCE**

March 16th - March 19th, Harrisburg, Pennsylvania

9:05 am – 10:35 am Guided Meditation Class. No Fee must sign-up in advance.
Brady

9:05am – 10:45am Concurrent Sessions #4: 100 minutes

Research Track: An Overview of Exploratory Studies for Clinicians and Researchers Governor

Presenter: Andrew d, PhD, MT-BC

This presentation introduces small N research, especially for those interested in exploring these methods in clinical settings. It will include an analysis of published music therapy research and a discussion of practical ways of developing and implementing pilot and feasibility studies.

MAR President's Forum: Let Your Voice Be Heard Gettysburg

Presenter: Gabby Ritter, MMT, MT-BC

The MAR Executive Board is the membership's representative voice at the regional and national level. The MAR President's Forum is a venue for all MAR members to voice their ideas and thoughts concerning MAR and AMTA. Notes will be taken at the forum and information will be compiled for discussion at the regional and national level. Follow-up communication will ensure that members know where their voices were shared.

Educators' Forum

York

Presenters: Darlene Brooks, Ph.D., MT-BC; Tony Meadows, PhD, FAMI, LPC
Educators/Training

"Trying to Connect": Music Therapy in Continuing Care

Presenter: Ann L. Dinsmore, MRcPk, MT-BC

Metropolitan B

Despite recent positive media attention on the benefits of music for older adults, music therapists who work in continuing care continue to face obstacles such as lack of professional respect, unreasonable workloads, very diverse clientele, and inadequate resources. This session will provide ideas for connections/relationships -- with residents, staff, families, and the community.
Entry Level Professionals; Experienced Professionals

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

Paths to Recertification: Making Your Credits Work for You

Presenters: Krista Winter Galley, MA, MT-BC

Carlisle

Completing 100 credits for recertification does not have to break the bank! We will discuss economical ways to obtain credits while advancing your skills and knowledge as a music therapist, and share examples of different ways to accrue credits in a thoughtful manner. *Entry Level Professionals; Experienced Professionals*

Passages Featured: Expanding your guitar technique

Presenter: Ashley Walker

Harrisburger A & B

This presentation will focus on different guitar techniques such as: tapping, tambora, and pizzicato to use in the clinic. The techniques being covered will expand the range of use for the instrument as well as the range of exploration for clients and therapists. Having a guitar during this presentation will be beneficial. *Students; Entry Level Professionals*

Update on MATADOC research: Music therapy with populations with disorders of consciousness

Lancaster

Presenter: Wendy Magee, PhD

This presentation will provide an overview of the completed research with the Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC) and the research that is planned for the next phase with new populations. *Entry Level Professionals; Experienced Professionals*

On the Other Side of the Fence – Fostering Empathy and Acceptance

Presenter: Andrea Green RMT MCAT

Metropolitan C

The Emmy-award winning documentary 'On the Other Side of the Fence' will be shown. It is a film about the work of music therapist Andrea Green who created a therapeutic musical theater framework to serve as a vehicle to foster empathy, acceptance, communication and respect between diverse groups of youngsters. An interactive discussion and musical workshop will follow. *Experienced Professionals; Educators/Internship Directors*

Nice Music Therapists Don't Talk About Sex, Dear! Lebanon

Presenters: Meghan Hinman, MA, MT-BC, LCAT; Roia Rafieyan, MA, MT-BC

Sex and sexuality are essential aspects of being human, and the inspiration for many musical compositions and songs. So why do we so rarely talk about this topic in our music therapy work? Join us to discuss the ways that various aspects of sexuality, including attraction, flirting, inappropriate language and more, can arise in your music therapy work, including feelings it brings up, ways of understanding it, and strategies for addressing it in ways that are clinically beneficial. *Entry Level Professionals, Experienced Professionals*

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

Facilitating Family Interactions in Music Therapy Leland

Presenter: Scott Horowitz, MA, MT-BC, LPC

This presentation will focus on techniques and approaches to encourage parent-child interactions through integrating caregivers in the treatment of children in varied settings. Through experiential components, the presenter will share clinical recommendations based on his work with families including children with autism, in hospital settings and non-custodial family scenarios. *Entry Level Professionals; Experienced Professionals*

Helping Them Grow: Strategies for the New Pre-internship Supervisor

Presenter: Melissa Heffner, MT-BC

People Place

Are you new to supervising preinternship students or want to revisit supervision best practices? The presenter will share her experience as a new supervisor and strategies to help you develop your approach in working with students at varying educational levels. Be ready for an interactive experience and practice of concepts presented. *Entry Level Professionals; Educators/Internship Directors*

9:30am - 1:15pm

Exhibit Hall Open

PA Ballroom

11:00am - 12:00pm

MAR Business Meeting

Gettysburg/Lancaster

Open meeting for all attendees. Door Prizes (Must be present to win)

MARAMTAS Business Mtg

Carlisle

Open meeting for students. Door Prizes (Must be present to win).

12:15pm - 1:15pm

Internship Smorgasboard

Exhibit Hall

Are you a student starting to think about intership sites? Come to the Internship Smorgasboard!

Networking Lunch: Special Populations

Metropolitan A

Please join us for a discussion about working with specific clinical populations.

12:30pm - 3:30pm

Registration Open

Outside Harrisburg Ballroom

1:00 pm - 5:00 pm

Self-Pay Chair Massage

Brady

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

2:00pm – 2:40pm

**State of the Association Address and Open Forum:
AMTA President Jennifer Geiger**

Harrisburg Ballroom

State of the association address and an opportunity to hear responses to your questions about the association.

2:45pm – 6:00pm Exhibit Hall Open

Pennsylvania Ballroom

2:55pm – 4:35pm Concurrent Sessions #5: 100 minutes

Research Track: Single Case Research: A how to for clinician researchers

Presenter: Andrew Knight

Governor

This presentation will guide researchers interested in single-subject design through the design and implementation process. Examples for music therapy, including strengths and limitations, will be presented for discussion.

Masters Level Entry Session

Gettysburg

The MLE Subcommittee recently disseminated a survey to educational program directors, educators, and National Roster internship supervisors (n.b. survey to university-affiliated supervisors is in process). The Subcommittee is seeking measurable information from these professionals about the academic and clinical training of our students, along with educators' and supervisors' perspectives on MLE. Preliminary data will be shared during this presentation.

Music Therapy Licensure: Where It's At

Metropolitan A

Presenter: Bryan J. Muller, Ph.D., MT-BC, LPC, Fellow of the Association for Music and Imagery

This presentation will provide an overview of music therapy licensure including review and comparison of the current state licensure laws. The impact of licensure on professional recognition, the use of music by non-music therapists, public protection, and reimbursement for services will be discussed. *Entry Level Professionals, Experienced Professionals*

Changed By Our Children's Lives

Lebanon

Presenter: Gene Ann Behrens, PhD, MT-BC

Music therapists constantly interact with the caretakers of clients—yet limited training and literature exists on understanding the needs of and how to communicate with parents, spouses, and house parents of clients. Come hear parents of children receiving music therapy tell their stories that highlight concepts about understanding their needs.

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

Internship Forum

Carlisle

Presenter: Matthew Phillips

This forum is offered annually at regional conferences as an opportunity for internship directors, educators, and any other interested parties to receive current information on the activities of the Association Internship Approval Committee and to dialogue as a group on topics of common interest or concern.

Advocacy: Explaining music therapy - Why don't they get it?

Presenter: Michelle Muth, MT-BC

Metropolitan B

Daily we describe what is music therapy and what it is that we do - often brief encounters in which we wonder, "did they get it?" You will leave this session having transformed your own experiences into succinct language with powerful word-based images to better communicate about music therapy. *Entry Level Professionals; Experienced Professionals*

Passages Featured: Let's build a fort

York

Presenter: Ashley Crisciione

Learn how to create a sensory fort for a client with sensory integration disorder. Students will have an opportunity to explore the sensory fort, learn songs used in sessions, and watch videos demonstrating how improvisation was beneficial to improve auditory and sensory processing goals with a three-year-old boy.

Musically Connecting Preschoolers and Older Adults with RHYTHM and VITALITY

Harrisburger A

Presenter: Becky Watson, MBA, MT-BC

This session will present numerous interventions for intergenerational programs (3-5 years old and older adults) through music therapy. Ideas for utilizing percussion, singing, reading, songwriting, and movement will be presented that musically connect these generations. Practical tips for planning and incorporating interventions for both generations. *Students; Entry Level Professionals*

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

Clinical Foundations for Music Therapy in Adult Oncology Care

Presenters: Florence Ierardi, MM, MT-BC, LPC; Amy Kesslick MT-BC

Metropolitan C

Music therapists use a variety of expressive and receptive methods when working with adults in medical settings. Through video case material, the presenters will discuss clinical foundations, specifically supportive psychotherapy and humanistic approaches, which inform the methods used in adult oncology work in an urban hospital. Multicultural considerations will be addressed. *Entry Level Professionals; Experienced Professionals*

Electric Guitar Bombardment: Basic Rock Techniques for Clinical Work

Presenter: Mark Ahola, MM, LCAT, MT-BC

Penn Harris A & B

Entry Level Professionals; Experienced Professionals

The Show Must Go On: Creating a Dramatic Arts Program for Individuals with Autism Spectrum Disorders

Lancaster

Presenters: Conio Loretto, MS, LCAT, MT-BC; Rachel Thompson, MS, OTR/L; Stephanie Harrigan, MS, CCC-SLP

In this experiential workshop, participants will be introduced to clinical use of electric guitar and amp effects, as well as how to enhance play using stylistic elements found in rock music. Ways to enhance acoustic guitar play and adapt for client needs will be explored. *Entry Level Professionals; Experienced Professionals*

We're Gonna Use the Green Screen

Leland

Presenter: Hakeem Leonard, PhD, MT-BC

Just as in a Hollywood movie, green screen technology allows for creative videography based on a theme. Our themes occur around music. We use the music, technology, and the process, all to facilitate client engagement and achieve clinical outcomes. This presentation elaborates on this as both process and product. *Entry Level Professionals; Experienced Professionals*

In the Studio: The Music Therapy Studio Model

Harrisburger B

Presenter: Rick Soshensky MA, LCAT, MT-BC, NRMT

A musician may spend countless hours in the studio, rehearsing, practicing, jamming, composing, experimenting, recording. The Studio Model as it applies to music therapy will be explored, defined, and outlined through an array of approaches, rationales, techniques for gathering data and crafting clinical goals. Video case studies will be included. *Students; Experienced Professionals*

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

3:00pm – 4:00pm High School Session USA Boardroom
Presenter: Ann Dinsmore, MrcPK, MT-BC; Jan Stouffer, MT-BC; Gene Ann Behrens, Ph.D., MT-BC

Session for high school students and parents interested in music therapy.

4:50pm – 5:40pm Student Swap Shop 1 Penn Harris A & B
Student Swap Shop 2 Harrisburger A & B

The student swap shot is an opportunity for the exchange of clinical ideas developed by students from the Mid-Atlantic Region.

State Meetings:

Delaware/Maryland
New Jersey
New York
PA Town Hall
Virginia/West Virginia

Metropolitan A
Metropolitan B
Metropolitan C
Leland Boardroom
Governor Boardroom

6:15pm – 7:45pm Awards Ceremony Harrisburg Ballroom
Complimentary appetizers and door prizes. Student and Professional Award Recognition and more! Entertainment by John Catalano.

8:00pm – 10:00pm Screening of *When Voices Meet: Award Winning Documentary about Music Therapist Sharon Katz's Peace Train Project in South Africa* Metropolitan B

9:00pm – 10:00pm Drum Circle Leland Boardroom
Nellie Hill will return again this year to facilitate the drum circle experience.

9:00pm – 12:00am Jam Room Governor Boardroom
No alcohol permitted in the jam room space. If patrons are found to be in possession of alcohol they will be asked to leave the jam room.

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

SATURDAY MARCH 19

7:00am – 7:45am Yoga

Brady Boardroom

Rise and Stretch with Angela Guerriero in the morning yoga session. Bring your own mat or grab a towel. No experience necessary. Everyone is welcome.

7:30am – 1:00pm Registration Open

Harrisburg Ballroom

**Ongoing: Meditation Room
Mothers Lounge**

**Brady Boardroom
Lochiel Boardroom**

8:00 am – 12:00 pm Exhibit Hall Open

PA Ballroom

8:00am – 9:45am Concurrent Sessions #6: 100 minutes

Research Track: Poster Session

Governor

What have your fellow researchers been up to this last year? Looking for ideas for your own research project? Attend the Research Poster Session - support your colleagues - find out what exciting projects your colleagues have completed within a variety of methodologies. Each researcher/s will present a brief summary about their focus, design, outcomes, and application using a slide presentation. A discussion and question time will follow: Posters will be presented by the following researchers: Jesse Appel, Student Researcher; Abigail Whitmoyer, Student Researcher; Emily Mountain, Student Researcher; Emily Zimmerman, Student Researcher; Meghan Sova, Student Researcher; K Maya Story, MS, MT-BC PhD Research student at Aalborg University, Denmark; Amanda Watson, SMT; Michael Fiocca, SMT; Samantha Connacher, SMT; Genesis Bordner, B.M.; Clarissa Karlsson, MA, MT-BC; Debbie Bates, MMT, MT-BC; Amanda Watson, SMT

Panel Presentation: Listening Programs for Older Adults an Overview of Current Practice Inside and Outside of Music Therapy. Carlisle

Presenters: Jennifer Geiger, MA, MT-BC; Regina Dennis, MT-BC, Laurel Young, Ph.D., MTA, Seth Laucks, MA, MT-BC, Victoria Vitale, MA, MT-BC; Moderator: Jim Borling, MM, MT-BC, FAMI

This moderated panel presentation will represent different perspectives on the implementation of music listening programs for older adults to include the MusicandMemory Program, a music therapy based listening program, and current research on the ethical implications of these programs for older adults. *Students; Entry Level Professionals; Experienced Professionals.*

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

30 Years! Tips for New MTs from a Happy Veteran York

Presenter: Betsey King, PhD, LCAT, MT-BC

Need some ideas and encouragement as you start out as an MT-BC? This presentation draws on 30+ years practicing and teaching music therapy to bring you a Top Ten list of principles and reminders that have worked for at least one veteran of the profession! *Students; Entry Level Professionals*

Music and Attachment: Can music therapy contribute to an internal working model? Gettysburg

Presenter: Richard Stubbs

In developing his theory on attachment Bowlby proposed that children need to develop an internal working model of their attachment figure in order to cope with separation or stressful life events. Music Therapy can provide strong support for this development. *Students/New Professionals*

Song-based Interventions for Music Therapy Groups Penn Harris A & B

Presenter: Robert Miller, MS, MT-BC

This session outlines a variety of in-the-moment song-based techniques for use in music therapy groups that can be built from songs that the group chooses, and implemented with little preparation, allowing them to be inserted into a session when the need arises. The session will be both didactic and experiential. *Students; Entry Level Professionals*

You Can Uke: A Ukulele Method for Music Therapy Metropolitan C

Presenter: Karen Jasko, MS, MT-BC

The Ukulele has re-gained popularity in recent years, and it is an excellent instrument for use in Music Therapy. The presenter will share a method using simplified chords, chord substitutions, and techniques developed for a Ukulele Club with Older Adults who reside in Independent Living and Long Term Care. Standard right and left hand techniques will be taught along with an adaptive method to help those with cognitive, physical or visual limitations achieve success. A limited number of ukuleles will be provided. Basic Guitar Skills are required. *Entry Level Professionals; Experienced Professionals*

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

Teaching Objectivity: Concepts for Learning

Lancaster

Presenter: Elaine Abbott, PhD, MT-BC

Describing music therapy sessions objectively can be challenging. Using results from qualitative analysis of 130 practicum journals, a framework for teaching students when, who and what to observe and an inventory of language for describing those observations will be presented. Attendees will be encouraged to discuss and brainstorm teaching strategies. *Experienced Professionals; Educators/Internship Directors*

Modern Music Cognition Research and Music Therapy

Presenter: Daniel Goldschmidt, MT-BC

Harrisburger B

Music cognition is a very close field to music therapy, but their research is frequently distant from our newsfeeds. In this presentation you will learn about new findings in music cognition, and we will discuss how it may affect our profession. *Entry Level Professionals; Experienced Professionals*

Communication Through Music with Spanish Speaking Clients

Presenters: Maria Montserrat Gimeno, EdD., MT-BC, LCAT; Haden Minifie, MS, MT-BC; Gabrielle Bouissou

Leland

This presentation will teach basic communication skills to music therapists working with Spanish speaking clients to address goals and objectives. Information from this presentation will aid in creating a rapport and relationship for music therapists and their Spanish-speaking clients. Attendees will listen and focus on Spanish keywords and phrases in popular Spanish songs to help music therapists connect with clients culturally. *Students; Entry Level Professionals*

Early Childhood Mental Health: Current Research and Practice

Presenters: Elizabeth K. Schwartz, MA, LCAT, MT-BC; Meredith R. Pizzi, MT-BC

Lebanon

The concerns surrounding early childhood mental health continue to increase. Research has demonstrated is a need for preventative and universal services for young children and their families. This session will focus on the unique role of music and music therapy in developing sound mental health for young children. *Entry Level Professionals; Experienced Professionals*

2016 Mid-Atlantic Region of the American Music Therapy Association MUSIC THERAPY CONFERENCE

March 16th - March 19th, Harrisburg, Pennsylvania

Elevate Your Clinical Work Through Supervision and Dive Deeper into Psychodynamic Territory **Metropolitan B**

Presenter: Allison Reynolds, LCSW, LCAT, MT-BC

The purpose of this presentation is to consider important aspects of supervision, including its aims and purposes, countertransference, parallel process, music in supervision and others. Video excerpts show techniques used in the supervision process, which have helped to deepen and strengthen the music therapy clinical process. *Entry Level Professionals; Educators/Internship Directors*

Performance Therapy For Empowerment, Songwriting, and Recording with Mental Health Consumer **Metropolitan A**

Presenter: Ariel Avissar, MA, MT-BC, LCAT

This presentation will showcase music therapy practice that is less conventional which takes place in a milieu music therapy setting where clinical work is based enhancing recovery and wellness through performance therapy, recording, and exploration of music technology approaches. It will be shown how each of these tools affords the music therapy clinician a deeper and more potent way to reach clients with acute mental illness. Included will be multi-media samples of live music making, use of music technology and recording, and explanation of how each area of work offers music therapist an array of effective tools with which to address a range of clinical goals in an in-patient or out-patient setting with adult mental health consumers. Self-expression, creativity & artistry, performance as therapy, and use of recording and technology make up a unique, comprehensive approach to music therapy work with clients that need support in areas of cognitive functioning, recovery from substance and trauma, and relief of symptoms from wide range of psychiatric conditions. *Entry Level Professionals; Experienced Professionals*

9:55am - 10:45am Conference Committee Transition Meeting

William Penn

A brief meeting to transition from the current conference committee to the incoming committee.

9:55am - 10:45am Concurrent Sessions #7: 50 minutes

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Research Track: MTR2025: Comments and Future Directions for the Field Governor

Presenter: Joke Bradt, Ph.D., MT-BC; Gene Ann Behrens, Ph.D., MT-BC
Music Therapy Research 2025 was a landmark event for the field, bringing together clinicians, researchers, educators and students from across the country to discuss our research needs for the next decade. Learn about the process and outcomes of this event, and the implications for our field. Add your voice to the discussion as we discuss ways of implementing the recommendations from the final report.

Pregnancy, miscarriage, and maternity leave coverage in a psychiatric hospital Lancaster

Presenter: Audrey Hausig, MMT, MT-BC

The presenter will share her personal experience of miscarriage, pregnancy, and securing a contract for music therapy to be provided during her maternity leave, while working at a psychiatric hospital. *Entry Level Professionals; Experienced Professionals*

Ehlers-Danlos Syndrome and POTS Cluster Diagnoses: Potential for Developing Music Therapy Protocols for an Under-served Population. Metropolitan C

Presenter: Molly Griest, MMT, MT-BC

Ehlers-Danlos Syndrome, Postural Orthostatic Tachycardia Syndrome, Mast Cell Activation Syndrome, and Gastroparesis are a cluster of disorders that are grossly under-served. Gaining education about the unique needs of people with EDS/POTS/MCAS/GP is intended to promote discussion on the potentials of music therapy to treat this population. *Students; Entry Level Professionals*

Music Therapy Within A Life Skills Curriculum Metropolitan B

Presenters: Christopher Gold, MA, LCAT, MT-BC; Heather Case, Special Education Teacher

School systems are responsible for preparing young adults with disabilities to be actively involved in their communities. The music therapist is an integral part of the team to educate these transitioning students. Music therapy interventions, focusing on a life skill curriculum, help engage students in the learning process. *Entry Level Professionals; Experienced Professionals*

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Challenging the Challenging - Understanding it is More than Denial

Presenters: Suzanne Makary, MT-BC; Gianne Pasquino, MT-BC **Leland**

At times our clients question the ability or necessity for positive change. Research has explored the impact of the 5Rs in the Precontemplative stage of change on reveling, rationalization, reluctance, resignation and rebellion. During this experiential session, we will explore activities to further our awareness and what keeps us stuck with ways to encourage clients to begin to move. *Students; Entry Level Professionals*

That One Kid: Managing Behaviors in Children's Music Therapy Groups

Presenter: Tracy Wanamaker, MEd, MT-BC **York**

You feel confident in your behavior management skills, but there is always that one kid and situation that you don't know how to handle. This session will focus on brainstorming ideas for specific challenges that participants are facing and discussing time-tested strategies for minimizing disruptive behaviors in group therapy. *Students; Entry Level Professionals*

Music Therapy and Spirituality in Hospice Care: Practical Applications

Presenter: Sara Breyfogle, MT-BC **Metropolitan A**

This session will focus on the use of music therapy techniques that are designed to support, express, and explore spirituality with a hospice patient. After an overview of both hospice care and spirituality, the participants will learn about practical music therapy techniques for this population. *Entry Level Professionals; Experienced Professionals*

BeComing a Music Therapist: Recommendations for the Use of Mindfulness to Support Music Therapy Supervisee Development **Gettysburg**

Presenters: Alison Rigby, MA, MS, MT-BC; Amy Troyano, MA, MT-BC

Based on a critical review of the literature, as well as the experience of a music therapy supervisor who utilizes mindfulness, we would like to present recommendations for using mindfulness as a tool to support music therapy supervisee development. *Students; Educators/Internship Directors*

Stop! Collaborate and Listen: A Multi-Disciplinary Approach to Developing Power Mobility **Harrisburger A**

Presenters: Beth Deyermond, MA, MT-BC; John Damiao, MA, OTR/L, ATP/SMS Lisa Gradziel, PT, DPT, PCS, C/NDT

Collaboration_. Team approaches_ Multi-disciplinary. These are all terms that describe what is considered to be an optimal way of approaching the treatment of the individuals we work with. This presentation will outline the process in which a music therapist, occupational therapist and physical therapist worked together to create a unique, multi-modal program at a long-term residential

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school for children with significant multiple disabilities. The program, known as Drive and Jive, paired power mobility (power chairs) with clinical improvisation to improve stamina and broaden aspects of motivation when independently driving power chairs. Clinical examples will be shared via video excerpts in a mini-case study format to highlight the efforts of the therapists working together as well as the progress that was achieved by the students. *Entry Level Professionals; Experienced Professionals*

Adolescent Lullaby, Using the Salient Qualities of Music and the Power of Relationship to Meet the Needs of Individuals Across Ages and Developmental Levels

Harrisburger B

Presenter: Stacey Hensel, MA, MT-BC, LCAT, Nordoff-Robbins Music Therapist
This presentation will illustrate the benefits of interactive, improvisational music therapy in supporting a range of developmental capacities. Imagine an infant being gently rocked in the arms a caregiver, as a soothing lullaby is sung to sooth, co-regulate and intimately connect. Music can provide the holding and the intimacy that is needed, but so hard to give to older students who need this early developmental support. *Entry Level Professionals; Experienced Professionals*

Story-Song: Bringing the World Into Awareness Through Multisensory Music Therapy

Penn Harris A & B

Presenters: Alissa West, MT-BC; Gregory S. Perkins, MT-BC
While music is inherently a sensory experience, integrating all of the senses within therapy allows individuals to gain a more complete awareness of their environment. In this presentation, both discussion and experiential learning will be used to explore the use of multi-sensory music experiences for individuals with developmental disabilities. *Students; Entry Level Professionals*

Passages Featured: Learning to sing again: A healing process

Presenter: Caitlin Clark **Carlisle**
This presentation will take you through the treatment process of a client who suffers from the effects of a stroke and how singing instruction facilitated a powerful healing process. *Students; Entry Level Professionals*

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11:00 am – 11:50 am Guided movement and mediation. No Fee sign up in advance. **Brady**

11:00am – 11:50am Concurrent Sessions #8: 50 minutes

The State of Music Therapy in New York State Metropolitan A

Presenter: Donna Polen, LCAT, MT-BC

Many factors are impacting the practice of music therapy in New York State, including the Creative Arts Therapy license, the effort to create an authentic music therapy license, the licensing of other new professions, changes in education and training in response to legislative and regulatory requirements, and issues related to reimbursement. This session will provide brief updates on current legislation, followed by the opportunity to pose questions to the task force and to learn more about how to navigate and advocate for recognition of music therapy in the state of New York. *Entry Level Professionals; Experienced Professionals*

Finding Freedom: A journey to Humanistic, Relationship based Music Therapy

Presenter: Joy Kaminski, MT-BC

Gettysburg

This presentation describes one therapist's experience of moving from activity-based music therapy techniques to humanistic, relationship-based music therapy experiences in an inpatient psychiatric hospital, and the powerful impact on her work, life, and patients. Recommendations for coping with burnout and connecting fully with patients are included.

Over 30 and Starting Over: Becoming a Music Therapist Later in Life

Presenters: Katy Hutchings, MA, MM, MT-BC; Alison Rigby, MA, MS, MT-BC Fang-Yu Liu, Ph.D student, MA, MEd, MFA Matthew Page, MA, MT-BC **Leland**

What happens when you decide to change careers and become a music therapist? Learn about the experiences of new music therapists who decided later in life to go back to school and start a new career. Find out about the challenges, benefits, and supervisory issues that arise for older students. *Educators/Internship Directors*

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Building Bridges: Advocacy and Collaboration In Interdisciplinary Education

Presenters: Anthony Borzi, MT-BC; Melissa Heffner, MT-BC; Bridget Sova, MT-BC; Kathryn Coccia

Metropolitan C

Interested in learning how to promote collaboration in your work or internship setting? The presenters will share such techniques as part of their experience in an interdisciplinary collegiate course that involved collaborating with classmates from other healthcare professions. Interventions designed with fellow classmates will also be presented.

BOOMING Music Wellness Programs for Older Adults

Presenter: Becky Watson, MBA, MT-BC

Penn Harris A & B

This session will present numerous ideas and interventions featuring percussion when working with older adults living with dementia. Ideas for utilizing rhythm, percussion, singing, songwriting, and movement will be presented that musically energize, engage and empower older adults living with dementia. Practical tips for planning and incorporating interventions. *Entry Level Professionals*

Fostering Positive Attachment for Alternative Family Units through Music Therapy

Presenter: Megan Neil, MT-BC

Metropolitan B

This session will give an overview of the presenter's graduate clinical project looking at attachment and music therapy. A brief overview of alternative family units, attachment, and music therapy within them will be described. Overarching descriptions of the presenter's clinical experiences and implications for future music therapy will be discussed. *Entry Level Professionals*

PROCESS, PRODUCT AND PERFORMANCE: on following the music beyond the clinical space.

Lancaster

Presenter: Kathryn Fathers MA, MT-BC, LCAT

Is performance an entertainment element of the more serious work done in the clinical setting? Or is something else happening that can enhance our practice as therapists to promote health for our clients? Discussion informed by literature and case studies will consider approaches that extend our practice to follow where the music leads. *Students; Educators/Internship Directors*

Top 3 Ways Music Therapy Changed My Life

Harrisburger A & B

Presenter: Maria Battista Hancock, LCAT, MT-BC

Is the clinical work I engage in everyday changing me? Is it bringing the kinds of results I dream about? This presentation will highlight practical ways in which music therapy provides deeper understanding and healthier living strategies for both client and therapist. *Entry Level Professionals; Experienced Professionals*

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Curriculum-Based Music Therapy: A Bridge between Research and Practice?

Presenters: Kate Stanley, MT-BC; Ryan Carroll, MT-BC **Lebanon**

Discussing the role of structured intervention in music therapy practice, this presentation seeks to explore concerns and ethical issues that curricula may pose in daily service provision. The use of conditional design in treatment modules will be examined, and a sample music therapy curriculum will be presented to aid discussion. *Experienced Professionals; Educators/Internship Directors*

Bands & Recording Studios: A Unique Music Therapy Program for Adult Mental Health Consumers

Presenter: Ariel Avissar, MA, MT-BC, LCAT **York**

Whether making music in the moment, live, in the here-and-now or by taking a more introspective approach to methodically arrange ideas, and engage in a range of self-expression in a recording studio environment, the core techniques and methods open up new possibilities for the music therapist. With a range of populations, communities, cultures, and challenges a music therapist can collaboratively explore a range of tools and experiences with the client that can address a range of clinical goals. *Students; Educators/Internship Directors*

Passages Featured: A case of emotional exploration in group music therapy with adolescents: Teamwork and group process

Presenter: Michael Kelliher **Carlisle**

This presentation will examine group music therapy work with adolescents with neurodevelopmental disorders. Focus will be on the process of two music therapists working together to facilitate emotional exploration within a music-centered framework and the therapists' continuous growth in their approach to treatment. Clinical vignettes will be included. *Students; Entry level professionals*

11:55am – 12:00pm **Conference Farewell** **Carlisle**

1:00pm – 4:00pm **3 Hour CMTE's**

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CMTE F: Practical skills in music therapy assessment with people with disorders of consciousness **Metropolitan A**

Presenter: Wendy Magee, PhD

This course will be a practical workshop in the music therapy procedures that are used in the assessment and treatment protocol of the Music Therapy Assessment Tool for Awareness in Disorders of Consciousness (MATADOC). The MATADOC has been standardized as valid and reliable for use with adults with DOC and its validation with a pediatric DOC population is in progress. It also has relevance for other populations such as late stage dementia, profound and multiple developmental disabilities and advanced neurological illness where consciousness is compromised. Skills developed in this introductory workshop can be furthered through specialist training and competency development.

CMTE G: Music Therapy Ethics: Raising Consciousness & Consulting with Colleagues **Metropolitan B**

Presenters: Carol Shultis, Ph.D, MT-BC & Gretchen Patti, MS, LCAT, MT-BC

Music therapy ethics impact every aspect of our profession from student-faculty interactions to announcing services. Ethics education offers the professional an opportunity to learn and explore ethical concerns in the work world.

Participants will explore ethics and have the chance to explore ethical concerns that arise from their own work. **This course provides 3-hours of Ethics Credit.**

1:00pm – 6:00pm

5 Hour CMTE's

CMTE H: Fulfilling the Promise of IDEA: Making Music Therapy Happen in Public Education **Harrisburger B**

Presenters: Elizabeth K. Schwartz, MA, LCAT, MT-BC & Meredith R. Pizzi, MT-BC

Federal legislation that became the Individuals with Disabilities Education Act or IDEA turns 40 this year. Experienced clinicians will facilitate this interactive workshop that will provide music therapists with the tools they need to create opportunities for children to access music therapy within their school program.

CMTE I: Supervising the National Roster Music Therapy Intern

Presenter: Matthew Phillips, LCSW, MT-BC

Leland Boardroom

A comprehensive overview of clinical supervision topics specific to the internship experience, this course is FREE for current AMTA members and fulfills the training requirement for National Roster Internship Director applicants. Internship agreements, stages of internship, supervision models, competency-based training, ethics, multi-cultural awareness, and methods to address various challenges will be presented.

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Presenter Bios:

Ariel Avissar, MA, LCAT, MT-BC, has been practicing music therapy for 14 years. He works for the NY State's Office of Mental Health in adult & geriatric psychiatry and currently developing a unique therapy wellness and recovery program that consists recording, and music technology in an outpatient mental health recovery and wellness center in Brooklyn, NY.

Elaine Abbott, Ph.D., MT-BC is an associate professor and the chair of music therapy at Duquesne University, Pittsburgh, PA. She teaches undergraduate students in methods, practicum, and professional topics courses.

Diana N. Abourafeh, MT-BC, is a music therapist at Northwell Health, Orzac Center for Rehabilitation. She was a music therapy intern at the Rebecca Center for Music Therapy at Molloy College from 2014-2015. She is currently an administrative assistant at The Rebecca Center for Music Therapy, music therapy graduate student at Molloy College, and a graduate assistant for the Clinical Mental Health Counseling department at Molloy College.

Brian Abrams, Ph.D., MT-BC, LPC, LCAT, has been a music therapist since 1995, with experience across a wide range of clinical contexts. He currently serves as coordinator of music therapy at Montclair State University.

Mark Ahola, MM, LCAT, MT-BC, was a professional guitarist and instructor prior to becoming a music therapist 20 years ago. He now incorporates many guitar styles when working with school-age to older adult clients.

Kory Antonacci, MEd., MT-BC, is a music therapist at the Children's Hospital of Pittsburgh of UPMC. She has previous clinical experience in working with children with physical disabilities, chronic illness, developmental disabilities, and palliative care in a medical setting. Nicole Steele has been a music therapist at the Children's Hospital of Pittsburgh of UPMC for the past 10 years. She additionally assumes the role as a facilitator for university drum circles, and is active providing ongoing education to various medical disciplines on pediatric music therapy.

Debbie Bates, MMT, MT-BC is Senior Music Therapist at the Cleveland Clinic (OH) where she works with oncology patients and their families. She is a PhD student at Temple University and serves as adjunct faculty at St. Mary-of-the-Woods College (IN) and Augsburg College (MN).

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Maria Battista-Hancock, MT-BC, LCAT, is Expressive Arts Department Chair and Music Therapy Internship Director at Hochstein School of Music & Dance. Music Therapy training completed at Temple University, Philadelphia, PA; earlier musical studies from the Conservatorio di Musica Giordano.

Gene Ann Behrens, PhD, MT-BC, is director of the music therapy program at Elizabethtown College, and teaches a seminar class on working with parents/guardians of clients attending the College's on-campus music therapy clinic.

Amanda Ruddy Belcastro, MT-BC received her Bachelors of Music in Music Therapy from Marywood University. She has worked at The Center for Discovery for almost ten years, where she maintains a caseload of older students with Autism and leads weekly piano training sessions for the Music Therapy Internship Program.

Sarah Biedka, MT-BC, currently serves as a Kehillah (Community) Coordinator, providing a variety of therapeutic interventions and activities to older adults who are Jewish. Interests include memory care and geriatric mental health/trauma support

Jim Borling, MM, MT-BC, Fellow of the Association of Music and Imagery, is Professor of Music and Director of the Music Therapy Program at Radford University in Radford, Virginia. Over the years Jim has held contracts with Lewis Gale Hospital Alcohol and Drug Program, Lewis Gale Clinics-Chronic Pain Program, Life Center of Galax Treatment Center, The Center for Behavioral and Rehabilitative Medicine, and Avenues to Recovery Adult and Adolescent Programs. He has provided Music Therapy trainings throughout the United States as well as in Korea, Germany, Canada and Mexico. He is widely published, contributing both to professional journals and book chapters on a variety of topics around the clinical applications of music therapy. His primary clinical focus currently includes special applications in the field of addictions and men's work. Jim and wife Nannette are Co-Founders of "MusicVisions, LLC-Services for Healing and Growth", a private practice in Roanoke, Virginia offering Music Therapy and Reiki services.

Anthony Borzi, MT-BC is recently board certified after completing his internship at Mount Sinai Beth Israel. He is currently pursuing his MA at Montclair State University.

Gabrielle Bouissou is a current graduate student of Music Therapy and graduate assistant at SUNY New Paltz. She earned her BS in Music and her BA in Psychology at SUNY New Paltz.

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Danielle Brazinski, Masters of Science in Art Therapy/Counseling, obtained her education from the College of New Rochelle. She focuses on self-exploration through artistic mediums with older adults. Therapeutic goals include maintaining cognition through self-expression and verbal processing.

Joke Bratt, Phd, MT-BC, is Associate Professor in the Department of Creative Arts Therapies at Drexel University. Dr. Bratt has significant methodological expertise in clinical intervention research, mixed methods research, systematic reviews and meta-analysis.

Sara Breyfogle, MT-BC, is a graduate student at Radford University. She attended Appalachian State University as an undergraduate and completed her internship at CarePartners Hospice in Asheville, NC.

Darlene Brooks, Ph.D., MT-BC, LPC, LCAT, FAMI, has been a music therapist for a long time. She has over 20 years clinical experience and 23 years as a professor. She has served on the Executive Board of NAMT, Clinical Training Committee, Council Coordinator, EATB, and is a former member of the Editorial Board for JMT and the Editorial Board for AIP. Areas of specialty include Psychiatry and Supervision.

Maria Carlini, MSOL, MT-BC, Fellow of the Association of Music and Imagery, is Co-Founder and Director of Creative Therapies Enterprises (CTE) in Pittsburgh, PA. She is an adjunct professor in the Music Therapy program at Seton Hill University where she teaches and provides clinical supervision for practicum students. She has also completed training in mandala assessment (MARI), a Jungian art therapy diagnostic. Through her work with CTE, she and another music therapist, Linda Sanders, have educated individuals, agencies, institutions, and schools in the Pittsburgh community about the benefits of music therapy and created numerous independent contracts for the provision of expressive arts therapy services. Ms. Carlini has developed programs and provided clinical services for several organizations including Pittsburgh Integrative Mental Health Services, Barber National Institute, Easter Seals Society, Walden Center of Citizen's Care Inc, Keystone Oaks School District, the Adolescent Units of Mayview and Woodville State Hospitals, Zoar New Day Addictions Program, and the PA Organization for Women in Early Recovery. She has provided numerous regional and national presentations and workshops primarily on music and expressive arts therapy with women and addictions. She has served on the CBMT Board of Directors and is a past-president of the Pittsburgh Association for the Arts in Education and Therapy. While she continues to service a variety of populations, her favorite work revolves around women in recovery.

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John A. Carpente, Ph.D., MT-BC, LCAT, is an Associate Professor of Music Therapy at Molloy College, Founder and Executive Director of the Rebecca Center for Music Therapy, and the Founding Director of the Center for Autism and Child Development at Molloy College. He has written several book chapters and journal articles on the topic of music therapy and ASD, and has recently authored Individual Music-Centered Assessment Profile for Neurodevelopmental Disorders (IMCAP-ND): A Clinical Manual.

Ryan Carroll, MT-BC, is the lead music therapist and MT internship director at Saint Elizabeths Hospital, a long-term adult, forensic psychiatric intensive inpatient hospital in Washington, D.C.

Caitlin Clark is a senior music therapy student at Shenandoah University. She is an active student leader on campus. Her internship will be at the university of Pittsburgh Medical Center.

Kathryn Coccia, MT-BC, recently completed her internship at CarePartners Hospice in Asheville, North Carolina. She is also a graduate equivalency student at Ohio University

Jane Creagan, MME, MT-BC, has a bachelor's degree in music therapy from Anna Maria College, and a master's degree in music education from the University of Connecticut at Storrs. Jane has served a number of populations including children and adolescents with learning disabilities and developmental disabilities, and adult chronic schizophrenic geriatric patients. For the past twenty six years Jane has been the Director of Professional Programs for the American Music Therapy Association, providing support to faculty and internship directors at AMTA-approved degree programs, University Affiliated Internship, and National Roster Internship Programs, a liaison to professional programs committees-Academic Program Approval, and Association Internship Approval. Jane is also a member of the Education and Training Advisory Board, and the MLE Sub-Committee. Jane provides information and assistance to the general public interested in music therapy as a career, as well as colleges and universities interested in establishing music therapy degree programs.

Ashley Crisciione is a senior music therapy major at Slippery Rock University. Her main instrument is voice focusing on classical music and jazz.

Mara E. Culp, MME, taught K-12 music for 5 years. She has presented at state, national, & international conferences and has published work related to improving speech using music.

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John Damiao, MS, OTR/L, ATP/SMS, is an occupational therapist, certified as an assistive technology professional and seating and mobility specialist. Building upon the work of Dr. Nilssen's Driving to Learn and Dr. Gallowaya's Go Baby, Go concepts, his main interests include using power mobility as a modality for neuro-rehabilitation, such as cognitive and neuromuscular development in individuals with significant impairment. John has published and presented on the therapeutic use of power wheelchairs and continues to work to further build upon this modality, and create custom robotic based adaptations to increase mobility opportunities for all individuals.

Regina Dennis, MT-BC has been at Jewish Senior Life in Rochester, NY for 9 years and has successfully implemented the music and memory program at her facility. She currently serves as co-chair of the AMTA Music and Memory Work Group.

Beth Deyermond, MA, MT-BC has worked in the field of music therapy for over 14 years. She received her Master of Arts in Music Therapy from Saint Mary of-the-Woods College. Beth currently serves as the Senior Music Therapist and Internship Director at The Center for Discovery in Harris, NY where she specializes in working with children and adults with significant multiple disabilities. She is a frequent presenter at the regional and national levels.

Ann Dinsmore, MrcPK, MT-BC, has an undergraduate degree from Elizabethtown College and a Master of Recreation and Parks from Penn State. Ann has worked for 18 years as a music therapist in long term care recreation. She created a Music Therapy program at Masonic Village in 1999, and now supervises four MT-BCs, affiliate interns, and Elizabethtown clinical students.

Nicole Drozd, MS, MT-BC, is the founder and owner of Heart Song Music Therapy, a private practice that provides programs and services to individuals, organizations, and facilities in and around Norfolk, VA.

Kathryn Eberle-Cotter, MT-BC, graduate of Slippery Rock University, most recently worked for Friends of Youth as a Bilingual Counselor, implementing a group music therapy curriculum with sexually aggressive youth.

Lillian Eyre, PhD, is Associate Professor, Director of Music Therapy/ Chair of Graduate Music Therapy, Immaculata University. She has worked extensively in psychiatry and in community mental health, and with adults in private practice. She is the editor of and contributing author to Guidelines to Clinical Practice in Music Therapy: Mental Health, published by Barcelona Publishers.

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Katelyn Farris, MT-BC, graduated from William Carey University in Hattiesburg, MS in 2013 with a Bachelor's degree in Music Therapy. She completed her clinical internship at The Baddour Center in Senatobia, MS, primarily working with adults with intellectual disabilities. She is currently a master's candidate at Radford University, and expects to graduate in Spring of 2016 with a Master of Science degree in Music Therapy.

Kathryn Fathers MA, MT-BC, LCAT, recently moved from the UK. Kath is a singer/songwriter with MT clinical experience ranging from palliative care to profound and multiple learning difficulties. Performance as process is a primary research focus.

Maria Hricko Fay, MSW/LSW, LCAT, MT-BC, Fellow of the Association for Music and Imagery, has been a music therapist for over 20 years. She is going on her third term serving on the MAR Board as Government Relations Chair and works at the national level for AMTA as a Government Relations Specialist.

Jennifer Trimble Ford, MS, MM, MT-BC is a graduate of Ithaca College and the Peabody Conservatory. Jen recently completed her degree in Creative Arts Therapy at Nazareth College, and joined the music therapy team at Mary Cariola Children's Center in January 2015.

Dr. Anita Gadberry is the Director of Music Therapy at Marywood University. She also serves as the Regional Liaison for North America, World Federation of Music Therapy; VP Membership, Mid-Atlantic Region; and a member of the Pennsylvania State Task Force.

Krista Winter Galley, MA, MT-BC, is in her 3rd year as a volunteer member of the Continuing Education Committee for CBMT. She has worked as a music therapist in several settings.

Jennifer Geiger, MA, MT-BC, is a business owner working primarily with older adults. A graduate of Willamette University and the University of the Pacific, she interned at Philhaven Hospital in Mt. Gretna, PA. She is a guest lecturer and fieldwork supervisor at UOP. Jennifer serves as the President of the American Music Therapy Association.

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Maria Montserrat Gimeno, EdD., MT-C, LCAT, is an Associate Professor at SUNY New Paltz with a Doctorate in Counseling Psychology. Her research has focused on the effects of music and imagery in medical settings. She has published and presented nationally and internationally. Haden Minifie, MS, MT-BC received her Master's in Music Therapy from SUNY New Paltz. She is the Co-founder of Sing Out! International, LLC, a community music therapy organization.

Christopher Gold, MA, LCAT, MT-BC, has provided music therapy services to students with disabilities at Monroe 2 BOCES for 15 years. He is a coauthor of the MT-SEAS and an adjunct professor at Nazareth College.

Daniel Goldschmidt, MT-BC, earned his BME in Music Therapy from the University of Kansas in 2012. In 2014 Daniel gave a "TEDx talk" on music cognition titled, "Music: The Beautiful Lie"

Lisa Gradziel, PT, DPT, PCS, C/NDT, is a pediatric physical therapist who works at the Center for Discovery in Harris, NY. She has an interest in adapted recreational opportunities for individuals with disabilities, with a focus on adapted dance, as well as power mobility for individuals with significant levels of physical impairment. She has presented at national physical therapy conferences about adapted dance and adapted cheerleading.

Andrea Green, a music therapist and composer/playwright, is internationally known for her work with children and her musicals that foster empathy and acceptance. In 2012 her work was honored by the City of Philadelphia and her work as a music therapist inspired the 2015 Emmy-award winning documentary "On the Other Side of the Fence". A graduate of University of Miami, Bachelor of Music, in Coral Gables Florida and Drexel University, Master's in Creative Arts in Therapy, Ms. Green resides in Philadelphia.

Molly Griest, MMT, MT-BC, has 21 years of experience working in mental health and forensic facilities. She is the education director of Maryland Music Therapist's Collective, and a parent caregiver.

Angela Guerriero, M.Ed., MA, MM, MT-BC, RYT is a board certified music therapist, registered yoga teacher, and the director of Tempo! Music Therapy Services in West Chester, PA and Nutley, New Jersey. She is doctoral candidate in Creative Arts in Therapy at Drexel University.

Nicole Hahna, PhD, MT-BC, Fellow of the Association for Music and Imagery, teaches in the music therapy program at Slippery Rock University and serves as CoChair of the PA State Task Force.

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Stephanie Harrigan, MS, CCC-SLP, is a Speech Pathologist who received her Masters degree from SUNY New Paltz and has also been a part of the The Center for Discovery's Communication Enhancement team for three years.

Audrey Hausig has been practicing music therapy in the Philadelphia area since 2000. She received her BM, and MMT from Temple University. She plays bass, violin, and vocals in several bands.

Melissa Heffner, MT-BC, has been supervising undergraduate and graduate equivalency practicum students at Ohio University since September 2013. She works with children and adults with autism and developmental disabilities in Parkersburg, WV.

Stacey Hensel MA, MT-BC, LCAT, Nordoff-Robbins Music Therapist, has extensive experience as a clinician, instructor and supervisor in a music centered music therapy model. She has had instrumental roles in developing two thriving music therapy programs. Stacey is also the founder of Innovative Music Therapy Services. She is also supervisor for creative music therapists in the New York City area.

Nellie Hill, Playful Spirit Adventures, is Remo endorsed professional Drum Circle Facilitator and certified Life Coach. She earned her MA in Music Education from the University of Maryland, with post-graduate studies at Duquesne and Villanova. Her extensive facilitator training includes VMC. Recently retired from teaching music in Howard County, Maryland, Nellie Hill is an active member of the Drum Circle Facilitators Guild. She has held several positions on the Board of Directors, including President. Currently she serves as an advisor. Rhythm is the driving force of life. Circles come in many forms; circles for reflection, for healing, for community, for leadership, but most importantly for enjoyment. When your rhythm is off so is your life. Find your rhythm and enjoy the spirit! certification, DCFG accreditation, and HealthRhythms. She served many years as a teaching assistant for Will Schmid for his World Music Drumming Workshops. Nellie was also the facilitator for the opening of the National Music Center in Washington, DC and for the MENC National Conference in 2009. She is the co-author, along with Arthur Hull, of the Drum Circle Facilitators Handbook, which is now published in three languages.

Meghan Hinman, MA, MT-BC, LCAT, worked for 10 years as a music therapist in end-of-life care settings, and currently works as a psychotherapist in a private practice in Manhattan. She is a doctoral candidate in Depth Psychology at Pacifica Graduate Institute and an adjunct faculty member at Montclair State University.

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Janalea Hoffman, MT-BC, has had a private practice in the Midwest for 30 years, has published a book and 15 therapeutic music CD's which are used nationally by health care professionals around the US. She is a speaker for many holistic health related conferences and has been a music therapy and wellness consultant for several large corporations.

Scott Horowitz, MA, MT-BC, LPC, is the Director of Field Education and Clinical Instructor in the Department of Creative Arts Therapies at Drexel University. He has practiced as a music therapist with a variety of populations and ages including children and adults with developmental disabilities, individuals with physical disabilities, mental health, family based work and individuals with intellectual disabilities.

Katy Hutchings, MA, MM, MT-BC, recently graduated from Drexel University, receiving her Master's in Music Therapy and Counseling, after pursuing a career in opera. She currently works as an early childhood music therapist.

Flossie Ierardi, MM, LPC, MT-BC, is the Director of the Music Therapy Graduate Program at Drexel University, where her ongoing and recent areas of focus include Clinical Musical Improvisation and Multicultural Perspectives in Music Therapy. She has worked with diverse clinical populations for more than thirty years and is a professional percussionist. Flossie has given numerous presentations and workshops on clinical improvisation using percussion instruments, as well as drum circle facilitation from a music therapist's perspective. As a percussionist, she has performed with contemporary and classical ensembles in the Philadelphia area.

Melanie Isaac, MS, MT-BC, has 9 years of experience with individuals across the developmental spectrum. Through WB Music Therapy, she has conducted sessions and groups in Lebanon and Dauphin counties since 2013.

Lisa Jackert, MA, MT-BC is Program Coordinator of Outpatient Mental Health Services at Community Hospital Long Beach and maintains a private practice with emphasis on strength-based improvisation, voice work, song-writing and GIM.

Amanda Jackson provides group and individual music therapy services to child survivors of domestic violence (ages 3-12) and their families in two county PALS programs located in New Jersey.

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Karen Jasco, MS, MT-BC, FAMI, has worked with Older Adults for over 25 years in skilled nursing, personal care, independent living and rehabilitation settings. She has taught several CMTEs on the Ukulele, Hawaiian Guitar and Open tunings. She currently works for the Little Sisters of the Poor in Pittsburgh with Older Adults in Independent Living and Skilled Nursing Settings. Karen has been directing a Ukulele Club with Older adults since 2011.

Joy Kaminski, MT-BC, Joy has worked at Rochester Psychiatric Center in upstate New York for the past 8 years.

Sharon Katz: One divided nation, one united chorus, one courageous journey across South Africa. Grammy-nominee Sharon Katz, Nonhlanhla Wanda and Marilyn Cohen, the original founders of The Peace Train project in South Africa, are working with community leaders in 10 American cities to plan performances and youth leadership development activities.

Michael Kelliher, MT-BC, is the music therapist at Imagine Academy in Brooklyn, NY. He earned his BS in music therapy with a minor in psychology from Molloy College, where he is currently completing a graduate degree in music therapy.

Amy Kesslick MT-BC, Amy is a music therapist at Hahnemann University Hospital's Cancer Center, where she has been involved in funded research with Joke Bradt, PhD. She has supervised interns in oncology work and NICU music therapy.

Betsey King, PhD, LCAT, MT-BC, is an associate professor of music therapy at Nazareth College. She has 30 years experience in various settings from special education to rehabilitation medicine.

Sarah Kliman, MSW, MT-BC, works with the Society for the Protection and Care of Children in Rochester, NY and practices dually as a social worker and music therapist there.

Andrew Knight, PhD, MT-BC, is assistant professor of music therapy at Colorado State University, and has research interests in early childhood, mental health, and therapeutic uses of music technology.

Seth Laucks, MA, MT-BC, is a lifelong musician who has worked in healthcare and research positions for over a decade. He received an MA in Music Therapy from Drexel, and is building and expanding a MT program at St. Ignatius Nursing Center in Philadelphia.

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LiQian Lederer is a graduate from Pratt University and a classical pianist. As a music therapy intern, she supports music programming for people with dementia and their caregivers.

Heidi Lengel, MMT, MT-BC, is a Music Therapist, Certified Birth & Bereavement Doula, childbirth educator, and maternal mental health advocate. Lengel offers therapeutic support to families throughout the perinatal span. Learn more at www.interludeperinatalsupport.com.

Hakeem Leonard, Ph.D., MT-BC, is a professor at Shenandoah University where he also supervises practicum students in their MT Clinic, using innovative therapeutic applications. As such, he seeks to generate and promote best practices within the field.

Richard Lewellen, MMT, MT-BC, is owner and director of New Leaf Music Therapy with experience working with voice therapy through choir singing for people with Parkinson's disease and chronic pain management.

Carolyn Lieberman is a music therapy graduate student at the State University of New York at New Paltz. She is currently an intern at an inpatient psychiatric facility.

Fang-Yu Liu, Ph.D. Student, MT-BC, is a Music Education PhD student at National Taiwan Normal University, and was the recipient of 2015 Outstanding Thesis in Music therapy and Counseling Award from Drexel University.

Conio Loretto, MS, LCAT, MT-BC has more than twenty years clinical experience as a Music Therapist working with children and adults with multiple disabilities and autism spectrum disorders. He originated and serves as the Senior Director of The Center for Discovery's Music Therapy Program and is an adjunct faculty member at SUNY New Paltz and Marywood University. Conio is in his second term as Student Affairs Advisor for the Mid Atlantic Region.

Wendy Magee, PhD Music Therapy is an Associate Professor, Temple University. She has practiced in neuro-rehabilitation since 1988 as MT clinician, researcher, manager and trainer. She is an active researcher with diverse neurological populations, Cochrane reviewer, and developer of standardized measure MATADOC.

Suzanne Makary, MT-BC, encourages growth and change in her work at St. Luke's University Hospital and Health Network. Suzanne has worked in Adult Acute Partial Hospitalization since completing her Internship in 1997. She enjoys fostering the love of music in her family and is a director of music at a local church.

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Tony Meadows, PhD, MT-BC is Associate Professor and Director of Graduate Music Therapy Studies at Shenandoah University.

Robert Miller, MS, MT-BC, FAMI, is a music therapist with UPMC in Pittsburgh, PA, a drum circle facilitator, and co-founder of Music for Life of Pittsburgh, LLC.

Ilene Berger Morris, MM, LCAT, MT-BC, has been a music therapy clinician for over 30 years. Lee is based on Long Island, NY, splitting her work-week between a special education center and the neuro-rehabilitation department of a hospital.

April Westover Mounts, LCAT, MT-BC has worked at Mary Cariola Children's Center for 18 years. In addition, she is a clinical supervisor for Nazareth College and director of the internship program at Mary Cariola.

Samite Mulondo Founding Director of Musicians for World Harmony, will share his experiences of working with former child soldiers, AIDS orphans and refugees in the Democratic Republic of the Congo, Uganda, Kenya, Tanzania and Rwanda. Samite's unique perspective as a world renowned musician and humanitarian will inspire and energize music therapists with his message of the healing power of music.

Kathleen M. Murphy, PhD, MT-BC is an assistant professor of music therapy at the University of Evansville. She is an active clinician, supervisor, and researcher with over 30 years of clinical experience. Kathleen has authored book chapters and journal articles. Additionally, she has presented nationally and internationally on a variety of topics related to the music therapy clinical practice and issues related to education and professional well-being. Kathleen's research interests are focused on music therapy in substance dependence across the lifespan and in short-term mental health treatment.

Michelle Montgomery Muth, MT-BC, Neurologic Music Therapist, is the owner of M3 Music Therapy, using music therapy to build community. She is also a provider of Sprouting Melodies®. In addition to her music therapy work, Michelle has extensive experience in public relations and marketing having worked in the information technology field prior to a career change to music therapy.

Bryan J. Muller, Ph.D., MT-BC, LPC, FAMI, is Affiliate Faculty at Immaculata University where he teaches clinical musicianship. Bryan also maintains a private psychotherapy practice for adult clients using Guided Imagery and Music .

Katherine Myers-Coffman, MS, MT-BC, is currently a PhD student at Drexel University, Kate has worked with individuals with intellectual disabilities, autism spectrum disorders, and mental illness as well as with refugees and at-risk youth.

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Megan Neil, MT-BC, is a Masters Candidate at Radford University. Obtained Bachelor of Music in Music Therapy from Slippery Rock University. Completed internship and worked for a year at Bethany Children's Home before returning to school. In graduate clinical work focused on Family Music Therapy with Alternative Family Units- A Reunited Family and a Foster-to-Adopt Family.

Kristen O'Grady MA, LCAT, MT-BC, is the Clinical Director for Creative Arts Therapies at the Elizabeth Seton Pediatric Center, where she has worked since 2004. Her main clinical interest is pediatric palliative care and she is one of four authors of the blog www.musictherapyeolcare.com.

Erin Oulton is a junior double major in music therapy and studio art at Slippery Rock University. Her main instrument is clarinet.

Matthew Page, MA, MT-BC, graduated from Drexel University, Masters in Music Therapy and Counseling. He has pursued a career as an orchestral trumpeter, and currently works in geriatrics as a music therapist.

Gianne Pasquino, MT-BC, creates a space that fosters hope and promotes overall wellness in the field of Behavioral Health. Since completing her studies at Marywood University, Gianne has provided Music Therapy to children and adolescents at KidsPeace National Hospital in Orefield, PA. In June 2014, Gianne chose to return to St. Luke's University Hospital and Health Network and currently supports individuals at the Inpatient level of care. In the near future, Gianne plans to continue to develop her therapeutic skills at the Master's Level.

Gretchen Patti, MS, LCAT, MT-BC, Owner-Sound Therapeutic Services, Program Director-Keystone Human Services, has 30+ years of experience, is a frequent presenter on topics related to ethics. She currently serves on the Ethics Board of AMTA.

Gregory S. Perkins, MT-BC, is a music therapist at Matheny Medical & Educational Center in Peapack, NJ and Tempo! Music Therapy Services, LLC in Nutley, NJ. He has recently completed the DIRFloortime certificate program

Matthew Phillips, LCSW, MT-BC is a social worker at Pleasantville Cottage School, residential treatment center for adolescents in Westchester County, NY. He was previously the music therapist at Hawthorne Cedar Knolls and the director of music therapy at Bethany Children's Home. Matthew is the MAR representative to the Association Internship Approval committee.

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Meredith R. Pizzi, MT-BC, is the Founder and Executive Director of Roman Music Therapy Services in Boston, Massachusetts. She is also the Creator of Sprouting Melodies and the Co-Founder of Raising Harmony: Music Therapy for Young Children.

Donna W. Polen, LCAT, MT-BC, is Coordinator for Music Therapy at Finger Lakes DDSO in Newark, NY. She has been a member of NYSTF for many years and Chair since 1999, and is the MAR Assembly Chair. Donna serves as adjunct teaching faculty at SUNY Fredonia and adjunct clinic supervisor at Nazareth College, and is a contributing author to publications on education and training and intellectual disabilities.

Roia Rafieyan, MA, MT-BC, has been learning about being a music therapist for the past 28 years, mostly at Hunterdon Developmental Center in New Jersey. She also provides professional clinical supervision and is excited to co-edit the new Music Therapy Clinician, an open access journal-zine, for the New Jersey Association for Music Therapy.

Lauren Rauschenberger, MT-BC, is a Kehillah Coordinator providing a variety of therapeutic activities to older adults. Interests include palliative care and music and spirituality.

Rachel Reed is a music therapy intern at Annapolis Music Therapy Services and majored in music therapy and minored in gender studies at Slippery Rock University.

Dena Register, PhD, MT-BC, serves as the Regulatory Affairs Advisor for the CBMT. She collaborates with the AMTA Government Affairs staff in the implementation of the AMTA and CBMT State Recognition Operational Plan. Dena has presented nationally on music therapy advocacy.

Allison Reynolds, LCSW, LCAT, MT-BC, is a graduate of NYU and a music psychotherapist in private practice in New York City, working with both adults and geriatrics.

Alison Rigby graduated from Drexel University with a Master's in Music Therapy and Counseling, after a career as a neuroscientist. She recently taught a graduate course in neuroscience and music.

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Gabby Ritter, MMT, MT-BC is the music therapist at Baltimore County Public Schools. She completed her undergraduate degree in Music Therapy at The University of Alabama and her Master's in Music Therapy at Georgia College and State University. She is the President of the Mid Atlantic Region of the American Music Therapy Association.

Renee Rogers, MM, LCAT, MT-BC has been a music therapist for the McGuire Group in Buffalo, NY, serving patients in the skilled nursing setting since 2011. She received her Bachelor of Music therapy degree from Baldwin Wallace Conservatory of Music and her Master of Music Therapy from SUNY Fredonia.

Sophia Salvatore, is a Montclair State University Senior Music Therapy student, planning to intern with the Hospice population in spring 2016. Currently fulfilling my clinical hours at Essex County Hospital in Cedar Grove, NJ.

Kayla Sadowy, MMT, MT-BC is Board-Certified Music Therapist (MT-BC) for Heartland Hospice.

Elizabeth K. Schwartz, MA, LCAT, MT-BC, has been practicing music therapy in New York for over 25 years. She is the co-founder of Raising Harmony: Music Therapy for Young Children and senior music therapist at Alternatives for Children working with early intervention, preschool and school aged clients. Beth also teaches graduate and undergraduate courses in music therapy at Molloy College.

Helen Shoemark, Ph.D., RMT, is an Associate Professor at Temple University, where her research is focused on the neurodevelopment of hospitalized newborns in the context of family.

Carol L. Shultis, PhD, LPC, MT-BC. Assistant Professor of Music Therapy, Converse College, with 30+ years of experience is a frequent CMTE provider, especially on MT ethics and a member of the AMTA Ethics Board since 2007.

Judy Simpson, MT-BC, Managed Healthcare Professional (MHP), AMTA Director of Government Relations. She represents the interests of association members with state and federal agencies, staff, and legislators. She collaborates with CBMT Regulatory Affairs staff and state task forces across the country in the implementation of the AMTA and CBMT State Recognition Operational Plan.

Karen Skahill, MS, MT-BC is a graduate of Nazareth College, where she recently completed her degree in Creative Arts Therapy. In her 7th year at Mary Cariola Children's Center, she is an internship supervisor.

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Megan Mae Smith, MS, MT-BC, is the Co-founder and Executive Director of Alice's Encore: Community Music & Mindfulness in Rochester NY, providing evidenced-based music therapy and mindfulness programs and workshops for children, families, and community members.

Suzanne Sorel, DA, LCAT, MT-BC is Chairperson of the Music Department, Associate Dean, Professor, and Director of Graduate Music Therapy at Molloy College. She is also consults at the Nordoff-Robbins training program at the Rebecca Center for Music Therapy at Molloy. Suzanne has over 25 years of experience as a supervisor, Nordoff-Robbins clinical trainer, and music therapy educator.

Rick Soshensky, MA, LCAT, MT-BC, NRMT, has been working with children, adolescents and adults with diverse diagnoses since 1992. He is the director/founder of Hudson Valley Creative Arts Therapy Studio in Kingston, NY and professor of music therapy at SUNY New Paltz and Molloy College. Rick is the author of numerous professional publications and international speaker whose work has been featured in print, radio, TV and web media.

Bridget Sova, MT-BC is starting up the music therapy program at Helen DeVos Children's Hospital in Grand Rapids, Michigan. She is a recent graduate of Ohio University.

Kate Stanley, MT-BC, is a music therapist at Saint Elizabeths Hospital in Washington, D.C. She is currently pursuing a Masters in Counseling at the George Washington University.

Janice Stouffer, MT-BC is a Music Therapist at Penn State Hershey Medical Center, Hershey, PA. Clinical work includes biomedical and psychosocial treatment of infants, children, and adults. MT research activity focuses on premature infants and children in critical care, pediatric oncology, and adult surgery patients. Contact: jstouffer1@hmc.psu.edu

Richard Stubbs is a second year master's student at Drexel University. Currently his is working at the Children's Hospital of Philadelphia for his music therapy internship.

Daniel Tague, Ph.D., MT-BC, is an Assistant Professor of Music Therapy at Shenandoah University. He also serves as the faculty liaison to the Integrative Care Program at Winchester Medical Center.

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Rachel Thompson, MS, OTR/L, is an Occupational Therapist at The Center for Discovery. She has published two articles discussing the benefits of using drama and magic with individuals with autism and is researching the effects of a joke club on socialization.

Amy van Brug, MT-BC, has experience in elder care and behavioral health and is currently pursuing her Masters of Music Therapy. She is focused on collaboration in creative arts therapies and advocacy.

Michael Viega, Ph.D., LCAT, MT-BC, is an Assistant Professor of Music Therapy at the State University of New York, New Paltz. He has been a music therapy clinician for over a decade, working primarily with children and adolescents who have faced extreme adversity and trauma in their lives. In addition, he is a Fellow in the Association of Music and Imagery.

Victoria Vitale, MA, MT-BC, received her Masters degree from Drexel University, and now works as a music therapist in Philadelphia. She is also a Music Together teacher and a crafter for her DIY blog, Scissors & Sage.

Melanie Walborn, MT-BC has been a board certified music therapist since 2002. Now in private practice, WB Music Therapy serves individuals and groups across south central PA. Melanie has served on the PA State Task Force since 2005.

Ashley Walker is a senior music therapy student at Radford University. Her clinical experiences so far have been with young adults at a program called On Campus Transitions.

Tracy Wanamaker, MEd, MT-BC, is the Coordinator of the Music in Special Education Concentration at the Crane School of Music, SUNY Potsdam. She also has a private music therapy practice in Potsdam, NY.

Becky Watson, MBA, MT-BC, Owner, Music for Wellness, a retired Navy Captain who provides music therapy and wellness programs for older adults living with dementia, caregivers and health care professionals.

Alissa West, MT-BC currently practices at Matheny Medical and Educational Center. She previously practiced at Arts and Services for Disabled in Los Angeles, and has served on the NJAMT executive board.

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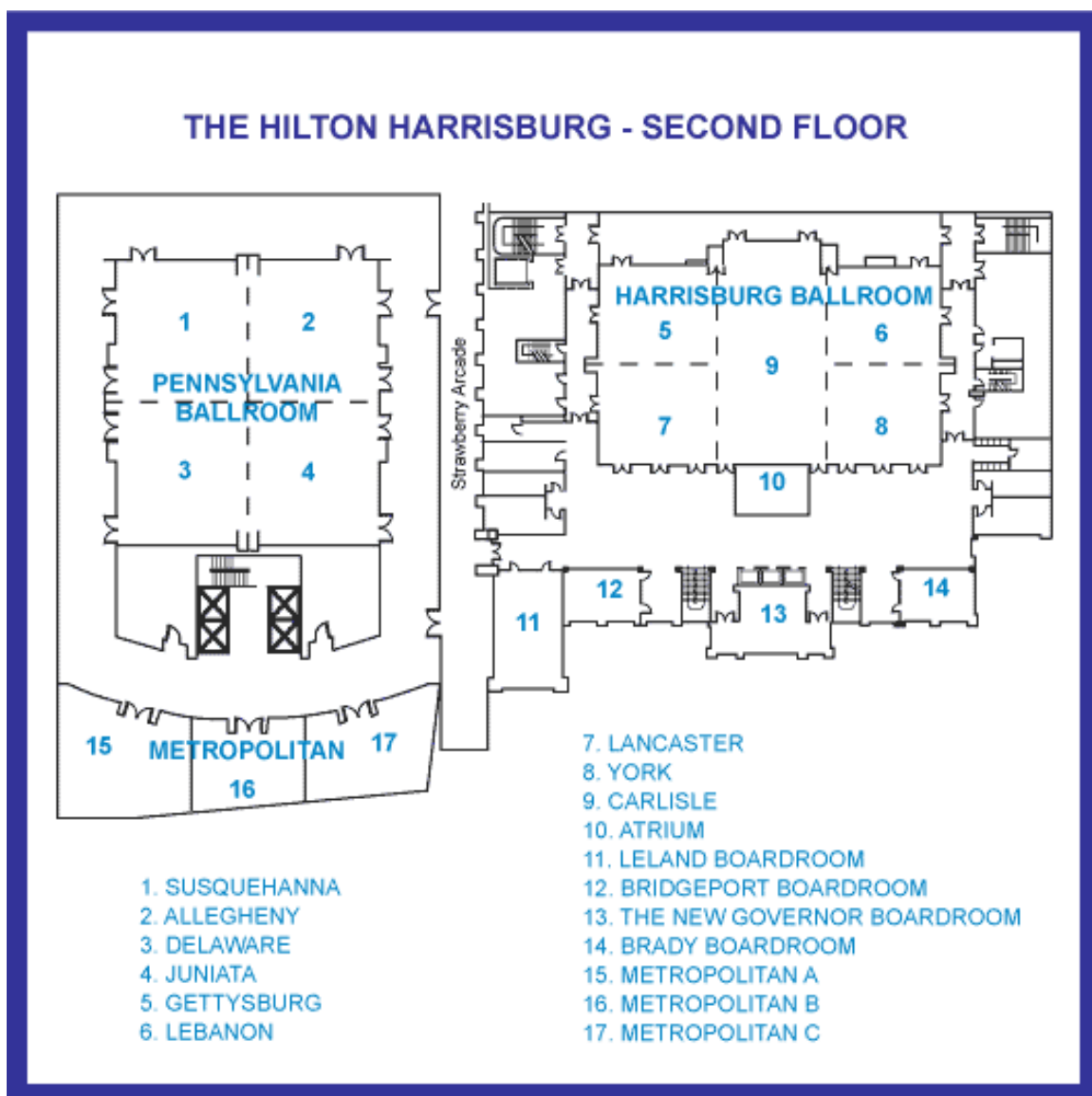
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Jason Willey, MMT, MT-BC has been a member of the music therapy team and internship supervisor at Mary Cariola Children's Center since 2006. Jason is also an adjunct faculty member at Nazareth College.

Dr. Laurel Young (MTA) is an Assistant Professor of Music Therapy at Concordia University in Montreal, Canada. She has over 21 years of diverse clinical experience and has published in several peer-reviewed journals and books. In 2014, she was a Spotlight Speaker at the World Congress of Music Therapy held in Krems, Austria and also received the Research & Publications award at the CAMT's 40th national conference. In 2015, Dr. Young was an invited "Focus on Canada" speaker at the CAMT's 41st conference. She is a member of the research team at the Centre for Research and Expertise in Social Gerontology (CREGÉS).

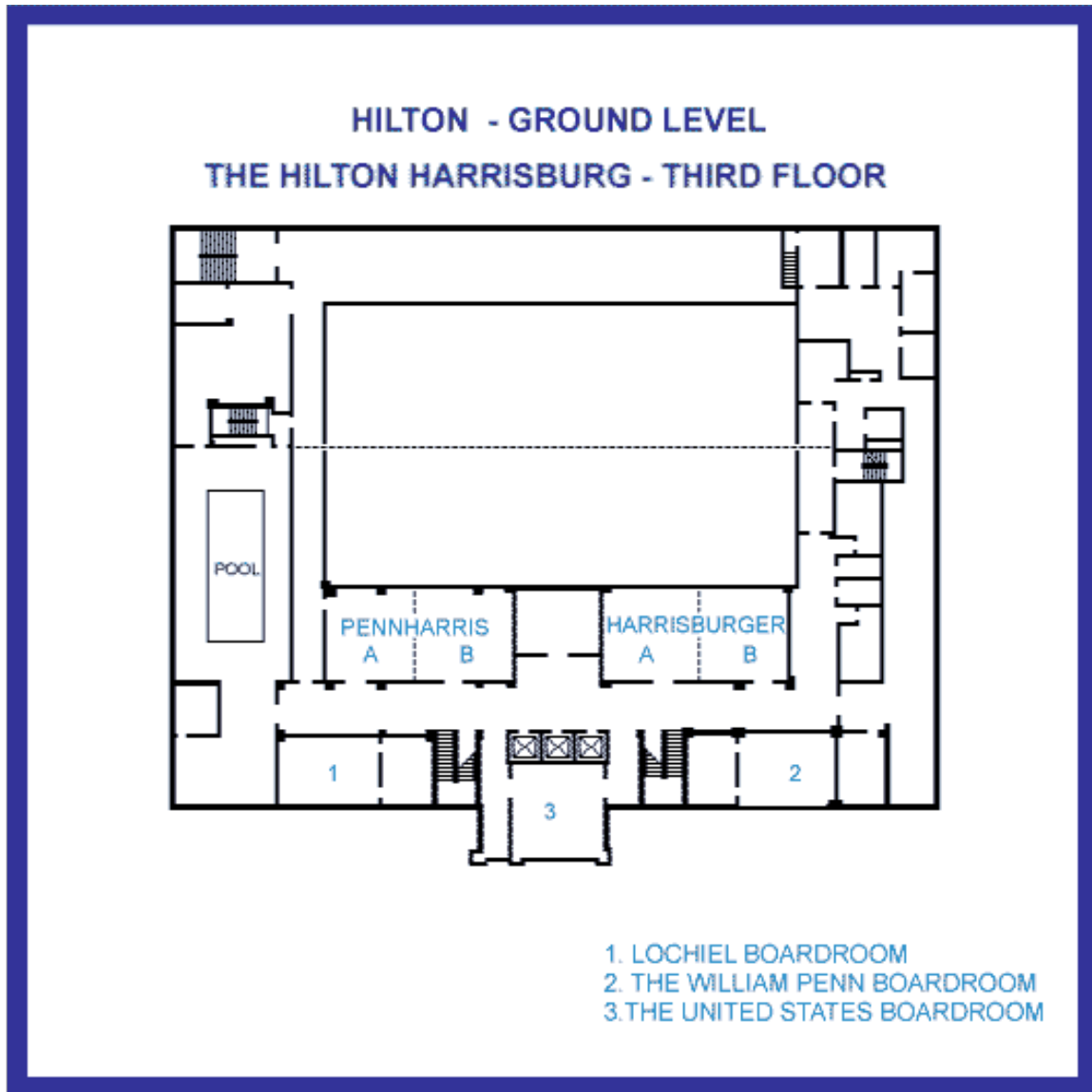
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Conference Attendee Information

Seating

There is adequate space at the conference for each attendee to attend a session at each session time block. However, seating is limited in individual rooms. Please arrive early for sessions you wish to attend to guarantee a seat. Please be courteous if it becomes necessary to enter or leave a session that is underway.

Food

Food is conveniently located adjacent to the hotel in Strawberry Square with many options in and around Harrisburg as well. Please visit the “list of local places” on the app, and the advertiser directory for discounts to local restaurants. Appetizers will be included with the Awards Ceremony on Friday evening. Visit the hospitality table for more information about local restaurants and food discounts in Harrisburg, PA.

Evaluations

The conference evaluations are invaluable to the conference planners in helping to organize the kind of conference that YOU want. Please fill out the evaluation! You will receive this electronically at the email address provided with your registration.

What to Wear

Temperature in the conference rooms will probably fluctuate. It is suggested that you dress in layers so that you can adjust accordingly. Dress for the conference is business casual.

Photo Release

During the course of this conference, you may be photographed as a result of your participation in conference activities. These photographs may be used by MAR-AMTA in the course of promoting future conferences or other association activities. You will not be compensated for the use of your photograph. If you do not want your photo used, please contact conference organizers at the conference registration desk.

Wi-Fi Access

CMTE Procedures

CMTE Procedures

Board Certified music therapists who attend the full conference earn five (5) pre-approved Continuing Music Therapy Education credits (CMTEs) included in your conference registration fee. Full conference registration and attendance are necessary to earn CMTEs. (Sorry, no credit for partial attendance.) Your certificate will be emailed to you after conference at the email address provided with your registration. If you think you have not received your CMTE certificate 48 hours after conference ends (Monday,

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March 23, 2015 at 12noon), please contact Clare Arezina, MAR Continuing Education Co-Coordinator, at maramtaCMTE@gmail.com.

Most CMTE courses require a separate fee. Payment is due at the time of registration for the course. Registration may be completed ahead of time to ensure your spot in case of limited availability, as well as onsite during conference. Please visit www.mar-amta.org to register for CMTE courses at any time.

Attendees must attend the entire CMTE course to receive credit. To receive your certificate for these courses, you must be officially registered for the course prior to its start, sign the master attendance sheet during the course, and complete the online learning evaluation form within 48 hours of the course's completion. Certificates will be emailed to you at the email address provided with your registration. Questions concerning any aspect of the CMTE process should be directed to Clare Arezina, MAR Continuing Education Co-Coordinator, at maramtaCMTE@gmail.com. Questions regarding board certification and renewal should be directed to CBMT, info@cbmt.org.

CBMT Umbrella Groupings

The Certification Board for Music Therapists (CBMT) allows a certificant to earn CMTE credits by umbrella grouping sessions from this conference. CMTE credits earned by umbrella grouping are in addition to the five CMTE credits earned by full conference attendance. The following information on umbrella groupings can be found in the CBMT Recertification Manual.

An umbrella grouping is a group of content-related events (presentations, seminars, workshops, in-services, etc) each fewer than 3 contact hours. These must be incorporated under a theme or unifying topic that relates to the CBMT Scope of Practice and results in a total of at least 3 contact hours. It is not the responsibility of the provider nor the CBMT to place these events into umbrella groupings. Placing events in an umbrella grouping and relating them to the CBMT Scope of Practice is the sole responsibility of the certificant. The following examples could be combined under a main umbrella topic:

a. Models of Music Therapy

- 1 hours – Introduction to G.I.M.
- 2 hours – Behavioral Music Therapy Techniques
- 2 hours – Overview of Creative Music Therapy
- Total: 5 hours = 6 CMTE credits

b. Therapeutic Drumming

- 1 hours – African Rhythms
- 1.5 hours – Facilitating Drum Circles
- 2 hours – Rhythmic Entrainment
- Total: 4.5 hours = 5 CMTE credits

c. Current Issues in Learning Disabilities

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2 hours – Current Brain Research in Learning Disabilities

2 hours – Non-verbal Learning Disabilities

1 hours – Facilitating Learning through Music Therapy for Students with Learning Disabilities

Total: 5 hours = 6 CMTE credits

Programs that are reported as an umbrella grouping must be reported together on the same Summary Form and must be completed within a 12-month period of each other.

Approved Educational Programs: A copy of the CMTE Certificate awarded by the CMTE Approved Provider upon completion of the course. Non-Approved Educational Courses and Umbrella Groupings:

1. The activity title
2. The name of the activity sponsor
3. The name of the instructor
4. A written summary of the learning experience and its application to music therapy practice and the CBMT Scope of Practice (approximately 250 words)
5. A copy of the brochure or syllabus for the activity
6. A copy of the certificate or proof of attendance (signature of presenter/presenter)
7. The number of contact hours in the activity or program
8. Umbrella groupings must list the unifying topic, session titles, date(s), and instructor(s) for each session and include items 1 – 7

NOTE: Only one summary is required for umbrella grouping. The summary should tie together all of the sessions listed under an umbrella grouping. The information gained in the sessions should be adequately expressed and the learning occurred should be apparent.

CMTE courses are approved by the Certification Board for Music Therapists (CBMT) for the specified number of Continuing Music Therapy Education credits. Attendance at the conference is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits. The MAR-AMTA P-#065 maintains responsibility for program quality and adherence to CBMT policies and criteria.