



Mary Cariola Children's Center & Developmental Music Health Services

Is Proud to Present...

**The Individual Music-Centered Assessment
Profile for Neurodevelopmental Disorders (IMCAP-ND)
Clinical Certification Training**
2-Day CMTE Course with Post-Course Assignments

When: October 16 and 17, 2015
8:30 am - 6:00 pm Friday
9:00 am - 6:00 pm Saturday

Where: Mary Cariola Children's Center
1000 Elmwood Avenue, Rochester, NY

\$349 per person
Breakfast and lunch included
Course qualifies for 35 CMTE credits
Presenter: John Carpente, Ph.D., MT-BC, LCAT

LEARNING OBJECTIVES

- 1) Participant will demonstrate knowledge of the basic premise of IMCAP-ND assessment (CBMT BCD: I. B., 1, 2, 3 a,b,c, d, f, g; I. B., 4, a,b,c,e,f, g,h I, j; I. B., 4,7,9,10)
- 2) Participant will learn constructs and operational definitions of the Musical Emotional Assessment Rating Scale (MEARS)(CBMT BCD: I. B., 1,2,3 b, c, d)

- 3) Participant will learn constructs and operational definitions of Musical Cognitive/Perception Rating Scale (CBMT BCD: I. B., 1,2,3 a, d, g)
- 4) Participant will learn constructs and operational definitions of Musical Responsiveness Scale (MRS) (CBMT BCD: I. B., 1,2,3 c, d, g)
- 5) Participant will demonstrate the ability to score on each of the three IMCAP-ND rating Scales (CBMT BCD: I. C., 1,2,3)
- 6) Participant will demonstrate the ability to write an IMCAP-ND evaluation and report (CBMT BCD: I. C., 3,4,5)

PREREQUISITES

Participants must be a Board Certified Music Therapist (MT-BC) or music therapy student interested in developing their knowledge and understanding of the IMCAP-ND. Music therapy students, however, cannot receive continuing education credits for taking the course. Certification in administering the IMCAP-ND will only be distributed to Board Certified Music Therapists.

Participants are required to familiarize themselves with the IMCAP-ND Clinical Manual prior to the course date. The IMCAP-ND Clinical Manual may be purchased at www.DMHmusictherapy.com.

INSTRUCTOR

John A. Carpenite, Ph.D., MT-BC, LCAT, Assistant Professor of Music and Music Therapy at Molloy College, founder and executive director of The Rebecca Center for Music Therapy, founding clinical director of the Center for Autism and Child Development at Molloy College, is the owner of DevelopmentalMusic Health Services,LLC. He is also the founding music therapist and creator of the DIR®/Floortime™-based music therapy clinical and training program at the Rebecca School in New York City where he participated in weekly supervision and case conferences with Dr. Stanley I. Greenspan, co-creator of the DIR®/Floortime™. Dr. Carpenite is certified as an “Advanced Expert DIR®/Floortime™ Practitioner” and obtained his level 2 Nordoff-Robbins certification at New York University. He is also an instructor/clinical supervisor for the post-graduate Nordoff-Robbins Music Therapy advanced certification training at Molloy College.

Dr. Carpenite has over 15 years of clinical and supervisory experience working in a variety of settings as a clinician, clinical supervisor, and program director serving a wide range of client groups with developmental, neurological, and emotional challenges. A pioneer in DIR®/Floortime™-based music therapy, his clinical and research focus is on individuals with neurodevelopmental disorders and their families.

Dr. Carpenite has authored several book chapters and articles on the topic of music therapy and autism spectrum disorder and has presented and lectured his work internationally and domestically. His recent publication is entitled *Individual Music-Centered Assessment Profile for Neurodevelopmental Disorders (IMCAP-ND): A Clinical Manual*.

COURSE SCHEDULE AND FORMAT

The Individual Music-Centered Assessment Profile for Neurodevelopmental Disorders (IMCAP-ND) is developmental relationship-based framework that focuses on how clients perceive, interpret, and create music with the therapist as the first step in formulating clinical goals and strategies. In addition, the IMCAP-ND provides the therapist with a method for observing, listening, and rating

musical: 1) emotional responses, 2) cognition and perception, and 3) preferences, perceptual efficiency, and self-regulation in individuals with neurodevelopmental disorders.

To administer the IMCAP-ND, the therapist improvises music experiences in order to create relational opportunities that engage clients in musical-play while targeting specific musical responses that are relevant to neurodevelopmental disorders. Consistent with the DIR/Floortime model, Nordoff-Robbins Music Therapy, and relationship-based music-centered work, the IMCAP-ND consists of three main components: 1) three developmentally based, quantitative scales that assess developmental and relational capacities in musical-play, 2) guiding principles for conducting the in-session assessment process, as well as therapeutic work, and 3) protocols, musical procedures, procedures for support, intake forms, and evaluation report templates.

This certification training will provide music therapists with a practical understanding of administering and scoring the IMCAP-ND, interpreting rating scales scores, and creating treatment plans. The training will include both didactic and experiential learning. Clinical videos are used throughout the training to illustrate concepts, constructs, and procedures.

In addition to the **18 hours of in-person course learning time, this CMTE course will also include 17 hours of post-course assignments.** Post-course assignments provide each participant with the opportunity to understand and integrate IMCAP-ND concepts into their clinical practice, such as explaining IMCAP-ND constructs within the context of their clinical work, scoring and rating each of the three scales, as well as writing a comprehensive IMCAP-ND evaluation report.

OUTLINE OF COURSE

DAY 1

8:30-8:55 Registration & breakfast available

9:00-11:00

- Overview of IMCAP-ND
 - Foundations & origins
 - Neurodevelopmental disorders
 - Scales I, II, & III

11:00-11:10 BREAK 1

11:10-12:15

- Outline of music therapy session & Assessment protocols
 - Clinical techniques
 - Procedural considerations
 - Musical considerations
 - Respecting the client's nervous system (musical and individual-differences)
 - Supportive interventions

12:15-1:15 LUNCH

1:15-3:15

- **Work phases (didactic & experiential)**
 - Following the child's lead
 - 2-way purposeful music making
 - Affect synchrony

- **Creating music experiences based on work phases (didactic & experiential)**
 - Clinical techniques
 - Meeting the client
 - Expanding the play
 - Managing the moment-to-moment interactions

3:15-3:25 BREAK 2

3:25-4:30

- Assessing the interaction (didactic & experiential)
 - Quality of interaction
 - Range of interactions
 - Intentionality in musical interactions

4:30-4:40 BREAK 3

4:40-6:00

- Introduce rating scales & discussion

DAY 2

8:30-8:55 Breakfast available

9:00-11:00

- **IMCAP-ND rating scales**
 - Scale I: Musical Emotional Assessment Rating Scale (MEARS) (Video review)
 - Scale II: Musical Cognitive/Perception Scale (MCPS) (Video review)
 - Scale III: Musical Responsive Scale (MRS): Overall Responsiveness (Video review)
 - Scoring & interpreting data (Video review)
 - Scoring sampling

11:00-11:10 BREAK 1

11:10-12-15

- **Observing & listening**
 - Musical analysis of therapist's music
 - Work shop musical strategies
 - Creating musical opportunities

12:15-1:15 LUNCH

1:15-3:00

- **Self-assessment of therapist**
 - Providing musical opportunities
 - Fidelity of treatment
 - Range of musical experiences vs. musical & interpersonal tendencies of therapist

3:00-3:10 BREAK 2

3:10-4:30

- **Writing clinical goals & treatment plan**
 - Clinical narrative: writing with an audience in mind

4:30-4:40 BREAK 3

4:40-5:30

- **Summary of MEARS**
 - Raw scores & text
 - Summary of MCPS
 - Raw scores & text
 - Summary of MRS
 - Raw scores & narrative
 - Creating goals & intervention plan based on IMCAP-ND scores

5:30-6:00

- Discussion/Q&A regarding scoring

6:00-6:15

- Post test

PART 2: POST-COURSE ASSIGNMENTS

Assignments will be provided to participants to complete after the course. **These will be due no later than January 3, 2016** and include a total 855 minutes of contact time with the material.

NOTE: 35 CMTE Credit Course Certificates will be awarded upon completion of this course AND our receipt of your materials as outlined above.

REGISTRATION

- \$349 per participant registering on or before October 1, 2015.
- Participants may register online by visiting <http://www.marycariola.org/Home/NewsAndEvents/Events/imcap>

Free Bonuses provided to all participants:

The IMCAP-ND Certification training course includes

- CMTE Certificate Upon Completion
- IMCAP-ND Certificate for MT-BCs Upon Completion
- Receive 50% off clinical supervision for up to 5 supervision sessions

TIME LINE FOR COMPLETING POST COURSE ASSIGNMENTS

You have 30 days after the live course date to complete and return your assignments. Assignment can be sent via email to info@DMHmusictherapy.com

RECEIVING YOUR CMTE CERTIFICATE

Participants will receive their CMTE certificate within 4-6 weeks from the time that we receive your post-course assignment and course evaluation. Certificates will be emailed to participants in a PDF format

REFUND POLICY

Course fees will be reimbursed, less \$50, through September 10, 2015. No refunds will be given after September 15, 2015 or for no-shows. If the workshop is cancelled by the presenter or by Developmental Music Health Services or Mary Cariola Children's Center, a full refund will be given to all prepaid registrants.

WEATHER POLICY

Should the course be cancelled due to weather conditions, it will be rescheduled at a later date. Participants will be given the option of attending or receiving a full (100%) reimbursement.

IMPORTANT NOTE

Developmental Music Health Services, LLC or Mary Cariola Children's Center will not take any responsibility for travel-related costs or losses due to inclement weather, therefore please consider travel insurance when making airline reservations.

The Individual Music-Centered Assessment Profile for Neurodevelopmental Disorders (IMCAP-ND) Clinical Certification Training is approved by the Certification Board for Music Therapists (CBMT) for 35 Continuing Music Therapy Education Credits. Developmental Music Health, LLC #P-138 maintains responsibility for program quality and adherence to CBMT policies and criteria.