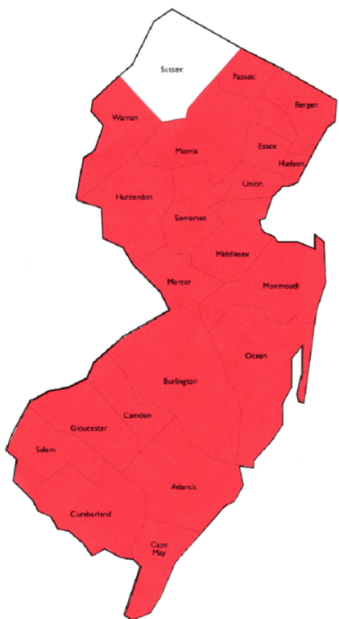


Over 56,000 people receive services from 154 qualified music therapists in these **counties**:



Of 188 qualified music therapists in NJ, 82% provide clinical services to an average of 365 clients per therapist, allowing for inference that in 2013, 56,268 people received MT services in New Jersey^

NJ Music Therapists work in many settings, including*:

- Adult Day Care/Group Homes
- Client Homes & Private Practice
- Correctional Facilities
- Creative Art Therapy Programs
- Domestic Violence/Women's Shelters
- Early Intervention & Schools
- Mental Health Facilities
- Military Bases
- Nursing Homes/Assisted Living Communities/Hospice
- Rehabilitation Facilities
- Hospitals/Residential Hospitals
- State or County Residential Facilities
- Substance Abuse Facilities
- Universities

Education and Clinical Training in New Jersey

Music Therapy Degree Options

Montclair State University

Montclair, NJ

Bachelor of Arts and Masters of Arts

AMTA Approved Internship Site

Matheny Medical &

Educational Center

Peapack, NJ

The following universities have agreements to send their students to NJ clinical training sites:

Drexel University (PA)

Montclair State University (NJ)

Immaculata University (PA)

Temple University (PA)

Credentialing Requirements

- Completed an AMTA-approved bachelor's or master's degree program in music therapy
- Achieved entry-level competencies in music, clinical, and music therapy foundations
- 1200+ hours of supervised clinical training, including a supervised internship
- Passed the national board exam given by the Certification Board for Music Therapists (CBMT)

The **MT-BC** (Music Therapist-Board Certified) credential is held once these educational and clinical training requirements have been met.

Music Therapy in New Jersey



New Jersey Task Force

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Paula Unsal, Chair

Members: Lynn Coyle, Ellen de Havilland,
Melissa Santiago, Beth Walls, Gillian Zambor
Brian Abrams (Consulting Member)
Sophia Salvatore (Student Representative)

American Music Therapy Association

www.musictherapy.org

Judy Simpson, Director of Government Relations

Certification Board for Music Therapists

www.cbmt.org

Dena Register, Regulatory Affairs Advisor
Kimberly Sena Moore, Regulatory Affairs Associate

What is Music Therapy?

Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program.

How Does Music Therapy Work?

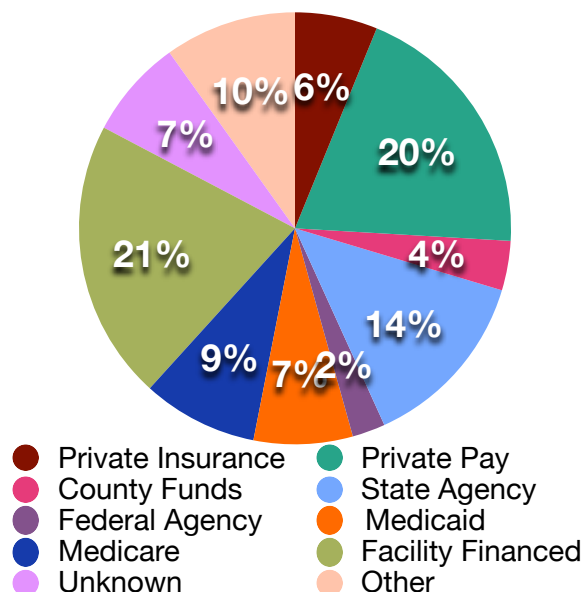
Music Therapy is an established health profession in which music is used within a therapeutic relationship to address physical, emotional, cognitive, and social needs of individuals. After assessing the strengths and needs of each client, the qualified music therapist provides the indicated treatment including creating, singing, moving to, and/or listening to music. Through musical involvement in the therapeutic context, clients' abilities are strengthened and transferred to other areas of their lives. Music therapy also provides avenues for communication that can be helpful to those who find it difficult to express themselves in words.

What are the Benefits?

Research in music therapy supports its effectiveness in many areas such as: overall physical rehabilitation and facilitating movement, increasing people's motivation to become engaged in their treatment, providing emotional support for clients and their families, and providing an outlet for expression of feelings.

American Music Therapy Association (AMTA), 2013

NJ Music Therapy Funding*



“...music therapy has been used to effect positive changes in the psychological, physical, cognitive, or social functioning of children, adolescents, adults, and senior citizens with a variety of medical difficulties...”

- Joint Legislative Resolution,
Senate President Cody, Assemblyman McKeon, and
Assemblywoman Jasey, 2008



* Data acquired from 2013 New Jersey Music Therapist Survey
^ Based on national data and NJ Music Therapist Survey

NJ Music Therapists work with the following populations*:

- Abused/Sexually Abused
- Alzheimer's Disease/Dementia
- Autism Spectrum Disorder
- Behavioral Disorder
- Cancer
- Chronic Pain
- Comatose
- Developmental Disability
- Dual Diagnosis
- Early Intervention
- Eating Disorder
- Elderly Persons
- Forensics
- Hearing Impaired
- Hospice/Palliative Care
- Intellectually Disabled
- Learning Disabilities
- Medical/Surgical Patients
- Mental Health/Psychiatric Care
- Neurologic Impairments
- Non-Disabled
- Parkinson's Disease
- Physical Impairments
- Post-Traumatic Stress Disorder
- Substance Abuse

"I regard music therapy as a tool of great power in many neurological disorders -- Parkinson's and Alzheimer's -- because of its unique capacity to organize or reorganize cerebral function when it has been damaged."

Oliver Sacks, M.D., *Awakenings*